



# May 2024

## Aberdeen Neighbourhood



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|--|--|--|---|---|--|--|
| <p><u>Legend</u><br/>           Strasburg—(SB)<br/>           Aberdeen—(AB)<br/>           Kingsdale—(KD)<br/>           Roseville—(RV)<br/>           Sandhills—(SH)<br/>           Waldau—(WD)</p> | Haysville—(HV)<br>Ret. John Sweeney Rm —(JS)<br>LTC Worship Room— (LTC) WR)<br>Williamsburg Dining room -(RET DR)  | <p><b><u>VENDORS</u></b><br/> <b>May 4th 11-3 Library Traditions Alive Connecting with Roots</b><br/><br/> <b>May 16th 11-3 Library EZ Fit Shoes</b></p> | 1<br>8:30 Breakfast<br>9:30 Zumba<br>10:15 Total Body Fitness<br>10:30 RC Communion - RV<br>12:00 Lunch<br>1:45 Chime Choir<br>2:30 Music Therapy<br>5:00 Dinner                        | 2<br>8:30 Breakfast<br>9:30 In the Kitchen<br>12:00 Lunch<br>2:30 UNO<br>3:30 You & Me<br>5:00 Dinner   | 3<br>8:30 Breakfast<br>10:00 Exercise<br>11:00 Brains & Banter<br>12:00 Lunch<br>2:00 Church<br>3:30 Stroll with Me<br>5:00 Dinner   | 4<br>8:30 Breakfast<br>10:00Bingo<br><b>11:00 Rosary –RV</b><br>12:00 Lunch<br>1:30 Manicures<br>3:30 Indoor Walks<br>5:00 Dinner                      |
| 5<br>8:30 Breakfast<br>9:30 RC TV Church<br>10:15 TV Church<br>12:00 Lunch<br><b>2:00 Euchre Village Wide (SB)</b><br>4:00 Patio Time<br>5:00 Dinner   | 6<br>8:30 Breakfast<br>10:15 Brains & Banter<br>12:00 Lunch<br>1:30 Ring Toss<br>3:00 Fun & Fitness<br>3:30 You & Me<br>5:00 Dinner  | 7 <b>Timbit Day</b><br>8:30 Breakfast<br>10:00 For the Spirit<br>12:00 Lunch<br>1:45 Horticulture<br>3:30 Crokinole<br>5:00 Dinner<br>6:00 Scattergories | 8<br>8:30 Breakfast<br>9:30 Zumba<br>10:15 Total Body Fitness<br>11:00 Hymn Sing<br>12:00 Lunch<br>1:45 Chime Choir<br>2:30 Music Therapy<br>5:00 Dinner                                | 9<br>8:30 Breakfast<br>9:30 In the Kitchen<br>12:00 Lunch<br><b>2:30 Fairview Band Performs - KD</b><br>3:30 You & Me<br>5:00 Dinner            | 10<br>8:30 Breakfast<br>10:00 Exercise<br>11:00 Brains & Banter<br>12:00 Lunch<br>2:00 Church<br>2:45 Hand Therapy<br>5:00 Dinner  | 11 <b>Mothers Day Lunch</b><br>8:30 Breakfast<br>10:00 Bingo<br>12:00 Lunch<br>1:30 Manicures<br>3:30 Indoor Walks<br>5:00 Dinner                      |
| 12 <b>Mother's Day</b><br>8:30 Breakfast<br>9:30 RC TV Church<br>10:15 TV Church<br><b>2:30 A Record Day Band (KD)</b><br>3:30 You & Me<br>5:00 Dinner   | 13<br>8:30 Breakfast<br>10:15 Bowling<br>12:00 Lunch<br>1:30 Brains & Banter<br>3:00 Fun & Fitness<br>3:30 You & Me<br>5:00 Dinner   | 14<br>8:30 Breakfast<br><b>10:30 Leaving Tracks Perform</b><br>12:00 Lunch<br>1:45 Horticulture<br>2:00 Euchre<br>5:00 Dinner                            | 15<br>8:30 Breakfast<br>9:30 Zumba<br>10:15 Total Body Fitness<br>11:00 Hymn Sing<br>12:00 Lunch<br>1:45 Chime Choir<br><b>2:00 PEG talks (SB)</b><br>2:30 Music Therapy<br>5:00 Dinner | 16<br>8:30 Breakfast<br>9:30 In the Kitchen<br>12:00 Lunch<br>2:30 Craft Corner<br>4:00 You & Me<br>5:00 Dinner                                 | 17<br>8:30 Breakfast<br>10:00 Exercise<br>10:30 Anglican Service (JS)<br>11:00 Brains & Banter<br>12:00 Lunch<br>2:00 Church<br>3:30 Stroll with Me<br>5:00 Dinner                 | 18<br>8:30 Breakfast<br>10:00 Bingo<br>12:00 Lunch<br>1:30 Manicures<br>3:30 Indoor Walks<br>5:00 Dinner   |
| 19<br>8:30 Breakfast<br>9:30 RC TV Church<br>10:15 TV Church<br>12:00 Lunch<br><b>1:30 Apostolic Hymn Sing (SB)</b><br>2:30 Baking Corner<br>5:00 Dinner   | 20 <b>Victoria Day</b><br>8:30 Breakfast<br>10:15 Trivia Corner<br>12:00 Lunch<br>2:00 High Tea & Scones<br>3:30 You & Me<br>5:00 Dinner                                   | 21<br>8:30 Breakfast<br>10:00 For the Spirit<br>12:00 Lunch<br>1:45 Horticulture<br>3:30 Crokinole<br>5:00 Dinner<br>6:00 Scattergories                  | 22<br>8:30 Breakfast<br>9:30 Zumba<br>10:15 Total Body Fitness<br>11:00 Hymn Sing<br>12:00 Lunch<br>1:45 Chime Choir<br>2:30 Music Therapy<br>5:00 Dinner                               | 23<br>8:30 Breakfast<br>9:30 Bingo<br>11:00 Walking Club<br>11:45 Chinese Luncheon<br>12:00 Lunch<br>3:00 Shuffleboard<br>5:00 Dinner           | 24 <b>Wear Blue</b><br>8:30 Breakfast<br>10:00 Exercise<br>11:00 Brains & Banter<br>12:00 Lunch<br>2:00 Church<br><b>2:00 Alzheimer's Walk</b><br>2:45 Hand Therapy<br>5:00 Dinner | 25<br>8:30 Breakfast<br><b>10:00 Birthday Singalong (AB)</b><br>12:00 Lunch<br><b>2:30 Bingo Village Wide (HV)</b><br>4:00 Indoor Walks<br>5:00 Dinner |
| 26<br>8:30 Breakfast<br>9:30 RC TV Church<br>10:15 TV Church<br>11:00 Java Music<br><b>2:00 Panthers Hockey Team Visits</b><br>3:30 You & Me<br>5:00 Dinner  | 27<br>8:30 Breakfast<br>9:45 Bowling<br>10:30 Presbyterian Service (LTC WR)<br>12:00 Lunch<br>1:30 Outing to Walmart<br>3:00 Fun & Fitness<br>3:30 You & Me<br>5:00 Dinner | 28<br>8:30 Breakfast<br>10:00 For the Spirit<br>12:00 Lunch<br>1:45 Horticulture<br><b>1:45 Food Committee Mtg.</b><br>3:00 Euchre<br>5:00 Dinner        | 29<br>8:30 Breakfast<br>9:30 Zumba<br>10:15 Total Body Fitness<br>11:00 Hymn Sing<br>12:00 Lunch<br>1:45 Chime Choir<br>2:30 Music Therapy<br>2:30 Neighbourhood Mtg.<br>5:00 Dinner    | 30<br>8:30 Breakfast<br><b>10:15 Resident Council (JS)</b><br>10:30 In the Kitchen<br>12:00 Lunch<br>2:00 UNO<br>3:30 You and Me<br>5:00 Dinner | 31<br>8:30 Breakfast<br>10:00 Exercise<br>11:00 Brains & Banter<br>12:00 Lunch<br>2:00 Church<br>3:15 Stroll with Me<br>5:00 Dinner  |  |