


May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend</p> <p>B - Bistro CA - Café CH - Chapel DR - Dining Room FC - LTC Fitness Centre FSL - Fireside Lounge LIB - Library 2NBal - 2nd Floor North Balcony</p>	<p>MHR - Main Hobby Room MS - Main Street OS - Outside PS - Pet Shoppe SC - Senior Centre SH - School House T - Travelling TH - Town Hall TS - Town Square 3SCA - 3rd Floor South Common Area</p>	 <p><i>Dance Around the May Pole!</i></p>	<p>May Day ¹</p> <p>10:00 - 11:30 Sign up for May Activities - MHR 10:30 Knitting Club - MHR 1:45 Bid Euchre - MHR 2:00 Bible Study - CH 2:00 Shuttle Bus to Whitby Library 2:00 Armchair Travel to Kentucky - TH 2:00 Outdoor Mini-Putt - OS 3:00 Scrabble - MHR 3:30 Olympic Practice - Shooting - SH 7:00 Horse Racing \$ - TH *note new location*</p>	<p>²</p> <p>10:00 Fun, Useless Tidbits of Information - FSL 10:00 TV Series - TH "The Fugitive" 10:30 Walking Soccer Practice - SC 10:30 Pool Practice - FSL 10:30 Knitting Club - MHR 11:00 Java Social - SH 2:00 Movie - TH "Ford vs Ferrari" 7:00 Movie - TH "Captains of the Clouds" 7:15 Curling - SC</p>	<p>³</p> <p>9:30 Bocce Ball - SH 10:00 Gentle Fitness - SH 10:30 Memory Game - MHR 10:30 Colouring - MHR 11:00 Executive Council Meeting - BR 11:00 Tech Help with Noreen - T 11:00 Fun with Words - FSL 1:00 One-to-One Visits - T 1:30 Movie - TH "Run for the Roses: History of the Kentucky Derby" 2:30 - 3:45 Cinco de Mayo Happy Hour \$ - FSL (Dress the part & receive a free drink!) 6:45 Wii Bowling - TH</p>	<p>Kentucky Derby Day ⁴</p> <p>9:15 Outdoor Walks (Weather Permitting) - Meet at LIB 9:30 Coffee Catch-up - CA 10:00 Colouring - MHR 10:30 Bingo \$ - TH 1:45 Pick up Colouring Contest Sheet - MHR 2:30 Birthday Party with Jack Garson - TH 4:00 Mini Manicures - MHR 7:00 Poker - PS</p>
<p>⁵</p> <p>Orthodox Easter Cinco de Mayo 9:15 One-to-One Visits - T 10:45 Worship Service - TH 11:30 Catholic Communion - TH 1:30 Pick up Cinco De Mayo Puzzle Sheets - MHR 2:30 Cinco de Mayo Entertainment with Jay & Fanny - TS</p>	<p>⁶</p> <p>Mental Health Awareness Week Worldwide Jewellers 10:00 - 2:00 9:30 One-to-One Visits - T 10:30 Pick up an Iced Coffee - CA 10:30 Northern School Knitting - MHR 11:00 Poetry Appreciation with Patricia - LIB 2:00 Cards - MHR 2:00 Wordle - SH 2:00 Olympic Practice - Parallel Bars - FC 2:30 Guest Speaker - TH Angie Littlefield "The Wives of the Group of Seven" 7:00 Bingo \$ - TH</p>	<p>⁷</p> <p>9:30 Prayer Circle - CH 9:30 Step-by-Step Painting - MHR 10:00 Outdoor walk - LIB 10:30 Group Discussion - CH 11:00 Jeopardy - TH 2:00 Shuttle Bus to Metro 2:00 Olympic Practice - Canoe Slalom - SC 2:00 Cribbage - MHR 2:30 Hymn Sing - TH 3:00 Women's Pool - FSL 3:00 Two Truths & a Lie - FSL 7:00 Bridge - SC 7:00 Musical Bingo - SH 7:00 Tech Help with Noreen - T</p>	<p>⁸</p> <p>Traditions Alive Vendor 10:00 - 2:00 10:00 Tea, Trivia & Fun Facts - MHR 10:30 Knitting Club - MHR 10:30 Olympic Practice - Nustep - SC 11:00 Bean Bag Toss - TH 1:45 Bid Euchre - MHR 2:00 Bible Study - CH 2:00 Flower Arranging for Café Tables - SH 3:30 Olympic Practice - Shooting - SH 4:30 Dinner Outing to the Villa - T</p>	<p>⁹</p> <p>10:00 Fun, Useless Tidbits of Information - FSL 10:00 TV Series - TH "The Fugitive" 10:30 Pool Practice - FSL 10:30 Knitting Club - MHR 11:00 Java Social - SH 12:30 Lunch & Movie Outing - T 2:30 Entertainment - TH "AbZolutely Choir" 7:00 Movie - TH "The Beautiful Game" 7:15 Curling - SC</p>	<p>¹⁰</p> <p>9:30 Bocce Ball - SH 10:00 Gentle Fitness - SH 10:30 Memory Game - MHR 10:30 Colouring - MHR 11:00 Tech Help with Noreen - T 11:00 Fun with Words - FSL 1:00 One-to-One Visits - T 2:00 - 5:00 Oshawa Kicks Soccer Game Outing - T 2:30 - 3:45 Happy Hour \$ - FSL 6:45 Wii Bowling - TH</p>	<p>¹¹</p> <p>9:30 Coffee Catch-up - CA 9:30 Movie - TH "An Affair to Remember" 10:00 Colouring - MHR 10:00 - 1:00 Mother's Day Photo Shoot with Richard - LIB 2:30 Mother's Day Entertainment with Ryan Andrews - TH 3:30 One-to-One Visits - T 7:00 Poker - PS</p>

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12</p> <p>Happy Mother's Day Caregiver's Week Begins</p> <p>10:45 Worship Service – TH</p> <p>11:30 Catholic Communion – TH</p> <p>1:30 Mini-Manicures - MHR</p> <p>3:00 Sunday Social - CA</p>	<p>13</p> <p>9:30 One-to-One Visits - T</p> <p>10:30 Pick up an Iced Coffee - CA</p> <p>10:30 Northern School Knitting – MHR</p> <p>2:00 Cards – MHR</p> <p>2:00 Horse Racing Trivia – FSL</p> <p>2:30 Olympic Practice – Parallel Bars - FC</p> <p>3:00 Big Stakes Horse Racing \$2/horse – TH</p> <p>7:00 Bingo \$ - TH</p>	<p>14</p> <p>9:30 Prayer Circle – CH</p> <p>9:30 Olympic Practice – Canoe Slalom - SC</p> <p>10:00 Rhyme Time - FSL</p> <p>10:30 Group Discussion – CH</p> <p>11:00 Hangman – TH</p> <p>11:00 Mexican Train Dominoes - MHR</p> <p>2:00 Alzheimer Walk – OS</p> <p>2:00 Shuttle Bus to Walmart</p> <p>2:00 Music Appreciation with Ron & Tony – TH</p> <p>2:00 Cribbage – MHR</p> <p>3:00 Women's Pool – FSL</p> <p>7:00 Bridge – SC</p> <p>7:00 Musical Bingo - SH</p> <p>7:00 Tech Help with Noreen – T</p>	<p>15</p> <p>Pick up an Activity Booklet outside MHR</p> <p>10:00 Fun for Health Weigh-in & Discussion – FSL</p> <p>10:30 Olympic Practice – Soccer - SC</p> <p>10:30 Knitting Club – MHR</p> <p>11:00 Ladderball - TH</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>2:00 Spring Country Drive Outing - T</p> <p>2:00 Outdoor Mini-Putt - OS</p> <p>3:00 Scrabble - MHR</p> <p>3:30 Olympic Practice – Shooting - SH</p> <p>7:00 Horse Racing \$ – TH</p>	<p>16</p> <p>10:00 Fun, Useless Tidbits of Information – FSL</p> <p>10:00 TV Series – TH “The Fugitive”</p> <p>10:30 Pool Practice – FSL</p> <p>10:30 Anglican Church Service - CH</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Java Social – SH</p> <p>1:00 One-to-One Visits - T</p> <p>1:45 Food Committee - TH</p> <p>2:30 Resident's Council – TH</p> <p>4:30 Dinner Outing to the Villa - T</p> <p>7:00 Movie – TH “The Wedding Planner”</p>	<p>17</p> <p>9:30 Bocce Ball - SH</p> <p>10:00 Gentle Fitness – SH</p> <p>10:00 Catholic Mass - TH</p> <p>10:30 Memory Game - MHR</p> <p>10:30 Colouring – MHR</p> <p>11:00 Tech Help with Noreen - T</p> <p>11:00 Fun with Words – FSL</p> <p>1:00 One-to-One Visits - T</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p>	<p>18</p> <p>9:15 Mini Manicures - MHR</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring – MHR</p> <p>11:00 Travelogue Video: Sahara Desert, Africa – TH</p> <p>1:30 “You be the Judge” Colouring Contest Judging – MHR</p> <p>1:45 Afternoon Movie – TH “The Pink Panther”</p> <p>2:00 Pool Tournament – FSL</p> <p>4:00 Outdoor Walk (Weather Permitting) – Meet at LIB</p> <p>7:00 Poker - PS</p>
<p>19</p> <p>9:15 One-to-One Visits – T</p> <p>10:45 Worship Service – TH</p> <p>No Catholic Communion today</p> <p>1:45 Carpet Bowling – TH</p> <p>2:00 Fireside Reading with Pauline – LIB</p> <p>3:00 Sunday Social – CA</p>	<p>20</p> <p>Victoria Day</p> <p>10:00 Musical Moments - TH</p> <p>10:30 Northern School Knitting – MHR</p> <p>11:00 What Comes to Mind - FSL</p> <p>2:00 Cards - MHR</p> <p>2:00 Bingo – TH</p> <p>3:00 Olympic Practice – Nustep - SC</p> <p>7:00 – Guest Speaker – TH Shannon</p> <p>“Vaudeville, Burlesque, and Freak Shows, Oh My!”</p>	<p>21</p> <p>8:30 Breakfast Club – Pick up outside CA</p> <p>9:30 Prayer Circle – CH</p> <p>9:30 Olympic Practice – Canoe Slalom - SC</p> <p>10:30 Book Club – LIB</p> <p>10:30 Group Discussion – CH</p> <p>11:00 Seated Balloon Badminton - TH</p> <p>1:00 Mini-Manicures - MHR</p> <p>2:00 Shuttle Bus to Superstore</p> <p>2:00 Cribbage – MHR</p> <p>3:00 Pie in The Face Fundraiser - TH</p> <p>3:00 Women's Pool – FSL</p> <p>7:00 Bridge – SC</p> <p>7:00 Musical Bingo - SH</p> <p>7:00 Tech Help with Noreen – T</p>	<p>22</p> <p>Sherlock Holmes Day</p> <p>10:00 Tea, Trivia & Fun Facts – MHR</p> <p>10:30 Knitting Club – MHR</p> <p>11:00 Bean Bag Toss - TH</p> <p>12:00 First of Season BBQ \$ – outside by the pond</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>2:00 Water Balloon Toss by the Pond – OS</p> <p>2:00 Sherlock Holmes: The Mystery - TH</p> <p>3:30 Olympic Practice – Shooting - SH</p> <p>7:00 Horse Racing \$ – TH</p>	<p>23</p> <p>10:00 Fun, Useless Tidbits of Information – FSL</p> <p>10:00 TV Series – TH “The Fugitive”</p> <p>10:30 Pool Practice - FSL</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Java Social – SH</p> <p>1:00 One-to-One Visits - T</p> <p>2:00 Outing to Vandemeer Garden Centre - T</p> <p>2:00 Canada Jingo – SH</p> <p>3:00 Bocce Ball - SH</p> <p>7:00 Movie – TH “Bank of Dave”</p> <p>7:15 Curling - SC</p>	<p>24</p> <p>9:00 – 1:00 Bowmanville Farmer's Market - T</p> <p>10:00 Tony Bennett & Friends on the Big Screen - TH</p> <p>10:30 Colouring – MHR</p> <p>11:00 Tech Help with Noreen - T</p> <p>1:00 One-to-One Visits - T</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p>	<p>25</p> <p>9:00 - 12:00 Alzheimer's Walk at Cullen Park</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring – MHR</p> <p>10:00 Random Trivia – FSL</p> <p>11:00 1000 Step Challenge – Meet outside the LIB (Indoor or outdoor walk weather depending)</p> <p>2:00 Craft - MHR</p> <p>7:00 Poker - PS</p>

May 2024

Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	
<p>9:15 One-to-One Visits – T</p> <p>10:45 Worship Service – TH</p> <p>11:30 Catholic Communion – TH</p> <p>1:30 Visit with Beau the Golden Retriever – SC</p> <p>*note new location*</p> <p>3:00 Sunday Social – CA</p>	<p>10:00 Music Documentary Film – TH “I Am Woman”</p> <p>10:15 Craft - MHR</p> <p>10:30 Northern School Knitting – MHR</p> <p>2:00 Bingo - TH</p> <p>2:00 Cards – MHR</p> <p>2:30 Olympic Practice – Parallel Bars - FC</p> <p>7:00 Community Concert Band of Whitby - TH</p>	<p>9:30 Prayer Circle – CH</p> <p>9:30 Olympic Practice – Canoe Slalom - SC</p> <p>9:45 Start the Day with Laughter - FSL</p> <p>10:30 Group Discussion – CH</p> <p>10:30 Mini-Manicures - MHR</p> <p>11:00 Hangman – TH</p> <p>2:00 Shuttle Bus to Longo’s</p> <p>2:00 Outdoor Walk - LIB</p> <p>2:00 Cribbage – MHR</p> <p>3:00 Women’s Pool – FSL</p> <p>3:00 Year of the Invention Game – MHR</p> <p>7:00 Bridge – SC</p> <p>7:00 Musical Bingo - SC</p> <p>7:00 Tech Help with Noreen – T</p>	<p>10:00 Fun for Health Weigh-in & Discussion – FSL</p> <p>10:30 Knitting Club – MHR</p> <p>10:30 Olympic Practice – Soccer - SC</p> <p>11:00 Ladderball - TH</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>3:30 Olympic Practice – Shooting - SH</p> <p>7:00 Horse Racing \$ – TH</p>	<p>10:00 – 2:00 Adriaan Clothing Company</p> <p>10:00 Fun, Useless Tidbits of Information – FSL</p> <p>10:00 TV Series – TH “The Fugitive”</p> <p>10:30 Pool Practice - FSL</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Java Social – SH</p> <p>1:00 One-to-One Visits - T</p> <p>2:30 Entertainment – TH “Swing Easy Band”</p> <p>7:00 Movie – TH “Sully”</p> <p>7:15 Curling – SC</p>	<p>10:00 Gentle Fitness – SH</p> <p>10:30 Colouring – MHR</p> <p>11:00 Fun with Words – FSL</p> <p>1:00 One-to-One Visits - T</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p> <p>June Calendar Delivery</p>	

May 2024

CALENDAR LEGEND

Recreation/Main Hobby Room – ext. 8013

Calendars are delivered the last day of each month outlining activities for the following month.

Recreation programs mainly run as “First Come, First Enjoy”; however, some will require “Sign-up” due to space restrictions.

Programs are subject to change without notice.

Sign-ups will only be required for those activities in **red** print on the calendar. **Sign-ups will usually take place on the first of each month, however, there may be times that this date is not possible. Please check your calendar monthly for the date, time and location. Sign-ups are done IN PERSON. Please sign up for yourself and one other person only to allow equal opportunity for all residents. Completed sign-up lists will be available in the Sign-Up Binder located in MHR on the day following sign-up each month for review.**

SYMBOL	MEANING
\$	Bingo: \$1.00 per card Outings: price communicated ahead of time Horse Racing: 10 cents per bet Restaurants: per menu pricing
T	Travelling – Recreation Team members or volunteers will visit resident suites
Highlighted in Yellow	Activity Ambassador led activities (see below)
Outside Activity	Weather Permitting; meet in MHR if outdoor conditions are not favourable for alternate plans
Pick up/Take Outs	While quantities last
Red print activities	Sign-up in person at the time and location indicated on that month’s calendar Examples: <ul style="list-style-type: none"> - Breakfast Club/Night of Elegance - Neighbourhood outings/walks - Painting and Craft Classes - Tech Support - Any Bus Outings - Swimming - Kinesiology programs

ACTIVITY AMBASSADORS

Bid Euchre	Lou Watson - 2700 and Lou Marzola - 3413	General Discussion	Pastor Rob - 8011
Billiards	Lou Marzola - 3413	Knitting Club	Betty Plaskitt - 3305
Book Club	Pauline Reed - 2704	Music Appreciation	Ron Kellington – 3623 and Tony Sibley - 2708
Bridge	Jane Saunders and Joan Biergard - 3622	Northern School Knitting Club	Irene Cherrett - 2321
Cards	Lorraine Ward – 416-741-0860	Poetry Appreciation	Patricia Bayley – 2710
Colouring	Betty Plaskitt - 3305	Poker	Lou Marzola - 3413
Cribbage	Roy Carlson – 3319		