








May 2024

Downey Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>1:30 Calendar Hang Up 2:30 Wednesday Walks 3:30 Balance Class (FC) 4:00 Brains & Banter 6:30 Documentary & Popcorn (C)</p>	<p>2</p> <p>9:30 Church Service (C) 11:00 May Trivia 2:00 Short Stories 6:30 Active Games (MS)</p>	<p>3</p> <p>9:30 You & me 10:30 2:00 Bingo with Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>4</p> <p>9:30 Daily Perk 10:30 Card Games 2:00 Entertainment with Kevin Coates (Do)</p> 
<p>5 Cinco de Mayo</p> <p>9:30 For the Soul 10:30 Neighbourhood Time 2:00 Travelling Margarita Cart</p>	<p>6</p> <p>10:30 Village Updates (C) 12:30-1:30 Greenhouse Drop-in 2:30 Manicures & Nail Care 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</p>	<p>7</p> <p>9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Tai Chi (FC) 3:30 Soothing Sensations 6:30 Devotions (C)</p>	<p>8</p> <p>2:00 Card Tournament (CC) 3:30 Balance Class (FC) 3:00 Spiritual Conversations (C) 4:00 Outdoor Walks 6:30 Games Night (CC)</p>	<p>9</p> <p>9:30 Church Service (Downey Lounge) 11:00 Patio Time 2:00 In the Kitchen 2:30 Aqua Therapy *Sign Up* 6:30 Active Games (MS)</p>	<p>10</p> <p>9:30 You & Me 10:30 Sit N Get Fit with PAL 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p> 	<p>11</p> <p>9:30 You & Me 10:30 In the Kitchen 2:00 Circle of Friends</p>
<p>12 Mother's Day Caregiver's Week</p> <p>9:30 Daily Perk 10:00 Neighbourhood Time 2:00 Mothers Day Tea Social (MS)</p>	<p>13</p> <p>10:00 Outdoor Walks 11:00 Manicures & Nail Care 12:30-1:30 Greenhouse Drop-in 3:30 Total Body Fitness (FC) 3:30 Green Thumbs 6:30 Game Show Trivia (CC)</p>	<p>14</p> <p>9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Tai Chi (FC) 3:30 Brains & Banter 6:30 In the Kitchen (CC)</p> 	<p>15</p> <p>1:00 Daily Perk 2:00 Movie & Popcorn 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>16</p> <p>9:30 Church Service (C) 11:00 Target Toss 12:30-1:30 Greenhouse Drop-in 2:00 Java Music Club 6:30 - 8 Bus Outing: Tim Hortons</p>	<p>17</p> <p>9 -12 Bus Outing: Earth Science Museum 10:30 Sit N Get Fit with PAL 2:00 Bingo with Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>18</p> <p>9:30 Brains & Banter 10:30 Outdoor Walks 2:00 Entertainment with Robert Mackinnon Remedy (Jo)</p>
<p>19</p> <p>9:30 For the Soul 10:30 Balloon Volleyball 2:00 Travelling Cart: Ice Cream 1-5 Outing to Kitchener Panthers Baseball Game</p>	<p>20 Victoria Day</p> <p>9:30 Daily Perk 10:30 Tim Hortons Social 2:00 Wheelchair & Walker Wash (CY) 3:30 Green Thumbs 6:30 Game Show Trivia (CC)</p>	<p>21</p> <p>9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Calendar Planning & Residents' Bill of Rights Meeting 3:30 Tai Chi (FC) 6:30 Devotions (C)</p> 	<p>22</p> <p>2:00 Food Committee (C) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Outdoor Walks 6:30 Games Night (CC)</p> 	<p>23</p> <p>9:30 Church Service (C) 10:30 Fireside Voices Choir (C) 2:00 Residents' Council (C) 3:30 Express Yourself 6:30 Active Games (MS)</p>	<p>24</p> <p>9:30 Daily Perk 10:30 Sit N Get Fit with PAL 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>25</p> <p>9:30 Brains & Banter 10:00 Walk for Alzheimer's 2:00 Entertainment with Henry Winter (Po)</p>
<p>26</p> <p>9:30 For the Fun of Fit 10:00 Neighbourhood Time 2:00 Sunday Sundaes</p>	<p>27</p> <p>10:30 Manicures & Nail Care 12:30-1:30 Greenhouse Drop-in 2:30 Card Club 3:30 Total Body Fitness (FC) 3:30 Green Thumbs 6:30 Game Show Trivia (CC)</p>	<p>28</p> <p>9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Tai Chi (FC) 3:30 Brains & Banter 6:30 In the Kitchen (CC)</p>	<p>29</p> <p>1- 1:45 Baby Ducks (L) 4:00 Wisdom Wednesday 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>30</p> <p>9:30 Church Service (C) 10:00 Celebration of Life (C) 12:30-1:30 Greenhouse Drop-in 1:30 Daily Perk 2:30 Patio Popsicles 6:30 Active Games (MS)</p>	<p>31</p> <p>10-12 Bus Outing: Tim Hortons 10:30 Sit N Get Fit with PAL 1-4 KmW Clothing Sale 2:00 Bingo with Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	