

May 2024

Johnston Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY		1 9:15 Art with Sonal 9:30 Daily Perk 2:00 Brains and Banter 3:30 Balance Class (FC) 6:30 Documentary & Popcorn	2 9:30 Church Service (C) 10:00 Express Yourself 2:00 Puzzle it Out 3:30 Stepping Out 6:30 Active Games (MS)	3 2:00 Bingo 3:30 You and Me 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:30 The Daily Perk 10:30 Manicures 2:00 Entertainment with Kevin Coates (Do)
Cinco de Mayo 9:30 The Daily Perk 10:00 For The Soul 2:00 Cinco de Mayo Traveling Cart 3:30 Puzzle it Out	6 10:30 Village Updates(c) 11:00 Express Yourself 12:30 Greenhouse Drop-in 2:00 Active Games 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	7 9:30 Rosary (C) 10:30 You and Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	8 9:00 Bus Outing: Walmart 9:15 Art with Sonal 10:30 Sit "N" Fit with PAL 2:00 Resident Bill of Rights and Calendar Planning 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC)	9 9:30 Church Service (Do) 10:00 Express Yourself 2:00 Manicures 6:30 Active Games (MS)	10 9:30 Manicures 11:00 Puzzle Time 2:00 Bingo 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:30 Daily Perk 10:00 Tim Hortons Cart 2:00 Mothers Day Craft
12 Mother's Day 12-18 Caregiver's Week 9:30 Daily Perk 10:00 For the Soul 2:00 Mother's Day Tea Social (MS)	13 9:30 Express Yourself 10:30 Manicures 12:30 Greenhouse Drop-in 2:00 Lets Play Scrabble 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	14 9:30 Rosary (C) 10:00 Stepping Out 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	9:15 Art with Sonal 9-12 Bus Outing: Clay & Glass Gallery 10:30 Sit "N" Fit with PAL 2:00 Brains and Banter 3:30 Balance Class (FC) 6:30 Games Night (CC)	16 9:30 Church Service (C) 10:00 Green Thumbs 12:30 Greenhouse Drop-in 2:00 Manicures 6:00 Bus Outing: Tim Horton's	17 2:00 Bingo 3:30 You and Me 3:30 Active Games (FC) 6:30 Crafting Club (CC)	18 9:30 The Daily Perk 10:30 Express Yourself 2:00 Entertainment with Robert Mackinnon Remedy (Jo)
19 9:30 The Daily Perk 10:00 For the Soul 2:00 Bingo 2:00 Bus Outing: Kitchener Panthers	20 Victoria Day 10:00 Express Yourself 2:00 Wheelchair and Walker Wash (CC) 6:30 Game Show Trivia (CC)	21 9:30 Rosary (C) 10:30 You and Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	9:15 Art with Sonal 9:30 You and Me 10:30 Sit "N" Fit with PAL 11:00 Puzzle it Out 2:00 Food Committee (C) 3:00 Spiritual Conversations 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Church Service (C) 10:00 Green Thumbs 10:30 Fireside Voices choir (C) 12:30 Greenhouse Drop-in 2:00 Residents' Council (C) 2:30 Manicures 6:30 Active Games (MS)	9:30 Express Yourself 10:00 Bus Outing: Dollar Store & Fish "N" Chips Lunch 3:30 Active Games (FC) 6:30 Crafting Club (CC)	25 10:00 Walk for Alzheimer's 2:00 Entertainment with Hen- ry Winter (Po) 3:30 You and Me
26 9:30 Daily Perk 10:00 For the Soul 2:00 Stepping out	9:30 Express Yourself 10:00 Stepping Out 12:30 Greenhouse Drop in 2:00 Lets Play Cards 3:30 Total Body Fitness (FC)	9:30 Rosary (C) 10:00 Stepping Out 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	9:15 Art with Sonal 9:30 Daily Perk 10:30 Sit "N" Fit with PAL 1-3 Baby Ducks 3:30 Balance Class (FC) 6:30 Games Night (CC)	30 10:00 Celebration of Life (C) 10:00 Green Thumbs 12:30 Greenhouse Drop-in 2:00 Manicures 6:30 Active Games (MS)	31 1-4 KW Clothing Sale 2:00 Bingo 3:30 June Calendar Hangup 3:30 Active Games (FC) 6:30 Crafting Club (CC)	