

## May 2024

## Matthews Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY Discovery Hall (DH)		1 9:30 The Daily Perk 10:45 Art with Sonal 1:00 Active Games 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	9:30 Church Service (C) 1:30 Manicures 3:00 Brains & Banter 6:30 Active Games (MS)	9:00-12:00 Bus Outing: Walmart 2:00 Bingo 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:00 The Daily Perk 10:00 Stepping Out 2:00 Entertainment with Kevin Coates (Do) 3:30 You & Me
5 Cinco de Mayo 9:00 Short Stories 10:00 For the Soul 2:00 Travelling Cart 3:30 Neighbourhood Time	6 10:30 Village Townhall (C) 12:30 Greenhouse Drop-in 1:00 Stepping Out 2:00 Brains & Banter 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	7 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	8 10:45 Art with Sonal 2:00 The Daily Perk 2:00 Card Tournament (CC) 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 3:30 Stepping Out 6:30 Games Night (CC)	9:30 Church Service (Do) 10:30 Sit N Get Fit with PAL 2:00 Brains & Banter 3:30 Neighbourhood Time 6:30 Active Games (MS)	10 10:00 Bingo on Wright 2:00 Stepping Out 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:00 The Daily Perk 10:00 Express Yourself 1:30 Baking 3:30 You & Me
12 Mother's Day 12-18 Caregiver's Week 9:00 Short Stories: Mother's Day Edition 10:00 For the Soul 2:00 Tea Social (MS) 3:30 Neighbourhood Time	9:00 The Daily Perk 10:30 Express Yourself 12:30 Greenhouse Drop-in 2:00 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In The Kitchen (CC)	9:00 The Daily Perk 10:30 Stepping Out 10:45 Art with Sonal 1:00 Resident Bill of Rights and Calendar Planning 2:00 Active Games 3:30 Balance Class (FC)	9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 12:30 Greenhouse Drop-in 1:30 Stepping Out 3:00 Circle of Friends 3:30 Green Thumbs 6:30 Active Games (MS)	9-12:00 Bus Outing: Earth Science Museum 10:00 Bingo on Wright 2:00 You and Me 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:00 The Daily Perk 10:00 Express Yourself 2:00 Entertainment with Rob- ert Mackinnon Remedy (Jo) 3:30 You & Me
9:00 Short Stories 10:00 For the Soul 2:00 Bus Outing: Kitchener Panthers 3:30 Neighbourhood Time	20 Victoria Day 12:30 Greenhouse Drop-in 2:00 Walker & Wheelchair Wash (CC) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	10:45 Art with Sonal 2:00 Food Committee (C) 2:30 The Daily Perk 3:00 Spiritual Conversations (C) 3:30 Balance Class (FC) 4:00 Express Yourself 6:30 Games Night (CC)	9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 10:30 Fireside Voices Choir (C) 12:30 Greenhouse Drop-in 2:00 Residents' Council (C) 3:30 Green Thumbs 6:30 Active Games (MS)	24 10:00 Bingo 2:00 Brains & Banter 3:30 Active Games (FC) 6:30 Crafting Club (CC)	25 10:00 Alzheimer's Walk 2:00 Entertainment with Henry Winter (Po) 3:30 You & Me
26 9:00 Short Stories 10:00 For the Soul 2:00 Sunday Sundaes 3:30 Neighbourhood Time	9:00 The Daily Perk 10:30 Express Yourself 12:30 Greenhouse Drop-in 2:00 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In The Kitchen (CC)	9-12:00 Bus Outing: KW Art Gallery 10:45 Art with Sonal 1-3 Baby Ducks 3:30 Balance Class (FC) 6:30 Games Night (CC)	30 10:00 Celebration of Life (C) 10:30 Sit N Get Fit with PAL 12:30 Greenhouse Drop-in 1:00 Musical Moments 3:00 Brains & Banter 3:30 Green Thumbs 6:30 Active Games (MS)	31 10:00 Bingo on Wright 1-4 KmW Clothing Sale 3:30 Active Games (FC) 6:30 Crafting Club (CC)	