



May 2024

Pollock Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:30 Calendar Hang Up 1:15 Art with Sonal 2:00 Manicures 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)</p>	<p>2</p> <p>9:30 Church Service (C) 10:30 You and Me 12:30 Greenhouse Drop-in 2:00 Green Thumbs 6:30 Active Games (MS)</p>	<p>3</p> <p>2:00 Bingo on Downey 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>4</p> <p>9:30 Daily Perk 10:30 Nerf Gun Fun 2:00 Entertainment with Kevin Coates (Do)</p>
<p>5 Cinco de Mayo 10:00 For the Soul 11:00 You and Me 12:00 Travelling Cart: Margaritas</p>	<p>6</p> <p>10:30 Village Updates 12:30 Greenhouse Drop-in 2:00 Express Yourself 3:30 Total Body Fitness 6:30 Game Show Trivia (CC)</p>	<p>7</p> <p>9:30 Rosary (C) 10:30 Sit N Get Fit on Pollock 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Devotions (C)</p>	<p>8</p> <p>9:00 Outing: Walmart 1:15 Art with Sonal 2:00 Manicures 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>9</p> <p>9:30 Church Service (C) 10:30 You and Me 12:30 Greenhouse Drop-in 2:00 Green Thumbs 2:30 Aqua Therapy *Sign Up* 6:30 Active Games (MS)</p>	<p>10</p> <p>9:30 Finish the Saying 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>11</p> <p>9:30 Daily Perk 10:30 Stepping Out 2:00 Word Games</p>
<p>12 Mother's Day 12-18 Caregiver's Week 10:00 For the Soul 11:00 You and Me 12:00 Mother's Day Tea Social (MS)</p>	<p>13 Overlap 10:00 Rice Krispie Cutouts 12:30 Greenhouse Drop-in 2:30 Calendar Planning 3:30 Total Body Fitness 6:30 Game Show Trivia (CC)</p>	<p>14</p> <p>9:30 Rosary (C) 10:30 Sit N Get Fit on Pollock 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p>15</p> <p>10:00 For the Fun of Fit 1:15 Art with Sonal 2:00 Manicures 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>16</p> <p>9:30 Church Service (C) 10:30 You and Me 12:30 Greenhouse Drop-in 2:00 Green Thumbs 6:30 Active Games (MS)</p>	<p>17</p> <p>2:00 Bingo on Downey 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>18</p> <p>9:30 Daily Perk 10:30 Stepping Out 2:00 Entertainment with Robert Mackinnon Remedy (Jo)</p>
<p>19</p> <p>10:00 For the Soul 11:00 You and Me 12:00 Outing to Kitchener Panthers</p>	<p>20 Victoria Day 12:30 Greenhouse Drop-in 2:00 Wheelchair/Walker Wash 3:30 Total Body Fitness 6:30 Game Show Trivia (CC)</p>	<p>21</p> <p>9:30 Rosary (C) 10:30 Sit N Get Fit on Pollock 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Devotions (C)</p>	<p>22</p> <p>10:00 For the Fun of Fit 1:15 Art with Sonal 2:00 Food Committee (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>23</p> <p>9:30 Church Service (C) 10:30 Fireside Voices Choir(C) 12:30 Greenhouse Drop-in 2:00 Residents' Council (C) 2:00 Green Thumbs 2:30 Aqua Therapy *Sign Up* 6:30 Active Games (MS)</p>	<p>24</p> <p>9:30 Matching Madness 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>25</p> <p>10:00 Walk for Alzheimer's 2:00 Entertainment with Henry Winter (Po)</p>
<p>26</p> <p>11:00 You and Me 12:00 Sunday Smoothies 5:15 Diner's Club</p>	<p>27 Overlap 10:30 Express Yourself 12:30 Greenhouse Drop-in 2:00 Karaoke 3:30 Total Body Fitness 6:30 Game Show Trivia (CC)</p>	<p>28</p> <p>9:30 Rosary (C) 10:30 Sit N Get Fit on Pollock 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p>29</p> <p>9:00 Outing: KW Art Gallery 1-3 Baby Ducks 1:15 Art with Sonal 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>30</p> <p>10:00 Celebration of Life (C) 12:30 Greenhouse Drop-in 2:00 Green Thumbs 6:30 Active Games (MS)</p>	<p>31</p> <p>1-4 KmW Clothing Sale 2:00 Bingo on Downey 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	