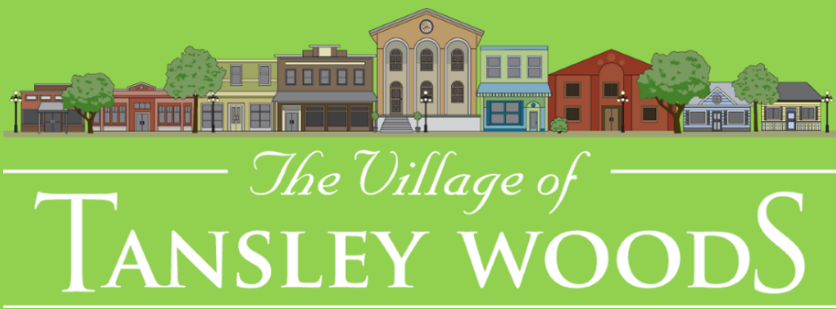




March 2024

BRONTE NEIGHBORHOOD



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Residents Bill Of Rights</u> 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.					1 8:15 Breakfast 9:00 Neighborhood Time 10:00 Calendar Drop off 10:00 Circle of Friends 11:00 Line Dancing—FC 12:00 Lunch 2:00 Drum Fit 3:00 Meditation with Elizabeth 4:00 You and Me 5:00 Dinner	2 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 11:00 Brains and Banters 12:00 Lunch 2:00 Stepping Out 3:30 Brent M Performs—TH 5:00 Dinner
3 8:15 Breakfast 9:00 Neighborhood Time 10:00 Movie Matinee—TH 12:00 Lunch 1:00 Neighborhood Time 2:00 Church Service—TH 3:00 In The Kitchen 5:00 Dinner	4 8:15 Breakfast 9:00 Neighborhood Time 10:30 Mother Goose—TH 11:15 Fun and Fit 12:00 Lunch 1:00 Program Awareness—MS 1:45 Sweat Squad—FC 2:00 Stepping Out 3:00 In the Kitchen 5:00 Dinner 6:00 Brains and Banters—CC	5 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:15 Standing Balance—FC 10:30 Art Therapy 12:00 Lunch 1:45 Group Fitness—FC 2:00 St Patrick's Day Decorating 3:00 For The soul 5:00 Dinner	6 8:15 Breakfast 12:00 Lunch 1:00 Neighborhood Time 2:00 Soothing Sensations 3:00 Total Body Fitness 3:30 Brains and Banter 5:00 Dinner 6:00 Movie Night	7 8:15 Breakfast 9:00 Neighborhood Time 10:00 For The Soul 10:00 Horticulture Therapy 11:30 Basketball and Ball toss—FC 12:00 Lunch 1:30 Music Therapy 1:45 Seated Yoga—FC 2:00 Circle of Friends 3:00 Express Yourself 5:00 Dinner	8 <u>International Women’s Day</u> 8:15 Breakfast 9:00 Neighborhood Time 10:00 Women’s Day celebration—TH 11:00 Line Dancing—FC 12:00 Lunch 2:00 Drum Fit 3:00 Meditation With Elizabeth 3:30 You and Me 5:00 Dinner	9 8:15 Breakfast 9:00 Neighborhood Time 10:00 Soothing sensations 10:30 Tai Chi—FC 11:00 Brains and Banter 11:15 Total Body Fitness 12:00 Lunch 2:00 Circle of Friends 3:00 Leslie Taylor Performs—TH 4:00 Stepping Out 5:00 Dinner
10 8:15 Breakfast 9:00 Neighborhood Time 10:00 Soothing Sensations 11:00 For the Fun of fit 12:00 Lunch 2:00 Church Service—TH 3:00 Musical Moments 3:15 Basketball & Ball Toss— FC 4:00 You and me 5:00 Dinner	11 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 11:00 You and Me 11:15 Fun and Fit 12:00 Lunch 1:45 Sweat Squad—FC 2:00 Stepping Out 3:00 Express Yourself 5:00 Dinner 6:00 Brains and Banters—CC	12 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:15 Standing Balance—FC 10:30 Art Therapy 12:00 Lunch 1:45 Group Fitness—FC 2:00 Neighborhood Time 3:00 For the Soul 5:00 Dinner	13 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:30 Express yourself 12:00 Lunch 2:30 In the Kitchen—Appleby 3:00 Total Body Fitness 4:00 You and Me 5:00 Dinner	14 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:00 Horticulture Therapy 11:30 Basketball and Ball toss—FC 12:00 Diner’s Club—MS 1:30 Music Therapy 1:45 Seated Yoga—FC 2:30 For the fun of Fit—Appleby 5:00 Dinner	15 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of friends 11:00 Line Dancing—FC 11:00 For the Fun of Fit 12:00 Lunch 2:00 Drum Fit 3:00 Meditation With Elizabeth 4:00 You and me 5:00 Dinner	16 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 11:00 In the Kitchen 12:00 Lunch 2:00 For the Soul 3:00 Stepping Out 5:00 Dinner
17 8:15 Breakfast 9:00 Neighborhood Time 10:00 St. Patrick’s day Social—CC 11:00 Musical Moments 12:00 Lunch 2:00 Church Service—TH 3:00 Wander Duo Performs—TH 4:00 You and Me 5:00 Dinner	18 8:15 Breakfast 9:00 Neighborhood Time 10:00 Stepping Out 10:30 Mother Goose—TH 11:15 Fun and Fit 12:00 Lunch 1:45 Sweat Squad—FC 2:00 For the Soul 3:00 Soothing Sensations 5:00 Dinner 6:00 Brains and Banters—CC	19 <u>First Day of Spring</u> 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:15 Standing Balance—FC 10:30 Art Therapy 11:00 Brains and Banter 12:00 Lunch 1:45 Group Fitness—FC 2:00 Neighborhood Time 3:00 For the Soul 5:00 Dinner	20 8:15 Breakfast 12:00 Lunch 1:00 Neighborhood Time 2:00 Circle of Friends 3:00 Total Body Fitness 3:30 Express yourself 5:00 Dinner 6:30 Brains and Banters	21 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:00 Horticulture Therapy 11:00 Stepping Out 11:30 Basketball and Ball toss—FC 12:00 Lunch 1:30 Music Therapy 1:45 Seated Yoga—FC 2:30 In the Kitchen—Appleby 5:00 Dinner	22 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of friends 11:00 Line Dancing—FC 11:00 Stepping Out 12:00 Lunch 2:00 Drum Fit 3:00 Meditation with Elizabeth 4:00 You and me 5:00 Dinner	23 8:15 Breakfast 9:00 Neighborhood Time 10:00 Soothing sensations 10:30 Tai Chi—FC 11:00 Brains and Banter 11:00 Total Body Fitness 12:00 Lunch 2:00 Circle of Friends 3:00 Gerry Larkins Performs—TH 5:00 Dinner
24 8:15 Breakfast 9:00 Neighborhood Time 10:00 Holi Social-CC 12:00 Lunch 2:00 Church Service-TH 3:00 Basketball & Ball toss—FC 4:00 Musical Moments 5:00 Dinner	25 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 11:00 Stepping Out 11:15 Fun and Fit 12:00 Lunch 1:45 Sweat Squad—FC 2:00 Soothing Sensations 3:00 Express Yourself 5:00 Dinner 6:00 Brains and Banters—CC	26 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of Friends 10:15 Standing Balance—FC 10:30 In the Kitchen—Appleby 10:30 Art Therapy 12:00 Lunch 1:45 Group Fitness—FC 3:00 Yorkie Puppy Visits—CC 5:00 Dinner	27 8:15 Breakfast 12:00 Lunch 1:00 Neighborhood Time 1:30 Musical Moments 3:00 In The Kitchen—CC 3:00 Total Body Fitness 5:00 Dinner 6:00 Stepping Out	28 8:15 Breakfast 9:00 Neighborhood Time 10:00 In the Kitchen—CC 10:00 Horticulture Therapy 11:30 Basketball and Ball toss—FC 12:00 Lunch 1:30 Music Therapy 2:00 Baby Chicks Visits—Fc 3:15 Seated Yoga—FC 5:00 Dinner	29 <u>Good Friday</u> 8:15 Breakfast 9:00 Neighborhood Time 10:00 Circle of friends 11:00 Line Dancing—FC 11:00 For the Fun of Fit 12:00 Lunch 2:00 Drum Fit 3:00 Meditation with Elizabeth 4:00 You and me 5:00 Dinner	30 8:15 Breakfast 9:00 Neighborhood Time 10:00 Walk in The Park 12:00 Lunch 2:00 Circle of Friends 3:00 Paula French Performs—TH 4:00 You and Me 5:00 Dinner
31 8:15 Breakfast 9:00 Neighborhood Time 10:00 Easter Travelling Cart 12:00 Lunch 2:00 Church Service—TH 3:00 In the Kitchen 5:00 Dinner						