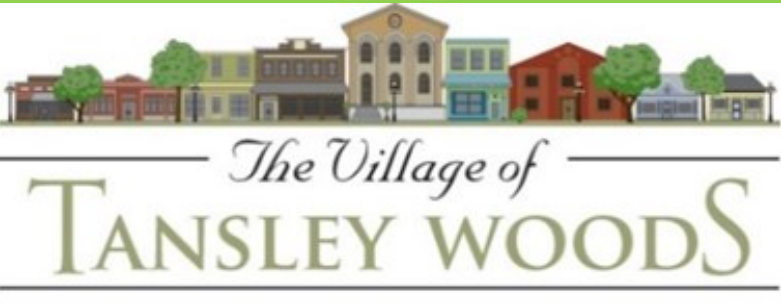




March 2024

Emma's West Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Birthdays Bill M March 8th Carol March 22nd Sharon March 29th Peter March 29th Irene March 30th	Team Birthdays Gurjot March 5th Sunaina March 12th Harpreet March 26th Bailey March 28th				1 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:30 Tea Party 3:45 Musical Moments 5:00 Dinner	2 8:00 Breakfast 10:00 You and Me 12:00 Lunch 1:30 Church Service 2:00 Live Entertainment 3:30 Neighbourhood Time 5:00 Dinner
3 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Café Time 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	4 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:15 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 Java Time	5 8:00 Breakfast 12:00 Lunch 2:00 Neighbourhood Time 3:00 Baking in Hobby Shop 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	6 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	7 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	8 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:30 Neighbourhood Time 3:45 Musical Moments 5:00 Dinner	9 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
10 Daylight Savings Time Begins 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:00 You and Me	11 8:00 Breakfast 12:00 Lunch 1:30 Exercise Class 2:00 Circle of Friends 5:00 Dinner 6:15 For the Fun of Fit	12 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Café Time 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	13 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	14 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	15 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:45 Musical Moments 5:00 Dinner	16 8:00 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
17 St. Patrick's Day 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:30 For the Fun of Fit 3:00 Musical Moments 5:00 Dinner	18 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:15 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 Java Time	19 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Café Time 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	20 First Day of Spring 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	21 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	22 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:45 Musical Moments 5:00 Dinner	23 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
24 Palm Sunday 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:00 You and Me	25 8:00 Breakfast 12:00 Lunch 1:30 Exercise Class 2:00 Circle of Friends 5:00 Dinner 6:15 For the Fun of Fit	26 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Café Time 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	27 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	28 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	29 Good Friday 8:00 Breakfast 10:00 Soothing Sensations 12:00 Lunch 1:30 Good Friday Church Service 2:30 Birthday Party 3:45 Musical Moments 5:00 Dinner	30 8:00 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Express Yourself 5:00 Dinner
31 Easter 8:00 Breakfast 10:30 Easter Parade (Main Floor) 12:00 Lunch 3:30 Stepping Out 5:00 Dinner						