



# April 2024

## Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	<p><b>1</b> 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 &amp; 7:30 Movie: "Sense and Sensibility" TH</p> <p style="text-align: center;"><b>April Fools' Day</b> <i>Grab a laugh on the Main Floor</i></p>	<p><b>2</b> 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Sing-Along TH 2:30 Art Hour: Card Making HS 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p>	<p><b>3</b> 9:30 VON Exercise FC 10:30 Coffee &amp; Baileys 3rd FL 11:00 VON Exercise JPL 2:30 Tech Help *Call ext 836 3:00 Get Active JPL 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 3:30 Jeopardy &amp; Wine JPL 7:30 Popular Music on Wednesday TH</p>	<p><b>4 Mobile Senior Shop 10:30-2:30 HS</b> 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 The Lucy Show TH 2:30 Hymn Sing C <b>2:30 Food Committee Meeting L</b> 3:00 Gentle Exercises FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 2:30 &amp; 7:30 Movie: "The Quiet Man" TH</p>	<p><b>5 Cathy's Scarves, Gifts and Jewelry 10-2 TS</b> 9:30 VON Exercise Class FC 10:30 Morning Stretches JPL 4:00 Happy Hour on the 3rd FL <i>*please note there will be only one location for today.</i> 7:15 Popcorn Pick-up TH 2:30 &amp; 7:30 Movie: "The Last Bus" TH</p>	<p><b>6</b> 10:30 Morning Smoothies TS 1:30 Trivia HS 2:00 Knitting Club 4th FL <b>2:30 Entertainment: "Brad Woods &amp; Friends" TH</b> 3:45 Happy Hour TS 7:30 Comedy Hour TH</p>		
<p><b>7</b> 9:30 BCTW Hike Group: Hanlon Creek 10:15 Specialty Coffee Café MF Café 11:00 Drumfit FC 1:30 Afternoon Sports SC 2:00 Euchre JPL <b>2:00 Salvation Army Songsters Choir Chapel Service TH</b> 2:15 Brain Game Puzzle Pick-up HS 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "Keeping up Appearances" TH</p>	<p><b>8</b> 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 3:00 Blue Jays Home Opener Pre-Party TS 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 Movie: "Schindler's List" TH <b>7:15 Blue Jays Home Opener Game Town Hall</b></p> <p style="text-align: center;"><b>Solar Eclipse Day — glasses will be available on the Main Floor</b></p>	<p><b>9</b> 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL <b>2:30 Entertainment: Paul Schalm TS</b> 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p>	<p><b>10 Bella Boutique 10-2 TS</b> 9:30 VON Exercise FC 10:30 Coffee &amp; Baileys 3rd FL 10:30 Men's Conversation Connection C 11:00 VON Exercise JPL <b>2:15 Therapeutic Paws: Visits with Raven HS</b> 2:30 Tech Help *Call ext 836 3:00 Get Active JPL 3:00 Bookmobile FE 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 3:30 Jeopardy &amp; Wine JPL 7:30 Classical Music on Wednesday TH</p>	<p><b>11</b> 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 The Lucy Show TH <b>3:00 Village Dog Show TS</b> 3:00 Gentle Exercises FC <b>4:00 Movie Crew Meeting HS</b> 7:00 No Stress Bridge JPL 7:45 Bingo! HS 2:30 &amp; 7:30 Movie: "Bridget Jones's Diary" TH</p> <p style="text-align: center;"><b>National Pet Day</b></p>	<p><b>12</b> 9:30 VON Exercise Class FC <b>10:30 Coffee Hour &amp; Guest Speaker: Guelph Fire Department JPL</b> <b>Happy Hour:</b> 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 &amp; 7:30 Movie: "Respect" TH</p>	<p><b>13</b> 9:00 BCTW Hike Group: Laura Bailey/Watson Creek *Please note time change 10:00 Cornhole 4th FL 10:30 Morning Smoothies TS <b>11:00 Red Lobster *RSVP on the Main Floor</b> 10:30 Morning Smoothies TS 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour TS 4:00 Rick Steves Europe: "Prague and Berlin" JPL 7:30 Comedy Hour TH</p>		
<p><b>Where Is The Program? * = Arbour Trails Main Building</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> <p><b>C</b>—Chapel* <b>HS</b>—Hobby Shop* <b>L</b>—Library* <b>SC</b>—Social Club* <b>TS</b>—Town Square* <b>FE</b>—Front Entrance * <b>ML</b> — Main Lobby</p> </td> <td style="width: 50%; border: none;"> <p><b>MF</b>—Main Floor* <b>TH</b>—Town Hall* <b>PC</b>—Patio Courtyard <b>BP</b>—Back Pond* <b>FC</b>—Fitness Centre* <b>JPL</b> — Jack Purcell Lounge <b>BP</b> — Back Patio *</p> </td> </tr> </table> <p><b>NOTE:</b> Programs, their times, and locations are subject to change.</p>			<p><b>C</b>—Chapel* <b>HS</b>—Hobby Shop* <b>L</b>—Library* <b>SC</b>—Social Club* <b>TS</b>—Town Square* <b>FE</b>—Front Entrance * <b>ML</b> — Main Lobby</p>	<p><b>MF</b>—Main Floor* <b>TH</b>—Town Hall* <b>PC</b>—Patio Courtyard <b>BP</b>—Back Pond* <b>FC</b>—Fitness Centre* <b>JPL</b> — Jack Purcell Lounge <b>BP</b> — Back Patio *</p>	<p><b><u>Recreation Contact Information:</u></b></p> <p>arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 836</p>			
<p><b>C</b>—Chapel* <b>HS</b>—Hobby Shop* <b>L</b>—Library* <b>SC</b>—Social Club* <b>TS</b>—Town Square* <b>FE</b>—Front Entrance * <b>ML</b> — Main Lobby</p>	<p><b>MF</b>—Main Floor* <b>TH</b>—Town Hall* <b>PC</b>—Patio Courtyard <b>BP</b>—Back Pond* <b>FC</b>—Fitness Centre* <b>JPL</b> — Jack Purcell Lounge <b>BP</b> — Back Patio *</p>							



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p><b>14</b> 10:15 Specialty Coffee Café MF Café 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "Keeping up Appearances" TH</p> <p style="text-align: center;"><b>Volunteer Appreciation Week</b></p>	<p><b>15 Flowers, Fair &amp; Gifts</b> <b>10-2 Spring Market TS</b> 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 &amp; 7:30 Movie: "The Prime of Miss Jean Brodie" TH</p>	<p><b>16</b> 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Art Hour: Flower Arranging HS *Sign-up in the Hobby Shop <b>3:30 Conversation Café JPL</b> 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p>	<p><b>17</b> 9:30 VON Exercise FC 10:30 Coffee &amp; Baileys 3rd FL 11:00 VON Exercise JPL 2:30 Tech Help *Call ext 836 <b>2:30 NFD Movie Matinee Event: "Peace by Chocolate" TH</b> <b>*With a Movie Concession</b> 3:00 Get Active JPL 3:00 Bookmobile FE 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 3:30 Jeopardy &amp; Wine JPL 7:30 Popular Music on Wednesday TH</p> <p style="text-align: center;"><b>National Film Day</b></p>	<p><b>18</b> 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 The Lucy Show TH 2:30 Hymn Sing C 3:00 Gentle Exercises FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 2:30 &amp; 7:30 Movie: "Dr. No" TH</p> <p style="text-align: center;"><b>Poem in your Pocket Day</b></p>	<p><b>19 Creations Boutique</b> <b>10-2 HS</b> 9:30 VON Exercise FC 10:30 Morning Stretches JPL <b>2:30 Entertainment: Grace Cowley TH</b> 2:30 Mini Golf 4th FL <b>Happy Hour:</b> 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 7:30 Movie: "Spencer" TH</p>	<p><b>20</b> 10:30 Morning Smoothies TS 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour TS 7:30 Comedy Hour TH</p>		
<p><b>21</b> 9:30 BCTW Hike Group: Speed River North 10:15 Specialty Coffee Café MF Café 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "Keeping up Appearances" TH</p>	<p><b>22</b> 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL <b>3:00 Earth Day Event (Walk starts at 3:00 p.m. followed by refreshments in Town Square) FE</b> 3:30 Earth Day Walk: Refreshments in TS 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 &amp; 7:30 Movie: "The Lion in Winter" TH</p> <p style="text-align: center;"><b>Earth Day</b></p>	<p><b>23</b> 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Sing Along TH 2:30 Art Hour: Pressed Flower Suncatchers HS 2:30 Film of Faith: "Love's Unfolding Dream" TH 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p> <p style="text-align: center;"><b>First Day of Passover</b></p>	<p><b>24</b> 9:30 VON Exercise FC 10:30 Men's Conversation Connection C <b>10:00 Garden Club Meeting JPL</b> 10:30 Coffee &amp; Baileys 3rd FL 11:00 VON Exercise JPL <b>11:30 Mandarin *RSVP on the Main Floor</b> 2:30 Tech Help *Call ext 836 <b>2:30 Residents' Council Meeting TH</b> 3:00 Get Active JPL 3:00 Bookmobile FE 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 3:30 Jeopardy &amp; Wine JPL 7:30 Classical Music on Wednesday TH</p>	<p><b>25</b> 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 The Lucy Show TH <b>2:30 Parkinson's Awareness Month Fundraising Event Featuring "The Remedy Band" TS</b> 3:00 Gentle Exercises FC 7:00 No Stress Bridge JPL 7:45 Bingo! HS 7:30 Movie: "Scent of a Woman" TH</p>	<p><b>26</b> 9:30 VON Exercise FC 10:30 Morning Stretches JPL <b>10:30 Guelph United Ministries C</b> 2:30 Mini Golf 4th FL <b>Happy Birthday Hour:</b> 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 &amp; 7:30 Movie: "Oppenheimer" TH</p>	<p><b>27</b> 9:30 BCTW Hike Group: Smith Property Loop 10:30 Morning Smoothies TS 10:30 Cornhole 4th FL 10:30 Morning Smoothies TS 1:30 Trivia HS 1:30 Giant Crossword 2nd FL 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 2:30 Mama Mia Musical JPL 3:00 Happy Hour TS 7:30 Comedy Hour TH</p>		
<p><b>28</b> 10:15 Specialty Coffee Café MF Café 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Communion Chapel Service C 3:45 Fellowship Café MF Café 4:00 Sunday TV Series: "Keeping up Appearances" TH</p>	<p><b>29</b> 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL <b>2:00 Book Club 2nd FL</b> 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 &amp; 7:30 Movie: "9 to 5" TH</p>	<p><b>30</b> 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Sing Along TH 2:30 Art Hour: Tye Dying HS 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p>	<p style="text-align: center;"><b>Where Is The Program? * = Arbour Trails Main Building</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> <b>C</b>—Chapel*  <b>HS</b>—Hobby Shop*  <b>L</b>—Library*  <b>SC</b>—Social Club*  <b>TS</b>—Town Square*  <b>FE</b>—Front Entrance *  <b>ML</b> — Main Lobby         </td> <td style="width: 50%; border: none;"> <b>MF</b>—Main Floor*  <b>TH</b>—Town Hall*  <b>PC</b>—Patio Courtyard  <b>BP</b>—Back Pond*  <b>FC</b>—Fitness Centre*  <b>JPL</b> — Jack Purcell Lounge  <b>BP</b> — Back Patio *         </td> </tr> </table> <p><b>NOTE:</b> Programs, their times, and locations are subject to change.</p>		<b>C</b> —Chapel* <b>HS</b> —Hobby Shop* <b>L</b> —Library* <b>SC</b> —Social Club* <b>TS</b> —Town Square* <b>FE</b> —Front Entrance * <b>ML</b> — Main Lobby	<b>MF</b> —Main Floor* <b>TH</b> —Town Hall* <b>PC</b> —Patio Courtyard <b>BP</b> —Back Pond* <b>FC</b> —Fitness Centre* <b>JPL</b> — Jack Purcell Lounge <b>BP</b> — Back Patio *	<p style="text-align: center;"><b>Recreation Contact Information:</b></p> <p style="text-align: center;"> <a href="mailto:arbourtrails.recreation@schlegelvillages.com">arbourtrails.recreation@schlegelvillages.com</a>            (226)-251-3065 Extension 836         </p>	
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