

MAY 2019

Downey Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lounge: L Country Kitchen: CK Hobby Shop: HS Dining Room: DR Parlour: P Main Street: MS Chapel: C	Community Centre: CC Fitness Centre: FC Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do		1 AM hang Calendars and Friendly Visits 10:30 Beat Busters (FC) 11:00 Fun and Fitness (L) 3:30 Total Body Fitness (FC) 2:00 Jock Flock Parrot Show 6:30 Active Games	2 10:00 Kindergarten Class Visits and Sing-a-Long 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Balloon Badminton 6:30 Games Night (CC)	3 1:30 Green Thumbs (GH) 2:00 Matter of Balance (FC)	4 10:00 Communion (C) 2:00 Entertainment with Jeff Poolton (Po) 6:30 Bingo on Downey
5 Cinco De Mayo 10:30 Hand Therapy (CC) 2:00 Church Service (C) 3:00 Cinco De Mayo Party (MS) 6:30 Sunday Fun Day (CC)	6 10:30 Fun and Fitness (L) 2:00 music and sing along (CK) 3:30 Total Body Fitness (FC) PM Nail Care	7 10:30 Tai Chi (FC) 1:30 Horticulture Therapy time 6:30 Bingo (MS)	8 10:30 Beat Busters (FC) 3:30 Total Body Fitness (FC) 6:30 Active Games (MS)	9 10:00 Hand Therapy 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:30 Scenery Room (CK) 6:30 Games Night (CC)	10 8:30 Men's Breakfast (CC) AM Friendly Visits 11:00 Catholic Mass (C) 1:30 Green Thumbs (GH) 2:00 Matter of Balance (FC) 3:00 Active Games (Lo)	11 2:00 Entertainment with Derek Byrne (Do) 6:30 Bingo on Pollock
12 Mother's Day 10:30 Hand Therapy (CC) 2:00 Church Service (C) 6:30 Sunday Fun Day (CC)	13 10:30 Fun and Fitness (L) 2:00 Neighborhood Time 3:30 Total Body Fitness (FC) 6:30 Brain Teasers (C)	14 10:30 Tai Chi (FC) 3:00 Resident's Council (C) 6:30 Bingo (MS)	15 10:00 Baking (CK) 10:30 Beat Busters (FC) 2:00 Java Music club (CK) 3:30 Total Body Fitness (FC) 6:30 Active Games (MS)	16 10:30 Timbit social 11:00 Morning Fitness (FC) 1-3 Rec Team Meeting 1:30 Zumba (FC) 6:30 Games Night (CC)	17 8:30 Men's Breakfast (CC) 1:30 Green Thumbs (GH) 2:00 Happy Hour with "Retake" (MS)	18 2:00 Entertainment with "Piano Tuners" (Ma) 6:30 Bingo on Downey
19 10:30 Hand Therapy (CC) 2:00 Church Service (C) 6:30 Sunday Fun Day (CC)	20 Multicultural Week 10:30 Fun and Fitness (L) 3:30 Decorating 3:30 Total Body Fitness (FC) 6:30 Brain Teasers (C)	21 Multicultural Week 10:00 Rosary (C) 10:30 Tai Chi (FC) 1:30 Horticulture Therapy Time 2:00 Guess that Flag (C) 6:30 Bingo (MS)	22 Multicultural Week 10:30 Beat Busters (FC) 2:00 Passports Craft (MS) 3:30 Total Body Fitness (FC) 7:00 Highland Dancers (RIA)	23 Multicultural Week 10:00 Decorating 11:00 Morning Fitness (FC) PM Around the World 1:30 Zumba (FC) 6:30 Games Night (CC)	24 Multicultural Week 10:00 1:30 Green Thumbs (GH) 2:00 Multicultural Food Tasting (MS) 2:00 Matter of Balance (FC)	25 2:00 Entertainment with Manvir Rai (Wr) 6:30 Bingo on Pollock
26 10:30 Hand Therapy (CC) 2:00 Church Service (C) 6:30 Sunday Fun Day (CC)	27 12:00 Birthday Lunch (CC) PM Neighborhood time 3:30 Total Body Fitness (FC) 6:30 Brain Teasers (C)	28 10:00 Rosary (C) 10:30 Tai Chi (FC) 2:00 Bingo (MS) 5:00 Diner's Club (MS)	29 10:00 Social (CK) 10:30 Beat Busters (FC) 2:00 Java Music Club (CK) 3:30 Total Body Fitness (FC) 6:30 Active Games (MS)	30 10:00 Hand Therapy 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Scenery Room (CK) 6:30 Games Night (CC)	31 11:30 Fun & Fitness (Lo) 1-3 Curiosity Fair (MS) 1:30 Green Thumbs (GH) 2:00 Matter of Balance (FC) PM Movie Night (C)	