



May 2019

EGERTON NEIGHBOURHOOD



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Please refer to the "Today's Activity Board" for any program time changes, location changes, or cancellations</p>	CH - Chapel LL - Basement H - Hobby Shop TH - Town Hall MS - Main Street TS - Town Square L - Library SH - School House SC - Social Club FC - Fitness Centre A - Art Studio C - Café CC - Community Centre EG - Egerton EM - Emma's PS - Pet Shop DK - Demo Kitchen BP - Back Patio * - Independent Program			1 Buy Your Progressive Bingo Cards \$1- H 10:00 Neighbourhood Time 11:00 Range of Motion - TH 1:15 Fitness with VON - EG 2:00 Tai Chi with Dan - FC 2:30 Hymn Sing - CH 6:30 Friends in Grief - SH 7:00 Men's Club - SC 7:00 Loonie Bingo - DK - \$	2 10 - 3 Sign Up Day - H 9:30 Mother Goose Children Visits - TH 1:30 Sacred Moments Prayer Time - CH 1:30 Weekly Inspiration 1:45 Gratitude Circle 3:15 High Tea Social-EG Balcony 4:15 Progressive Bingo # - H 7:00 Ladies Night - A	3 10:15 Java Music Club with Zech 2:00 Alzheimer's Fundraiser Specialty Coffee and Donuts - MS-\$ 2:15 Fitness with VON - EM 3:30 Happy Hour - SC 4:15 Progressive Bingo # - H 7:30 Friday Night Flick - TH	4 10 - 3 Jean's Flower Shop Vendor - MS 10:30 Baking: Chewy Chocolate Chip Cookies- H 2:30 Cinco de Mayo Party with Mariachi Band - TS 4:15 Progressive Bingo # - H 5:45 Soothing Sensations 6:30 Friendly Visits 7:30 Saturday Night Documentary - TH
	5 9:30 Church with Curtis Hanson - TH 10:45 Specialty Coffee Social-H 1:30 Fitness Class with Lauren - EG 1:30 Art Project with Miranda - Sign Up - A - \$ 3:00 Neighbourhood Time 4:15 Progressive Bingo # - H	6 9:30 Grandfriends Visit - TH 1:30 In The Kitchen 2:15 Fitness with VON - EG 3:45 Musical Moments 4:15 Progressive Bingo # - H 6:30 Trivia Night & Snacks	7 10 - 3 Avon Vendor - MS 10:45 Chair Yoga - TH 1:30 Neighbourhood Time 2:15 Fitness with VON - EM 2:30 Book Club with Sharon - CH 2:45 Hand Wax Therapy - H 3:00 Happy Hour - SC 4:15 Progressive Bingo # - H 6:15 Chocolate Bingo 7:30 Tuesday Night Movie-TH	8 10-3 Nelly Comfort Shoe Vendor 10:00 Neighbourhood Time 10:30 Symposium Café Brunch - Sign Up - \$ 11:00 Range of Motion - TH 1:15 Fitness with VON - EG 1:45 Friendly Visits 2:00 Tai Chi with Dan - FC 2:30 Hymn Sing - CH 3:30 Soothing Sensations 4:15 Progressive Bingo # - H 6:30 Friends in Grief - SH 7:00 Men's Club - SC 7:00 Loonie Bingo-H	9 9:30 Mother Goose Children Visits - TH 10:30 Rosary - CH 1:30 Sacred Moments Prayer Time - CH 1:30 Weekly Inspiration 1:45 Gratitude Circle 3:15 High Tea Social-EG Balcony 4:15 Progressive Bingo # - H 7:00 Ladies Night - A	10 10:15 Java Music Club with Miranda 1:45 Reading Circle 2:15 Fitness with VON - EM 3:00 Happy Hour - SC 4:15 Progressive Bingo # - H 4:45 Legion Fish & Chips Outing - Sign Up - \$ 7:30 Friday Night Flick - TH	11 8:30 Walk For Memories Outing @ Dofasco Rec. Park-Sign Up 2:15 Strength's Class: Boxing-FC 4:15 Progressive Bingo # - H
	12 Mother's Day 9:30 Church with Sharon Pearce - TH 10:45 Specialty Coffee Social-H 10:45 Circle of Friends 2:30 Church with Ken - TH 3:00 Mother's Day Tea with Flutist Frazer French - H 4:15 Progressive Bingo # - H 6:15 Friendly Visits with Zech	13 10:30 Carpet Bowling - MS 1:30 In The Kitchen 2:00 Knitting Club with Zech - L 2:15 Fitness with VON - EG 3:45 Musical Moments 4:15 Progressive Bingo # - H 6:30 Trivia Night & Snacks	14 1:30 Neighbourhood Time 2:15 Fitness with VON - EM 2:30 Book Club with Sharon - CH 3:00 Happy Hour - SC 4:15 Progressive Bingo # - H 6:15 Chocolate Bingo 7:15 Tuesday Night Movie - TH	15 10:00 Neighbourhood Time 10:30 Roman Catholic Mass - TH 11:00 Range of Motion - SC 1:15 Fitness with VON - EG 1:45 Friendly Visits 2:00 Tai Chi with Dan - FC 2:30 Hymn Sing - CH 3:00 Loonie Bingo - DK - \$ 4:15 Progressive Bingo # - H 6:30 Friends in Grief - SH 7:00 Men's Club - SC 7:15 The Entertainer's Quartet - TH	16 9:30 Mother Goose Children Visits—TH 10:30 For The Soul with Ken—EG 1:30 Sacred Moments Prayer Time-CH 1:30 Weekly Inspiration 1:45 Gratitude Circle 2:45 Resident's Council Meeting—TH 3:15 High Tea Social-EG Balcony 4:15 Progressive Bingo #H 7:00 Ladies Night—A	17 10:15 Java Music Club with Miranda 10:30 Poetry & Reflection with Ken-L 1:45 Reading Circle 2:15 Fitness with VON—EM 2:30 Laura Nashman Sings—EM 3:00 Happy Hour-SC 4:15 Progressive Bingo #H 7:30 Friday Night Flick-TH	18 1:30 Fitness with Zech 3:00 Brains & Banter 4:15 Progressive Bingo #H 5:45 Soothing Sensations 6:30 Friendly Visits 7:15 Sing-a-Long with Zech—TH
	19 9:30 Church with Stirling Irvine—TH 9:45 RC Communion—TH 1:30 Fitness with Zech—EG 2:30 Church with Ken—TH 3:00 Super Loonie Bingo—DK—\$1.00 per card 4:15 Progressive Bingo #H 6:15 Friendly Visits	20 Victoria Day 10:30 Carpet Bowling—MS 1:30 Weekly Inspiration 1:45 Gratitude Circle 2:00 Knitting Club-L* 3:45 Musical Moments 4:15 Progressive Bingo #H	21 9:15 Breakfast Club - DK - Sign Up 10:45 Chair Yoga with Nicole—TH 1:30 Neighbourhood Time 2:15 Fitness with VON—EM 2:30 Book Club with Sharon—CH 3:00 Happy Hour—SC 4:15 Progressive Bingo #H 6:15 Chocolate Bingo 7:30 Tuesday Night Movie—TH	22 10:00 Neighbourhood Time 1:15 VON Fitness—EG 1:30 Royal Botanical Gardens Outing-Sign Up 2:00 Tai Chi with Dan—FC 2:30 Hymn Sing—CH 3:30 Soothing Sensations 4:15 Progressive Bingo #H 6:30 Friends in Grief—SH 7:00 Men's Club—SC 7:00 Loonie Bingo-H-\$	23 9:30 Mother Goose Children Visit—TH 10:30 For The Soul with Ken—EG 1:30 Sacred Moments Prayer Time-CH 1:30 Weekly Inspiration 1:45 Gratitude Circle 3:15 High Tea Social—EG Balcony 4:15 Progressive Bingo #H 7:00 Ladies Night—A	24 10:15 Java Music Club with Zech 1:15 Falls Prevention with VON—FC 1:45 Reading Circle 2:15 Fitness with VON—EM 3:00 Happy Hour—SC 4:15 Progressive Bingo #H 7:30 Friday Night Flick-TH	25 10-3 Wreath & Baked Goods Vendor-MS 10:30 Chair Yoga 11:00 Guided Meditation 2:30 Paul Gordon Entertains-TH 4:15 Progressive Bingo #H
	26 9:15 Church with Salvation Army—TH 10:45 Circle of Friends—DK 1:45 Express Yourself 2:30 Church with Ken—TH 3:15 Horse Races 4:15 Progressive Bingo #H	27 10:30 Physical Games 1:30 In The Kitchen 2:00 Knitting Club with Zech-L 2:15 VON Fitness—EG 3:45 Musical Moments 4:15 Progressive Bingo #H 6:30 Trivia Night & Snacks	28 10:30 Ball Fitness with Laura-TH 1:30 Neighbourhood Time 2:15 Fitness with VON—EM 2:30 Book Club with Sharon—CH 2:45 Sore Shoulder Clinic—FC 3:00 Happy Hour—SC 4:15 Progressive Bingo #H 6:15 Chocolate Bingo 7:30 Tuesday Night Movie-TH	29 10:00 Neighbourhood Time 1:15 VON Fitness—EG 2:00 Tai Chi with Dan—FC 2:30 Hymn Sing—CH 2:30 Wisdom of the Elder Food Festival (submit a recipe)-TH 4:15 Progressive Bingo #H 6:30 Friends in Grief—SH 7:00 Men's Club—SC 7:00 Loonie Bingo-H-\$	30 9:30 Mother Goose Children Visits - TH 1:30 Sacred Moments Prayer Time - CH 1:30 Weekly Inspiration 1:45 Gratitude Circle 3:15 High Tea Social-EG Balcony 4:15 Progressive Bingo # - H 5:15 Diner's Club: Iron Chef: Japanese Food-H-Sign Up—\$ 7:15 Ladies Night - A	31 10:15 Java Music Club with Miranda 10:30 Poetry & Reflection with Ken-L 1:45 Reading Circle 2:15 Fitness with VON—EM 3:00 Happy Hour-SC 4:15 Progressive Bingo #H 7:30 Friday Night Flick-TH	