




# MAY 2019

## Lambton Neighbourhood



| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|---|--|---|--|--|
| <b>LOCATION ABBREVIATIONS</b><br>CC - Community Centre<br>CH - Chapel<br>MST- Main Street<br>F - Fitness Centre<br>CK - Country Kitchen<br>HB - Hobby Room<br>1:1 - Individual program<br>PR- Parlor Room | <b>LOCATION ABBREVIATIONS</b><br>Lam- Lambton<br>BR- Brule<br>ALD- Alderwood<br>ISL- Islington<br>WES- Weston<br>WADS-Wadsworth  | <b>LOCATION ABBREVIATIONS</b><br>LO- Lounge<br>PR - Parlor Room<br>CY - Courtyard<br>RT - Retirement<br>TS- Town Square<br>TH- Town Hall<br>LIB- Library  | <b>1</b><br>9:30 Chit Chat & Coffee-IP<br>10:00 Feel 'n' Fold-CK<br>11:00 Horse Racing-LO<br>2:45 <b>Humber Valley United Church Service - TH</b><br>3:00 Musical Instrument-LO<br>6:30 Bingo-WADS | <b>2</b><br>9:45 <b>Shuttle Runs</b><br>10:00 Chocolate Bingo-LO<br>10:45 Hymn Sing -LIB<br>1:30 Chimes -LIB<br>2:30 Fun Jokes & Hot Beverage<br>3:30 Nature Walk-IP                                | <b>3</b><br>10-2 <b>Kristin's Kreations - TS</b><br>9:30 Pole Walking-IP<br>2:00 Roman Catholic Service -TH<br>3:00 Heart Beats -TS                    | <b>4</b><br>10:00 Zumba - TH<br>1:30 <b>Cinco de Mayo Party - MST</b><br>2:30 Bingo -TS<br>6:30 Bingo - WADS                                       |
| <b>Cinco de Mayo 5</b><br>9:30 Interfaith Service - TH<br>10:30 Feel 'N' Fold - CC<br>2:00 Lutheran Service - LIB<br>6:30 Movie Night - RT/TH   | <b>6</b><br>10:15 Horticultural Therapy -CC<br>10:45 Hymn Sing -LIB<br>1:45 Reading Group-PR<br>3:00 Baking with Sharon-CK<br>6:30 Piano Favourites -LO                        | <b>7</b><br>9:30 Intergenerational Prgm-CC<br>10-2 <b>Worldwide Vendor - TS</b><br>10:00 Music Therapy -LO<br>1:30 Horticultural Therapy-BRU<br>2:30 Sing-A-Long-LO<br>3:00 Java Music Club - CC  | <b>8</b><br>11-3 <b>Mix &amp; Match Vendor - TS</b><br>9:30 Walk & Wheel-IP<br>10:00 Feel 'n' Fold-CK<br>11:00 Bowling-LO<br>2:30 Karaoke Music-LO<br>6:30 Bingo-WADS                              | <b>9</b><br>9:45 <b>Shuttle Runs</b><br>10:45 Hymn Sing -LIB<br>1:30 Chimes -LIB<br>5:00 <b>Diner's Club - CC</b>   | <b>10</b><br>9:00 Pole Walking-IP<br>10:00 Hand Massage/Manicures<br>11:00 Dance with Me-LO<br>2:00 Roman Catholic Service -TH<br>3:00 Heart Beats -TS | <b>11</b><br>9:30 Nature-IP<br>10:30 Move & Groove -WADS<br>2:00 <b>Coca-Cola Social</b><br>2:30 Bingo -TS<br>6:30 Bingo - WADS                    |
| <b>Happy Mother's Day 12</b><br>9:30 Interfaith Service - TH<br>9:00 -11:00 <b>Mother's Day Breakfast -TS</b><br>10:30 Feel 'N' Fold - CC<br>2:00 Baptist Church Service-LIB<br>6:30 Movie Night - RT/TH  | <b>Happy Caregivers Week! 13</b><br>10:15 Horticultural Therapy -CC<br>10:45 Hymn Sing -LIB<br>2:00 Garden Meditation-CY<br>3:00 Story Teller- PR<br>6:30 Piano Favourites -LO | <b>14</b><br>9:30 Intergenerational Prgm-CC<br>9:45 & 1:45 <b>Cloverdale Trip</b><br>10-2 <b>The Dressing Room - TS</b><br>10:00 Music Therapy -LO<br>1:30 Horticultural Therapy -LO<br>2:30 <b>Elizabeth, Norma &amp; Margaret Sing - LO</b><br>7:00 <b>Lecture Series: Davinci the Renaissance Man - TH</b> | <b>15</b><br>9:30 News & Views-LO<br>10:00 Feel 'n' Fold-CK<br>11:00 Noodle Fun-LO<br>2:30 Karaoke Music-LO<br>6:30 Bingo-WADS   | <b>16</b><br>9:45 <b>Shuttle Runs</b><br>10:30 <b>Anglican Service - CC</b><br>1:30 Chimes -LIB<br>2:30 Tea Social -LO<br>3:00 <b>Resident Council - CC</b><br>7:00 <b>Pub Night with Emilio-TS</b> | <b>17</b><br>9:30 Pole Walking-IP<br>10:00 Art & Craft-CK<br>11:00 Move To Music-LO<br>2:00 Roman Catholic Service -TH<br>3:00 Heart Beats -TS         | <b>18</b><br>10:00 Zumba - TH<br>1:30 <b>Social Hour with Ian Weir - MST</b><br>2:30 Bingo -TS<br>6:30 Bingo - WADS                                |
| <b>19</b><br>9:30 Interfaith Service - TH<br>10:30 Feel 'N' Fold - CC<br>6:30 Movie Night - RT/TH   | <b>Victoria Day 20</b><br>10:15 Horticultural Therapy -CC<br>10:00 <b>Presentation: The History of Queen Victoria -TH</b><br>10:45 Hymn Sing -LIB<br>6:30 Piano Favourites -LO | <b>21</b><br>9:30 Intergenerational Prgm-CC<br>10:00 Music Therapy -LO<br>1:30 Horticultural Therapy-BRU<br>1:45 <b>Walmart Trip</b><br>2:30 Trivia for the Day-LO<br>3:00 Java Music Club - CC<br>3:30 Nature Walk-IP  | <b>22</b><br>9:30 Puzzle Buddies-LO<br>10:00 Feel 'n' Fold-CK<br>11:00 Balloon Toss-LO<br>3:00 <b>Music with Gerry Larkin - WES</b><br>6:30 Bingo-WADS   | <b>23</b><br>9:45 <b>Shuttle Runs</b><br>9:30 <b>Festival Preparation-CK</b><br>10:45 Hymn Sing -LIB<br>1:30 Chimes -LIB<br>2:00 <b>Festival of Flavours - TS</b>                                   | <b>24</b><br>9:30 Pole Walking-IP<br>10:00 Baking with Sharon-CK<br>11:00 Dance with Me-LO<br>2:00 Roman Catholic Service -TH<br>3:00 Heart Beats -TS  | <b>25</b><br>9:30 <b>Morning Walk-IP</b><br>10:30 Move & Groove -WADS<br>2:00 <b>Spring Fashion Show-MS</b><br>2:30 Bingo -TS<br>6:30 Bingo - WADS |
| <b>26</b><br>9:30 Interfaith Service - TH<br>10:30 Feel 'N' Fold - CC<br>23:00 <b>Social Hour with Marcus Schwann -RT/TS</b><br>2:00 Faith Sanctuary-LIB<br>6:30 Movie Night -TH                          | <b>27</b><br>10:15 Horticultural Therapy -CC<br>10:45 Hymn Sing -LIB<br>3:00 <b>Memorial Service - TH</b><br>6:30 Piano Favourites -LO   | <b>28</b><br>9:30 Intergenerational Prgm-CC<br>10-2 <b>EZ Fit Shoes - TS</b><br>10:00 Music Therapy -LO<br>1:30 Horticultural Therapy -LO<br>1:45 <b>Superstore Trip</b><br>2:30 <b>Elizabeth, Norma &amp; Margaret Sing - LO</b>   | <b>29</b><br>9:30 Dominoes-CK<br>10:00 Feel 'n' Fold-CK<br>11:00 <b>Lunch Trip: Grenadier Café (High Park)</b><br>2:30 Nachos & Music-CY<br>6:30 Bingo-WADS  | <b>30</b><br>9:45 <b>Shuttle Runs</b><br>10:00 Chocolate Bingo-LO<br>10:45 Hymn Sing -LIB<br>1:30 Chimes -LIB<br>3:00 <b>Birthday Celebration with Manvier - TS</b>                                 | <b>31</b><br>9:30 Pole Walking-IP<br>10:00 Lemonade Drink-Lo<br>11:00 Move To Music-LO<br>2:00 Roman Catholic Service -TH<br>3:00 Heart Beats -TS      | <b>Caregivers Week May 12-18</b><br>                          |