



# MAY 2019

## Matthews Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Lounge: L</b> <b>Country Kitchen: CK</b> <b>Hobby Shop: HS</b> <b>Dining Room: DR</b> <b>Parlour: P</b> <b>Main Street: MS</b> <b>Chapel: C</b>	<b>Community Centre: CC</b> <b>Fitness Centre: FC</b> <b>Matthews: Ma</b> <b>Pollock: Po</b> <b>Hagey: Ha</b> <b>Wright: Wr</b> <b>Downey: Do</b>		<b>1</b> <b>10:30</b> Beat Busters (FC) <b>2:00</b> Jock Flock Parrot Show (MS) <b>3:30</b> Total Body Fitness (FC) <b>6:30</b> Active Games	<b>2</b> <b>10:00</b> Bingo on Wright <b>10:00</b> Music Jamboree (Lo) <b>11:00</b> Morning Fitness (FC) <b>1:30</b> Zumba (FC) <b>2:00</b> VAT Meeting <b>2:00</b> Baking (CK) <b>6:30</b> Games Night (CC)	<b>3</b> <b>1:30</b> Green Thumbs (GH) <b>2:00</b> Matter of Balance (FC)	<b>4</b> <b>10:00</b> Communion (C) <b>2:00</b> Entertainment with Jeff Poolton (Po) <sup>3</sup> <b>4:00</b> News and Views on the Patio <b>6:30</b> Bingo on Downey
<b>5 Cinco De Mayo</b> <b>10:30</b> Hand Therapy (CC) <b>2:00</b> Church Service (C) <b>3:00</b> Cinco De Mayo Party (MS) <b>6:30</b> Sunday Fun Day (CC)	<b>6</b> <b>10:30</b> Balloon Badminton (Lo) <b>2:00</b> Stories on the Patio <b>3:30</b> Total Body Fitness (FC) <b>6:30</b> Brain Teasers (C)	<b>7</b> <b>10:30</b> Tai Chi (FC) <b>2:00</b> Outdoors Walks <b>4:00</b> Individual Music Therapy <b>6:30</b> Bingo (MS)	<b>8</b> <b>10:30</b> Beat Busters (FC) <b>2:30</b> Deck of Card Bingo <b>3:30</b> Total Body Fitness (FC) <b>4:00</b> Chocolate Dice Game <b>6:30</b> Active Games (MS)	<b>9</b> <b>9:30</b> Devotions (P) <b>10:00</b> Bingo on Wright <b>10:00</b> Music Jamboree (Lo) <b>10-2</b> River Ridge Jewelers (MS) <b>11:00</b> Morning Fitness (FC) <b>1:30</b> Zumba (FC) <b>2:00</b> Cake in a Mug (CK) <b>4:00</b> May Word Scramble <b>6:30</b> Games Night (CC)	<b>10</b> <b>8:30</b> Men's Breakfast (CC) <b>11:00</b> Catholic Mass (C) <b>1:30</b> Green Thumbs (GH) <b>2:00</b> Matter of Balance (FC) <b>3:00</b> 'Hooray It's May' party (L) Hangman Man (L)	<b>11</b> <b>10:30</b> Saturday Smoothies <b>2:00</b> Entertainment with Derek Byrne (Do) <b>6:30</b> Bingo on Pollock
<b>12 Mother's Day</b> <b>11:30</b> Mother's Day Brunch (MS) <b>2:00</b> Church Service (C) <b>6:30</b> Sunday Fun Day (CC)	<b>13</b> <b>1:30</b> Deck of Card Bingo <b>3:30</b> Total Body Fitness (FC) <b>3:45</b> Manicures <b>6:30</b> Brain Teasers (C)	<b>14</b> <b>10:30</b> Tai Chi (FC) <b>2:00</b> Stories on the Patio <b>3:00</b> Resident's Council (C) <b>4:00</b> Outdoor Walks <b>6:30</b> Bingo (MS)	<b>15</b> <b>10:30</b> Beat Busters (FC) <b>3:30</b> Total Body Fitness (FC) <b>6:30</b> Active Games (MS)	<b>16</b> <b>10:00</b> Bingo on Wright <b>10:00</b> Music Jamboree (Lo) <b>11:00</b> Morning Fitness (FC) <b>1:30</b> Zumba (FC) <b>1-3</b> Rec Team Meeting <b>6:30</b> Games Night (CC)	<b>17</b> <b>8:30</b> Men's Breakfast (CC) <b>1:30</b> Green Thumbs (GH) <b>2:00</b> Happy Hour with "Retake" (MS)	<b>18</b> <b>2:00</b> Entertainment with "Piano Tuners" (Ma) <b>4:00</b> News and Views on the Patio <b>6:30</b> Bing on Downey
<b>19</b> <b>10:30</b> Hand Therapy (CC) <b>2:00</b> Church Service (C) <b>3:30</b> Matthew's Garden Club (L) <b>6:30</b> Sunday Fun Day (CC)	<b>20 Multicultural Week</b> <b>10:30</b> Balloon Badminton (Lo) <b>3:30</b> Total Body Fitness (FC) <b>6:30</b> Brain Teasers (C)	<b>21 Multicultural Week</b> <b>10:00</b> Rosary (C) <b>10:30</b> Tai Chi (FC) <b>2:00</b> Guess the Flag Trivia (C) <b>6:30</b> Bingo (MS)	<b>22 Multicultural Week</b> <b>10:30</b> Beat Busters (FC) <b>2:00</b> Passport Craft (MS) <b>3:30</b> Total Body Fitness (FC) <b>7:00</b> Highland Dancers (RIA)	<b>23 Multicultural Week</b> <b>9:30</b> Devotions (P) <b>10:00</b> Bingo on Wright <b>11:00</b> Morning Fitness (FC) <b>PM Around the World</b> <b>1:30</b> Zumba (FC) <b>6:30</b> Games Night (CC)	<b>24 Multicultural Week</b> <b>11:30</b> Fun & Fitness (Lo) <b>1:30</b> Green Thumbs (GH) <b>2:00</b> Multicultural Food Tasting (MS) <b>2:00</b> Matter of Balance (FC) <b>6:30</b> Hang Man (L)	<b>25</b> <b>10:30</b> Fun and Fitness (Lo) <b>2:00</b> Entertainment with Manvir Rai (Wr) <b>6:30</b> Bingo on Pollock
<b>26</b> <b>10:30</b> Hand Therapy (CC) <b>2:00</b> Church Service (C) <b>6:30</b> Sunday Fun Day (CC)	<b>27</b> <b>12:00</b> Birthday Lunch (CC) <b>1:30</b> Deck of Card Bingo <b>3:30</b> Total Body Fitness (FC) <b>3:45</b> Manicures <b>6:30</b> Brain Teasers (C)	<b>28</b> <b>9:30-11:30</b> Colour Paradise Outing <b>10:00</b> Rosary (C) <b>10:30</b> Tai Chi (FC) <b>2:00</b> Bingo (MS) <b>5:00</b> Diner's Club (MS)	<b>29</b> <b>10:30</b> Beat Busters (FC) <b>3:30</b> Total Body Fitness (FC) <b>6:30</b> Active Games (MS)	<b>30</b> <b>10:00</b> Bingo on Wright <b>10:00</b> Music Jamboree (Lo) <b>11:00</b> Morning Fitness (FC) <b>1:30</b> Zumba (FC) <b>2:00</b> Dessert of the Month <b>6:30</b> Games Night (CC)	<b>31</b> <b>11:30</b> Fun & Fitness (Lo) <b>1-3</b> Curiosity Fair (MS) <b>1:30</b> Green Thumbs (GH) <b>2:00</b> Matter of Balance (FC) <b>6:15</b> Movie Night (C)	