



MAY 2019

Carrington



SUNDAY

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

LEGEND:
 CH-Chapel
 P-Parlour
 MS-Main Street
 Lib-Library
 L-Lounge
 FC-Fitness Center
 CC-Community Center
 CK -Country Kitchen
 DK-Demo Kitchen
 TH-Town Hall
 TS-Town Square
 SH-School House
 GH-Greenhouse



5
 9:30 Church Service with Curtis Hanson-TH
 11:00 Daily Perk Delivery
 11:00 So You Think You Can Stretch?
 2:45 Musical Moments
 6:00 Neighbourhood Time

6 *Mental Health Awareness Week*
 8:30 Greeting the Day
 9:30 *Grandfriends!-TH*
 1:00 Stay Strong-L
 3:30 Meaningful Moments
 6:00 For the Soul-L

7
 9:30 Greeting the Day
 1:30 Keep It Up!-L
 2:00 BINGO in Rymal
 2:00 Mindful Minutes-P
 6:00 Neighbourhood Time
 10-3 Avon Vendor-MS

8
 9:30 Greeting the Day
 10:30 Life Long Learning-CC
 10:30 Hort Happens-GH
 11:00 Stay Strong-FC
 2:00 Tai Chi-FC
 2:00 In the Kitchen-CK
 2:30 Hymn Sing-CH
 6:00 Neighbourhood Time

9 *Baby Chicks Arrive*
 8:30 Greeting the Day
 9:30 Mother Goose-TH
 10:30 Rosary-CH
 11:15 Fit to FUNction-FC
 1:30 Sacred Moments in Prayer
 1:30 Musical Moments-L
 6:15 Neighbourhood Time

10
 9:30 Greeting the Day
 10:00 Stay Strong-FC
 10:15 Carrington Gets Musical
 10:30 Choir Practice-Lib
 2:00 Fit to FUNction!-FC
 2:30 Stepping Out-MS
 6:00 Neighbourhood Time

11
 8:30 Greeting the Day
 10:30 **Walk for Memories!**
 2:30 Get Moving-L
 6:00 Neighbourhood Time

12 *Mother's Day*
 9:30 Church Service with Rev. Sterling Irvine-TH
 11:00 Daily Perk Delivery
 2:00 *Mother's Day Tea Social with Martin Wall Entertaining!*
 6:00 Neighbourhood Time



13 *Caregivers Week*
 9:30 Greeting the Day
 11:15 Garden Club-GH
 1:00 Stay Strong-L
 2:30 Meaningful Moments
 3:00 Nurturing Nature-GH
 6:00 Neighbourhood Time
 7:00 *Celebration of Life-TH*

14
 9:30 Greeting the Day
 10:30 Java Time-CK
 1:30 Keep It Up!-L
 2:00 Mindful Minutes-P
 2:00 BINGO in Rymal
 6:00 Neighbourhood Time

15
 9:30 Greeting the Day
 10:30 Roman Catholic Mass-TH
 11:00 Stay Strong-FC
 11:30 **LUNCH OUTING TO EAST SIDE MARIO'S!**
 2:00 Tai Chi-FC
 2:30 Hymn Sing-CH
 2:00 Aromatherapy
 6:00 Neighbourhood Time


16
 8:30 Greeting the Day
 9:30 Mother Goose-TH
 11:15 Fit to FUNction!-FC
 1:30 Musical Moments-L
 1:30 Sacred Moments in Prayer
 6:15 Neighbourhood Time

17
 9:30 Greeting the Day
 10:00 Stay Strong-FC
 10:30 Choir Practice-Lib
 3:00 *Happy Hour with Ron Tansley!*
 6:00 Neighbourhood Time

18
 8:30 Greeting the Day
 2:00 Express Yourself!-CC
 6:00 Neighbourhood Time
 10-12 Jeans Flowers-MS
 10-3 Natural Skincare Products

19
 9:30 Church Service with Rev. Sharon Pearce-TH
 11:00 Daily Perk Delivery
 2:30 Church Service with Rev. Ken-TH (independent)
 2:45 Musical Moments
 3:30 *Founder's Legacy Book Launch!*
 6:00 Neighbourhood Time

20 *Victoria Day*
 9:30 Greeting the Day
 2:30 Travelling Ice Cream Cart!
 6:00 Neighbourhood Time



21
 9:30 Greeting the Day
 1:30 Keep It Up!-L
 2:00 BINGO in Rymal
 2:00 Mindful Minutes-P
 5:00 *Diner's Club is Thai Food!*
 6:30 Neighbourhood Time

22
 9:30 Greeting the Day
 10:30 Life Long Learning-CC
 11:00 Stay Strong-FC
 2:00 Tai Chi-FC
 2:00 In the Kitchen-CK
 2:30 Hymn Sing-CH
 6:00 Neighbourhood Time
 10-3 Ruth's Fashion Boutique

23
 8:30 Greeting the Day
 9:30 Mother Goose-TH
 11:15 Fit to FUNction-FC
 1:30 Sacred Moments in Prayer
 1:30 Musical Moments-L
 6:15 Neighbourhood Time

24
 9:30 Greeting the Day
 10:00 Stay Strong-FC
 10:15 Carrington Gets Musical
 2:00 Fit to FUNction!-FC
 2:30 Stepping Out-MS
 6:00 Neighbourhood Time

25
 8:30 Greeting the Day
 1:30 *Spring Drive!*
 6:00 Neighbourhood Time
 10-3 Wreath & Baked Good-MS

26
 9:15 Church Service with the Salvation Army Band-TH
 11:00 Daily Perk Delivery
 2:00 *Entertainment with Bob McLean!*
 2:30 Church Service with Rev. Ken-TH (independent)
 6:00 Neighbourhood Time

27
 9:30 Greeting the Day
 10:30 Hort Happens-GH
 11:15 Garden Club-GH
 1:00 Stay Strong-L
 2:30 Neighbourhood Time
 3:00 Nurturing Nature-GH
 6:00 For the Soul-L

28
 9:30 Greeting the Day
 10:30 Java Time-CK
 1:30 Keep It Up!-L
 2:00 BINGO in Rymal
 2:00 Mindful Minutes-P
 6:00 Neighbourhood Time

29
 9:30 Greeting the Day
 11:00 Stay Strong-FC
 2:00 Aromatherapy
 2:00 Tai Chi-FC
 2:30 Hymn Sing-CH
 6:00 Neighbourhood Time
 2-4 **Pursuit of Passions on Main Street!**

30
 8:30 Greeting the Day
 9:30 Mother Goose-TH
 11:15 Fit to FUNction!-FC
 1:30 **OUTING TO CANADIAN TIRE!**
 1:30 Sacred Moments in Prayer
 6:15 Neighbourhood Time

31
 9:30 Greeting the Day
 10:00 Stay Strong-FC
 6:00 Neighbourhood Time
 10-3 Jewelry Vendor-MS

