



# MAY 2019

## Trussler & Newberry Neighbourhoods



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Floral Fridays!!!</b> Wear a floral shirt on Fridays Pay \$2 &amp; Support Alzheimer's Society</p>			<p><b>1 Timbit Day</b> 9:45 Zumba 11:00 Hymn Sing 1:30 Java Music 2:30 Horse Racing 6:15 Music &amp; Moments</p>	<p><b>2</b> 9:30 Music Therapy 10:00 Circle of Friends 11:00 Chime Choir 1:30 Horticulture 1:30 Hand Spa 2:30 Lite Conversations <b>7:00 Timothy Clarke - RET</b></p>	<p><b>3</b> 9:30 Shaping Up 11:00 Church <b>2:00 Memorial Service</b></p>	<p><b>4</b> 9:45 Super Bingo 11:15 Fun &amp; Fitness 1:30 Crossword 2:30 Bocce ball</p>
<p><b>5</b> 9:30 RC Communion 9:30 Hand Massage 10:00 TV Church 11:00 Sing a Long 1:30 Trivia Time 2:30 Uno</p>	<p><b>6</b> 9:30 Shaping Up <b>9:30 City Drive</b> 11:00 Chaplain Chat 1:30 Unsolved Mysteries 2:30 Target Shots 6:15 Yahtzee (volunteer)</p>	<p><b>7</b> 9:30 Shaping Up 11:00 Crossword 3:00 Nail Care 6:30 Word Womp</p>	<p><b>8</b> 9:45 Zumba 11:00 Hymn Sing 1:30 Java Music 2:30 Horse Racing 6:15 Music &amp; Moments</p>	<p><b>9</b> 9:30 Music Therapy 10:00 Circle of Friends 11:00 Chime Choir 1:30 Horticulture 1:30 For the Fun of it 2:30 Trivia Time <b>7:00 Holy Cross Choir</b></p>	<p><b>10</b> 9:30 Shaping Up 11:00 Church 1:30 Crosswords 2:30 Seven - Cards</p>	<p><b>11</b> 9:30 Super Bingo 11:00 Shaping Up 1:30 Music &amp; Moments 1:30 One to Ones 2:30 Bowling</p>
<p><b>12 Mother's Day</b> 9:30 RC Communion <b>10:00 Mother's Day Spa</b> <b>2:00 Church - LTC</b> 3:15 You &amp; Me</p>	<p><b>13</b> 9:30 Fun &amp; Fitness 11:00 Chaplain Chat <b>1:30 Ceramics with Helen</b> 3:15 One to ones 6:15 Yahtzee (volunteer)</p>	<p><b>14</b> 9:30 Shaping Up 11:15 Crossword 3:00 Nail Care 6:30 Wordscape</p>	<p><b>15 KPL - RET</b> 9:45 Zumba 11:00 Hymn Sing 1:30 Java Music 2:30 Horse Racing 6:15 Music &amp; Moments</p>	<p><b>16</b> 9:30 Music Therapy 10:00 Circle of Friends 11:00 Chime Choir 1:30 Horticulture 1:30 Hand Spa 2:30 Lite Conversations</p>	<p><b>17</b> 9:30 Shaping Up 11:00 Church 1:30 Art Group 3:15 You &amp; Me</p>	<p><b>18</b> 9:30 Super Bingo 11:15 Fun &amp; Fitness 1:30 Crossword 2:30 Bowling</p>
<p><b>19</b> 9:30 RC Communion 9:30 Hand Massage 10:00 TV Church 11:00 Sing a Long 1:30 Trivia Time 2:30 Uno</p>	<p><b>20</b> 9:30 Shaping Up <b>9:30 Walmart Outing</b> 11:00 Chaplain Chat 1:30 Family Feud 2:30 Target Shots 6:15 Yahtzee (volunteer)</p>	<p><b>21</b> 9:30 Shaping Up <b>11:00 Topics with Pegan</b> <b>2:30 Birthday Sing-a-long</b> 6:30 Word Womp</p>	<p><b>22</b> 9:45 Zumba 11:00 Hymn Sing 1:30 Java Music 2:30 Horse Racing 6:15 Music &amp; Moments</p>	<p><b>23</b> 9:30 Music Therapy 10:00 Circle of Friends 11:00 Chime Choir 1:30 Horticulture 1:30 Hand Massage 2:30 Trivia Time</p>	<p><b>24</b> 9:30 Shaping Up 11:00 Church 1:30 Crosswords 2:30 Seven - Cards</p>	<p><b>25</b> 9:30 Super Bingo 11:15 Fun &amp; Fitness 1:30 Music &amp; Moments 1:30 One to ones 2:30 Bowling</p>
<p><b>26</b> 9:30 RC Communion 9:30 Express Yourself 10:00 TV Church 11:00 Table Soccer 1:30 Art Group</p>	<p><b>27</b> 9:30 Fun &amp; Fitness 11:00 Chaplain Chat 1:30 Unsolved Mysteries 2:30 Target Shots 6:15 Yahtzee (volunteer)</p>	<p><b>28</b> 9:30 Shaping Up <b>10:30 RC Mass</b> 3:00 Nail Care 6:30 Wordscape</p>	<p><b>29</b> 9:45 Zumba 11:00 Hymn Sing 1:30 Java Music 2:30 Horse Racing 6:15 Music &amp; Moments</p>	<p><b>30</b> 9:30 Music Therapy <b>10:00 Resident Council</b> 11:00 Chime Choir 1:30 Horticulture <b>2:30 Pursuit of Passions Food Preliminaries' - RET</b></p>	<p><b>31</b> 9:30 Shaping Up 11:00 Church <b>1:30 Afternoon Matinee</b> 3:15 You &amp; Me</p>	