



# MAY 2019



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CC=Community Centre  
MS=Main Street  
P=Patio  
T=Travelling  
1st=First Neighbourhood  
2nd=Second Neighbourhood  
3rd = Third Neighbourhood  
**Physiotherapy Program**  
**Outing**  
**Special Event/Entertainment**

**“The only person you are destined to become is the person you decide to be”  
-Ralph Waldo Emerson**

**1**  
2:30 Music with Tristan Alexander-CC  
6:00 Travelling Treat Cart-T

**2**  
**10:00 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
6:00 Visits with Rocky-T

**3**  
10:00 Roman Catholic Communion-T  
3:30 Balloon Badminton-3rd  
6:30 Music on Demand-3rd

**4**  
10:00 Baking Day!  
2:00 Friendly Visits-2nd  
3:30 Crafty Corner-3rd

**5**  
10:00 Sunday News-2nd  
2:00 Connect Community Church-CC  
3:30 Margarita Cart-T  
  


**6**  
10:00 BINGO-1st  
11:00 Neighbourhood Time-3rd  
**1:30 Exercise Class-CC**  
2:00 Patio Visits-3rd

**7**  
**1:30 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
2:00 Legion of Mary Visits-T  
3:30 Bird Watching at Myrle Park-T

**8**  
**10:00 Resident Council Elections-CC**  
2:00 Afternoon Movie-1st  
3:30 Chicken Soup Stories-3rd

**9**  
**10:00 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
6:00 Visits with Rocky-T

**10**  
10:00 Roman Catholic Communion-T  
10:00 Puzzles-1st  
**2:30 Music with Victor Morgado-CC**  
4:00 Finishing Lines-2nd

**11**  
10:00 Friendly Visits-1st  
11:00 Board Games-3rd  
2:00 Sundae Funday-CC

**12**  
**10:30-Mother's Day Tea with Music by Florin Clonta-CC**  
2:00 Debolette Family Hymn Sing-CC  
3:30 Flower Delivery-T  
  


**13**  
1:00 BINGO-2nd  
**1:30 Exercise Class-CC**  
3:30 Hand Massages-2nd  
6:00 Manicures-3rd

**14**  
1:00 Bible Study with Connie-CC  
**1:30 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
6:00 Colouring Club-3rd

**15**  
**12:00 Outing to Hutches on the Beach**  
3:30 Trivia-1st  
6:00 No Bake Treats-3rd

**16**  
**10:00 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
2:00 Gospel with Roger-CC  
6:00 Visits with Rocky-T

**17**  
10:00 Roman Catholic Communion-T  
**2:30 Music with Paula French-CC**

**18**  
10:00 Java with Alexandra-CC  
2:00 Trivia-2nd  
3:30 Word Games-1st  
3:30 Friendly Visits-3rd  
6:30 Card Games-3rd

**19**  
10:00 Sunday News-1st  
**2:00 Tai Chi Class with Channels-CC**  
3:30 Wii Sports-2nd  
3:30 Afternoon Movie-3rd  
6:30 Treat Cart-1st

**20**  
10:00 Victoria Day Word Games-3rd  
**1:30 Exercise Class-CC**  
2:00 Victoria Day BINGO-1st  
3:30 Victoria Day Sponge Cakes-2nd

**21**  
10:00 Resident Council-CC  
**1:30 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
2:00 Legion of Mary Visits-T  
3:30 Outdoor Strolls-1st

**22**  
10:00 Wii Games-1st  
**2:00 Bake Sale for the Dr. Bob Kemp Hospice-CC**  
3:30 May Photography-T

**23**  
**10:00 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
6:00 Visits with Rocky-T

**24**  
10:00 Roman Catholic Communion-T  
10:00 Morning Tea-P  
2:00 Tie-Dye Day!-P  
3:30 Friendly Visits-T

**25**  
10:00 Outdoor Strolls-T  
2:00 Afternoon Craft-CC  
3:30 Neighbourhood Time-3rd

**26**  
10:00 Good News Stories-1st  
1:30 Cheesecake Social-3rd  
3:00 Connect Community Church-CC

**27**  
10:00 Coffee & Tea Social-3rd  
**12:00 Backyard Picnic-P**  
**1:30 Exercise Class-CC**  
2:00 Neighbourhood Time-3rd  
3:30 Chicken Soup Stories-2nd  
6:00 BINGO-1st  
7:00 Family Council-CC

**28**  
1:00 Bible Study with Connie-CC  
**1:30 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
3:30 Origami Tulips-2nd  
6:00 Movie Night-3rd

**29**  
**1:30 Outing to Walmart**  
6:00 Friendly Visits-3rd

**30**  
**10:00 Exercise Class-CC**  
2:00 Pause Awhile-MS/2nd  
6:00 Visits with Rocky-T  
6:00 iPad Time-3rd

**31**  
1:00 Chicken Soup Stories-1st  
3:30 Afternoon Walk-T  
6:00 Darts-3rd

*Programs and program times are subject to change for the benefit of our residents*