

Calendar of Events

MAY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
H- Halton (Lower Level) B- Bellwood's (1st Neighborhood) T- Trinity (2nd Neighborhood) BTV- Bellwood's TV Lounge TTV- Trinity TV Lounge B/T- Traveling Program on Trinity & Bellwoods	PROGRAMS ARE SUBJECT TO CHANGE		1 9am: Morning Greetings (B/T) 9am: ROM Exercise (T) 10am: BINGO (H) 1pm: Sound Therapy (B/T) 2pm: Calendar Delivery (B/T)	2 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Yoga with Pedro (H) 1pm: Sound Therapy (B/T) 2pm: Games Afternoon (B/T)	3 9am: Morning Greetings (B/T) 9am: ROM Exercise (T) 10am: Instrumental Circle (H) 2pm: Casino Games (B) 6:30pm: Games Evening (B)	4 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T)
5 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	6 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H)	7 9am: Morning Greetings (B/T) 9am: ROM Exercise (T) 10am: Evangelical Service (H) 2pm: Java Music Club (B) 6:30pm: Mandala Art (H) Happy Birthday Maria Rodrigues	8 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Horticulture (H) 1pm: Sound Therapy (B/T) 2pm: BINGO (H)	9 9am: Morning Greetings (B/T) 9am: ROM Exercise (T) 10am: Yoga with Pedro (H) 1pm: Sound Therapy (B/T) 2pm: Creative Expressions (B/T) Happy Birthday Maria Branco	10 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Instrumental Circle (BTV) 10am-4pm: Community Outing 6:30pm: Mandala Art (H) Happy Birthday Wendy Tran	11 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T)
12 Mother's Day 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	13 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H)	14 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Kitchen Express (H) 2pm: Java Music Club (B) 6:30pm: Anglican Service (H)	15 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: BINGO (H) 1pm: Sound Therapy (B/T) 2pm: Resident Council (H)	16 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Yoga with Pedro (H) 1pm: Sound Therapy (B/T) 2pm: Arts & Crafts (H)	17 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: Instrumental Circle (TTV) 10am: Portuguese Church Service (H) 2pm: Out in the Garden 6:30pm: Mandala Art (TTV)	18 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T) Happy Birthday Elizabeth Lewis
19 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H) 2pm: Portuguese Choir (H) Happy Birthday Celestino A.	20 Victoria Day 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H) Happy Birthday David Duarte	21 8am: Breakfast Club (H) 9am: ROM exercises (T) 10am: Evangelical Service (H) 2pm: Java Music Club (B) 6:30pm: Spa Evening (H)	22 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Horticulture (H) 1pm: Sound Therapy (B/T) 2pm: BINGO (H)	23 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: Yoga with Pedro (H) 1pm: Sound Therapy (B/T) 2pm: Movie Hour (H)	24 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Instrumental Circle (H) 2pm: Donuts Travelling Carts (B/T) 6:30pm: Bowling (H)	25 9am: Morning Greetings (B/T) 10am: Bingo (H) 1:30pm: Sing a long with Dina (T) Happy Birthday Antonio Nunes
26 9am: Morning Greetings (B/T) 10am: Sunday Morning Prayer (H)	27 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: Rosary & Prayer (H) 1:30pm: Sensory with Pedro (H)	28 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Creative Baking (H) 2pm: Java Music Club (B) 6:30pm: Movie Evening (H)	29 9am: Morning Greetings (B/T) 9am: ROM exercises (T) 10am: BINGO (H) 1pm: Sound Therapy (B/T) 2pm: Birthday Celebration (H)	30 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Yoga with Pedro (H) 1pm: Sound Therapy (B/T) 2pm: Entertainment (H)	31 9am: Morning Greetings (B/T) 9am: ROM exercises (B) 10am: Instrumental Circle (T) 10am-4pm: Community Outing 6:30pm: Dominoes Evening (B)	

