


MAY 2019



Pollock Neighbourhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lounge: L Country Kitchen: CK Hobby Shop: HS Dining Room: DR Parlour: P Main Street: MS Chapel: C	Community Centre: CC Fitness Centre: FC Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do		1 9:30 Manicures (Lo) 10:30 Beat Busters (FC) 3:30 Total Body Fitness (FC) 2:00 Jock Flock Parrot Show 6:30 Active Games	2 9:45 Generations (CK) 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Village Advisory Team Meeting (C) 2:00 Devotions (Pa) 2:30 Java Music (CK) 6:30 Games Night (CC)	3 1:30 Green Thumbs (GH) 2:00 Matter of Balance (FC) 2:00 I: I's with Eric (Po) 6:15 Entertainment (Lo)	4 10:00 Massages (RIA) 10:00 Communion (C) 2:00 Entertainment with Jeff Poolton (Po) 6:30 Bingo on Downey
5 Cinco De Mayo 10:30 Hand Therapy (CC) 2:00 Church Service (C) 3:00 Cinco Party with Kevin Coates (MS) 6:30 Sunday Fun Day (CC)	6 10:00 Pump Up Pollock (Lo) 3:30 Total Body Fitness (FC) 2:00 Music & Memories (C) 6:30 Brain Teasers (C)	7 10:30 Tai Chi (FC) 2:00 Active Games (Lo) 3:00 Resident's Council (C) 3:30 Word Games (Lo) 6:30 Bingo (MS)	8 9:30 Manicures (Lo) 10:30 Beat Busters (FC) PM Pancake Social (CK) 3:30 Total Body Fitness (FC) 6:30 Active Games (MS)	9 River Ridge Jewelers 10am-noon in the CC 9:45 Generations (CK) 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Baking (CK) 6:30 Games Night (CC)	10 8:30 Men's Breakfast (CC) 11:00 Catholic Mass (C) 1:30 Green Thumbs (GH) 2:00 Matter of Balance (FC)	11 2:00 Entertainment with Derek Byrne (Do) 6:30 Bingo on Pollock
12 Mother's Day 10:30 Hand Therapy (CC) 11:30 Mother's Day Brunch (Sign-up Required) 2:00 Church Service (C) 6:30 Sunday Fun Day (CC)	13 2:00 Pump Up Pollock (Lo) 3:30 Total Body Fitness (FC) 6:30 Brain Teasers (C)	14 10:00 Horticulture (HS) 10:30 Tai Chi (FC) 3:00 Resident's Council (C) 6:30 Bingo (MS)	15 9:30 Manicures (Lo) 10:30 Beat Busters (FC) 2:00 Music & Memories (Lo) 3:30 Total Body Fitness (FC) 6:30 Active Games (MS)	16 9:45 Generations (CK) 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Devotions (Pa) 6:30 Games Night (CC)	17 8:30 Men's Breakfast (CC) 1:30 Green Thumbs (GH) 2:00 Happy Hour with "Retake" (MS)	18 2:00 Entertainment with "Piano Tuners" (Ma) 6:30 Bingo on Downey
19 10:30 Hand Therapy (CC) 2:00 Church Service (C) 6:30 Sunday Fun Day (CC)	20 Multicultural Week 10:00 Pump Up Pollock (Lo) 2:00 3:30 Total Body Fitness (FC) 6:30 Brain Teasers (C)	21 Multicultural Week AM Music & Memories (C) 10:00 Rosary (C) 10:30 Tai Chi (FC) 2:00 National Flags Trivia (C) 6:30 Bingo (MS)	22 Multicultural Week 9:30 Manicures (Lo) 10:30 Beat Busters (FC) 2:00 Passport Craft (MS) 3:30 Total Body Fitness (FC) 7:00 Highland Dancers (RIA)	23 Multicultural Week 9:45 Generations (CK) 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Around the World 6:30 Games Night (CC)	24 Multicultural Week 1:30 Green Thumbs (GH) 2:00 Multicultural Food Tasting (MS) 2:00 Matter of Balance (FC)	25 2:00 Entertainment with Manvir Rai (Wr) 6:30 Bingo on Pollock
26 10:30 Hand Therapy (CC) 2:00 Church Service (C) 6:30 Sunday Fun Day (CC)	27 12:00 Birthday Lunch (CC) 1:30 Pump Up Pollock (Lo) 3:30 Total Body Fitness (FC) 6:30 Brain Teasers (C)	28 10:00 Rosary (C) 10:00 Horticulture (HS) 10:30 Tai Chi (FC) 2:00 Bingo (MS) 5:00 Diner's Club (MS)	29 9:30 Manicures (Lo) 10:30 Beat Busters (FC) 11:30 Word Games (Lo) 2:00 Music & Memories (C) 3:30 Total Body Fitness (FC) 6:30 Active Games (MS)	30 9:45 Generations (CK) 11:00 Morning Fitness (FC) 1:30 Zumba (FC) 2:00 Devotions (Pa) 2:30 Java Music (CK) 6:30 Games Night (CC)	31 1-3 Curiosity Fair (MS) 1:30 Green Thumbs (GH) PM Calendars 2:00 Matter of Balance (FC) 6:15 Movie Night (C)	