



November 2022

Main Level Neighbourhood



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|--|--|
| | | 1 Dentist Visits 9:30 Greeting the Day 9:30 Chaplains Visits 10:15 Board Games 1:00 Friendly Visits 1:45 Physio Exercises 2:30 Poppy Painting | 2 10:00 Music Therapy 1:1 10:45 Fun and Fitness 1:00 Perks and Paper Delivery 1:00 Friendly Visits 2:30 Learn Something New 3:30 Walk + Talk 6:30 Uno Card Game | 3 10:30 Physio Exercises 1:00 Family Facetime 2:15 WLU Music Therapy 2:30 November Wheel of Fortune 6:00 Nail Care | 4 Donut Friday! 9:30 Greeting the Day 10:30 Donut Social and Coffee 1:00 Friendly Visits 2:30 Roll-a- Scarecrow Picture Dice Game | 5 9:30 Greeting the Day 10:30 Frisbee Toss 1:00 Family Facetime 2:30 Java Music |
| 6 DAYLIGHT SAVINGS 1940's WEEK 9:30 Greeting the Day 10:30 Church Service (Online) 1:00 Friendly Visits 2:30 1940's Picture Collage Turn Back Your Clocks | 7 1940's WEEK 9:30 Greeting the Day 10:00 1940s Meal Prep 12:00 1940s Lunch 2:45 Bingo Afternoon | 8 1940's WEEK 9:30 Greeting the Day 10:45 Chaplains Chats 1:00 Friendly Visits 1:45 Physio Exercises 2:30 1940's Baking | 9 1940's WEEK 10:00 Music Therapy 1:1 9:30 Greeting the Day 10:15 Roman Catholic Church Service (Dining Room) 11:00 Physio Exercises 1:00 Friendly Visits 2:30 1940's Dance with Kevin Coates 6:30 Oldies Radio Comedy Hour | 10 1940's WEEK 10:30 Physio Exercises 1:00 Family Facetime 2:15 WLU Music Therapy 2:30 Heroes & Fashions of the 1940's Discussion 6:00 Nail Care | 11 Remembrance Day 9:30 Greeting the Day 10:30 Remembrance Day Memorial Service 1:00 Friendly Visits 1:30 Stepping Out 2:30 Bowling | 12 1940's WEEK Happy Hour Day 9:30 Greeting the Day 10:30 1940's Trivia 1:00 Family Facetime 2:30 Happy Hour |
| 13 9:30 Greeting the Day 10:30 Church Service (Online) 1:00 Friendly Visits 2:30 Active Games | 14 Pickle Day 9:30 Greeting the Day 10:00 Pickle Ornament Craft 1:00 Friendly Visits 2:30 Bingo Afternoon | 15 Recycling Day 9:30 Greeting the Day 9:30 Chaplains Visits 10:15 Bananagrams 1:00 Friendly Visits 1:45 Physio Exercises 2:30 Recycled Painting | 16 10:00 Music Therapy 1:1 10:45 Fun and Fitness 1:00 Perks and Paper Delivery 1:00 Friendly Visits 2:30 Brain Crunches 6:30 Music with Tom | 17 10:30 Physio Exercises 1:00 Family Facetime 2:15 WLU Music Therapy 2:30 Wine and Cheese Social 6:00 Nail Care | 18 9:30 Greeting the Day 10:30 Finish the Phrase 1:00 Friendly Visits 2:30 Hockey | 19 9:30 Greeting the Day 10:30 Bouncing Balloons 1:00 Family Facetime 2:30 Java Music |
| 20 9:30 Greeting the Day 10:30 Church Service (Online) 1:00 Friendly Visits 2:30 Fall Penny Ante | 21 9:30 Greeting the Day 10:00 Aroma Therapy Room 1:00 Friendly Visits 2:30 Bingo Afternoon | 22 9:30 Greeting the Day 10:15 Devotions 1:00 Friendly Visits 1:45 Physio Exercises 2:30 Sing-a-long on IN2L | 23 9:30 Greeting the Day 10:00 Music Therapy 1:1 10:15 Christmas Craft 1:00 Physio Exercises 1:00 Friendly Visits 2:30 Beanbag Shuffleboard 6:30 Hot Cocoa Social | 24 10:30 Physio Exercises 1:00 Family Facetime 2:00 Baking Cookies 2:15 WLU Music Therapy 3:15 Cookie Cart 6:00 Nail Care | 25 9:30 Greeting the Day 10:30 Dominos 1:00 Friendly Visits 1:30 Stepping Out 2:30 Ladder Ball | 26 9:30 Greeting the Day 10:30 Tai Chi Exercises 1:00 Family Facetime 2:00 Birthday Social with Conn Smyth |
| 27 Pie in the Face Day 9:30 Greeting the Day 10:30 Church Service (Online) 1:00 Friendly Visits 2:30 Pie Social | 28 9:30 Greeting the Day 10:00 Christmas Decorating 1:00 Friendly Visits 2:00 Bingo Afternoon 3:00 Residents Council | 29 9:30 Greeting the Day 10:15 Devotions 1:00 Friendly Visits 1:45 Physio Exercises 2:30 Christmas Decorating | 30 10:00 Music Therapy 1:1 10:45 Fun and Fitness 10:15 Roman Catholic Church Service (Dining Room) 1:00 Perks and Paper Delivery 1:00 Friendly Visits 2:30 Heartbeats Club 6:30 Christmas Decorating | | | |