



# March 2023

## Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:30 Coffee & Baileys 3rd FL 2:30 Tech Help in your suite 3:00 Get Active JPL <b>3:00 Happy Hour Special: Honoring Ron Schlegel 80th Birthday in TS</b> *wear your best polo 3:30 Jeopardy & Wine JPL 7:30 Classical Music on Wednesday: "The World of Opera part 2" TH	<b>2</b> 10:30 Bible Study C 10:45 Chair Yoga FC 11:00 VON Exercise JPL <b>2-3 Therapeutic Paws HS</b> 2:30 Women's History Month Docuseries: "This Changes Everything" 1h 26 min TH 7:00 No Stress Bridge JPL 7:30 Bingo HS	<b>3 World Wild Life Day</b> 10:30 Morning Stretches JPL 11:20 Smoothie Station & Chats: Tropical Fruits 2nd FL 2:15 Documentary: "Wild Life in Krugers Pafuri" JPL 2:30 High Tea 2nd FL 2:30 Hand Therapy HS 4:00 Happy Hour 3rd FL 4:25 Happy Hour 4th FL 7:15 Popcorn TH  2:30 & 7:30 Movie: "Arsenic & Old Lace" TH	<b>4</b> 10:30 Morning Stretches JPL 11:00 Saturday Wordle JPL 2:00 Knitting Club 4th FL 2:30 Series: "The Crown" TH <b>2:30 Book Club Meeting 2nd FL</b> 3:00 Happy Hour TS 7:30 Comedy Hour TH
<b>5</b> 10:30 Coffee & Crosswords MF Café 2:00 Euchre JPL 3:00 Chapel Service C 4:00 Sunday Series: "Waiting for God" TH	<b>6 Purim</b> 10:30 Catholic Communion C 1:45 Pedal Tours JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 3:35 Monday Wordle JPL 6:15 Happy Hour 3rd FL  2:30 & 7:30 Movie: "The Russians are Coming" TH	<b>7 Cameron Cards 10:30-2 TS</b> 10:30 Meeting of the Minds Discussion Group TH 11:00 VON Exercise JPL 1:30 Sing Along Series TH <b>2-3 Therapeutic Paws HS</b> 2:30 Pedal Tours TH 2:30 Hands-on Art: The Basics with Anne JPL 3:00 Tai Chi FC 7:15 Line Dancing JPL 7:30 Concert Series: "Celtic Woman Emerald Music Gems" TH	<b>8 International Women's Day KMW "End of Clearance Sale" 1-4 in TS</b> 10:30 Coffee & Baileys 3rd FL 2:30 Tech Help in your suite 3:00 Get Active JPL 3:30 Jeopardy & Wine JPL 7:30 Music on Wednesday TH  <b>International Women's Day Display on the 2nd floor</b>	<b>9</b> 10:30 Bible Study C 10:45 Chair Yoga FC 11:00 VON Exercise JPL <b>2:30 Entertainment: MacTalla Road TH</b> 7:00 No Stress Bridge JPL 7:30 Bingo HS	<b>10</b> 10:30 Morning Stretches JPL 11:20 Smoothie Station & Chats: Banana Cucumber Mango Smoothie 2nd FL 2:15 Rick Steves': Iran JPL 2:30 High Tea 2nd FL 2:30 Hand Therapy HS 4:00 Happy Hour 3rd FL 4:25 Happy Hour 4th FL 7:15 Popcorn TH  2:30 & 7:30 Movie: "Billy Elliot" TH	<b>11</b> 2:00 Knitting Club 4th FL 2:30 Series: "The Crown" TH 3:00 Happy Hour TS 7:30 Comedy Hour TH  <b>9:00 a.m. Gentleman Dinner Delivery</b>
<b>Recreation Contact Information:</b>  <b>Sara — Recreation Team Member</b> Arbourtrails.recreation@schlegelvillages.com (226)-251- 3065 Extension 836  <b>Katie Lammert — Director of Recreation and Volunteer Services</b> katie.lammert@schlegelvillages.com (226)-251- 3065 Extension 807		<b>Where Is The Program?</b>  <b>C</b> —Chapel <b>MF</b> —Main Floor <b>HS</b> —Hobby Shop <b>TH</b> —Town Hall <b>L</b> —Library <b>PC</b> —Patio Courtyard <b>SC</b> —Social Club <b>BP</b> —Back Pond <b>TS</b> —Town Square <b>FC</b> —Fitness Centre <b>FE</b> —Front Entrance <b>JPL</b> — Jack Purcell Lounge		<b>NOTE:</b> Programs, their times, and locations are subject to change		



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>12 95th Academy Awards Daylight Savings Time Begins</b>            10:30 Coffee &amp; Crosswords MF Café            2:00 Euchre JPL            3:00 Chapel Service C            4:00 Sunday Series: "Waiting for God" TH</p>	<p><b>13 10-3 Exquisite Fashion Boutique HS</b>            10:30 Catholic Communion C            1:45 Pedal Tours JPL            2:00 High Tea 2nd FL            3:00 Better Balance JPL            3:35 Monday Wordle JPL            6:15 Happy Hour 3rd FL</p> <p>2:30 &amp; 7:30 Movie: "Witness" TH</p>	<p><b>14</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            2:30 Pedal Tours TH            2:30 Hands-on Art: The Basics with Anne JPL            7:15 Line Dancing JPL            7:30 Concert Series: "The Dubliners Live From the Gaiety" TH</p>	<p><b>15</b>            10:30 Coffee &amp; Baileys 3rd FL            2:00 Tech Help in your suite            3:00 Get Active JPL            7:30 Classical Music on Wednesday: "Telemann and Chopin" TH</p> <p><b>Jeopardy Moved to Saturday</b></p>	<p><b>16</b>            10:30 Bible Study C            10:45 Chair Yoga FC            11:00 VON Exercise JPL            2:30 Women's History Month Docuseries: "Dolly Parton—Here I Am" 1h 30min TH            7:00 No Stress Bridge JPL            7:30 Bingo HS</p>	<p><b>17 St. Patrick's Day</b>            2:15 Rick Steves': Ireland JPL            2:30 High Tea 2nd FL            2:30 Hand Therapy HS            4:00 Happy Hour 3rd FL            4:25 Happy Hour 4th FL  <b>6:30—8:30 St. Patrick's Day Pub Crawl TS</b></p> <p>2:30 Movie: "Airplane" TH</p>	<p><b>18</b>            10:30 Morning Stretches JPL            11:00 Saturday Wordle JPL            2:00 Knitting Club 4th FL            2:30 Series: "The Crown" TH            2:30 Jeopardy &amp; Wine JPL            3:00 Happy Birthday Hour TS            7:30 Comedy Hour TH</p>
<p><b>19</b>            10:30 Coffee &amp; Crosswords MF Café            2:00 Euchre JPL            3:00 Chapel Service C            4:00 Sunday Series: "Waiting for God" TH</p>	<p><b>20 First Day of Spring</b>            10:30 Catholic Communion C            1:45 Pedal Tours JPL            2:00 High Tea 2nd FL            3:00 Better Balance JPL            3:35 Monday Wordle JPL            6:15 Happy Hour 3rd FL</p> <p>2:30 &amp; 7:30 Movie: "Evita" TH</p>	<p><b>21 Comfort Shoes 11-3 TS</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            2:30 Pedal Tours TH            2:30 Hands-on Art: The Basics with Anne JPL            3:00 Tai Chi FC            7:15 Line Dancing JPL            7:30 Concert Series: "Celine Dion Live in Concert" TH</p>	<p><b>22 Ramadan</b>            10:30 Coffee &amp; Baileys 3rd FL            2:30 Tech Help in your suite            3:00 Get Active JPL            3:30 Jeopardy &amp; Wine JPL            7:30 Music on Wednesday TH</p>	<p><b>23</b>            10:30 Bible Study C            10:45 Chair Yoga FC            11:00 VON Exercise JPL            2:30 Conversation Café JPL  <b>2:30 Entertainment: Sharlene Wallace on the Harp TH</b>            3:30 National Chip and Dip Day Social TS            7:00 No Stress Bridge JPL            7:30 Bingo HS</p>	<p><b>24</b>            10:30 Morning Stretches JPL            11:20 Smoothie Station &amp; Chats: Peach Smoothie 2nd FL            2:15 Rick Steves': Bulgaria &amp; Romania JPL            2:30 High Tea 2nd FL            2:30 Hand Therapy HS  <b>Happy Hour Birthday Special: 4:00 3rd FL 4:25 4th FL</b></p> <p>2:30 &amp; 7:30 Movie: "Witness for the Prosecution" TH</p>	<p><b>25</b>            2:00 Knitting Club 4th FL            2:30 Series: "The English Game" TH            3:00 Happy Hour TS            7:30 Comedy Hour TH</p> <p><b>9:00 a.m. Gentleman Dinner Delivery</b></p>
<p><b>26</b>            10:30 Coffee &amp; Crosswords MF Café            2:00 Euchre JPL  <b>3:00 Chapel Service Featuring Salvation Sings Choir C</b>            4:00 Sunday Series: "Waiting for God" TH</p>	<p><b>27</b>            10:30 Catholic Communion C            1:45 Pedal Tours JPL            2:00 High Tea 2nd FL            3:00 Better Balance JPL            3:35 Monday Wordle JPL            6:15 Happy Hour 3rd FL</p> <p>2:30 &amp; 7:30 Movie: "National Velvet" TH</p>	<p><b>28</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            2:30 Hands-on Art: The Basics with Anne JPL            2:30 Pedal Tours TH            7:15 Line Dancing JPL            7:30 Concert Series: "Judy Collins Live at Shrewsbury Folk Festival" TH</p>	<p><b>29</b>            10:30 Coffee &amp; Baileys 3rd FL            2:30 Tech Help in your suite  <b>2:30 Residents' Council Meeting: With Hospice Wellington TH</b>            3:00 Get Active JPL            3:30 Jeopardy &amp; Wine JPL            7:30 Classical Music on Wednesday: "Salieri, Danzi and Pleyel" TH</p>	<p><b>30</b>            10:45 Chair Yoga FC            11:00 VON Exercise JPL  <b>2:30 Entertainment: Michael Kelly TH</b>            7:00 No Stress Bridge JPL            7:30 Bingo HS</p>	<p><b>31</b>            10:30 Morning Stretches JPL            11:20 Smoothie Station &amp; Chats: Green Apple Smoothie 2nd FL            2:15 Rick Steves': Ethiopia JPL            2:30 High Tea 2nd FL            4:00 Happy Hour 3rd FL            4:25 Happy Hour 4th FL            7:15 Popcorn TH</p> <p>2:30 &amp; 7:30 Movie: "Fried Green Tomatoes" TH</p>	