

March 2023

Emma's Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Contact Information: Jaclyn — Recreation Team Member Arbourtrails.recreation@schlegelvillages.com (226)-251- 3065 Extension 811 Katie Lammert — Director of Recreation and Volunteer Services katie.lammert@schlegelvillages.com			1 Happy Birthday Mary! 8:30 Breakfast 10:15 You and Me 11:15 Soothing Sensations 12:00 Lunch 2:30 Tea and Travels 3:30 Stepping Out 5:00 Dinner	2 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 2:00-3:00 Therapeutic Paws Visit in the Hobby Shop 2:30 For the Soul 3:30 Brains and Banter 5:00 Dinner	3 World Wildlife Day 8:30 Breakfast 11:00 Brains and Banter 11:30 For the Fun of Fit 12:00 Lunch 3:00 Happy Hour 5:00 Dinner 6:30 Soothing Sensations	4 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: "Safari of a Lifetime" 3:00 Express Yourself 5:00 Dinner
5 8:30 Breakfast 11:00 Vinyl Café 12:00 Lunch 2:30 Stepping Out 3:00 Chapel Service in Chapel 4:00 Pamper Me 5:00 Dinner	6 Purim 8:30 Breakfast 11:00 Brains and Banter 12:00 Lunch 3:00 DrumFit Exercise Group 5:00 Dinner 6:30 Musical Moments	7 Happy Birthday Marilyn! 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:00-3:00 Therapeutic Paws Visit in the Hobby Shop 3:00 Songbirds Music Therapy 5:00 Dinner 6:30 Neighbourhood Time	8 International Women's Day 8:30 Breakfast 10:15 You and Me 11:00 Soothing Sensations 12:00 Lunch 2:30 Tea and Travels 3:30 Stepping Out 5:00 Dinner	9 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 2:30 Entertainment: MacTalla Road in Town Hall 4:00 Brains and Banter 5:00 Dinner	10 Celebrating Ron Schlegel's 80th Birthday! 8:30 Breakfast 11:00 Brains and Banter 11:30 For the Fun of Fit 12:00 Lunch 3:00 Happy Hour 5:00 Dinner 6:30 Soothing Sensations	11 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Concert Matinee: "Leap Year" 3:00 Express Yourself 5:00 Dinner
12 Daylight Savings Begins 8:30 Breakfast 11:00 Vinyl Café 12:00 Lunch 2:30 Stepping Out 3:00 Chapel Service in Chapel 4:00 Pamper Me 5:00 Dinner	13 Happy Birthday Moyra! 8:30 Breakfast 11:00 Brains and Banter 12:00 Lunch 3:00 DrumFit Exercise Group 5:00 Dinner 6:30 Musical Moments	14 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:00 Express Yourself 3:00 Circle of Friends 5:00 Dinner 6:30 Neighbourhood Time	15 8:30 Breakfast 10:15 You and Me 11:00 Soothing Sensations 12:00 Lunch 1:30 Tea and Travels 2:15 Stepping Out 3:00 Concert "Daniel O'Donnell, Home in Ireland" 5:00 Dinner	16 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 2:30 For the Soul 4:00 Brains and Banter 5:00 Dinner	17 St. Patrick's Day 8:30 Breakfast 11:30 For the Fun of Fit 12:00 Lunch 3:00 St. Patrick's Day Happy Hour 5:00 Dinner 6:30-8:30 St. Patrick's Day Pub Crawl in Town Square	18 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Concert Matinee "Riverdance Live" 3:00 Express Yourself 5:00 Dinner
19 8:30 Breakfast 11:00 Vinyl Cafe 12:00 Lunch 2:30 Stepping Out 3:00 Chapel Service in the Chapel 4:00 Pamper Me 5:00 Dinner	20 First Day of Spring 8:30 Breakfast 11:00 Brains and Banter 12:00 Lunch 3:00 DrumFit Exercise Group 5:00 Dinner 6:30 Musical Moments	21 World Poetry Day 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:00 Express Yourself 3:00 Songbirds Music Therapy 5:00 Dinner 6:30 Neighbourhood Time	22 Ramadan 8:30 Breakfast 10:15 You and Me 11:00 Soothing Sensations 12:00 Lunch 2:30 Spring Social 5:00 Dinner	23 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 2:30 Entertainment: Sharlene Wallace in Town Hall 4:00 Brains and Banter 5:00 Dinner	24 8:30 Breakfast 11:00 Brains and Banter 11:30 For the Fun of Fit 12:00 Lunch 3:00 Happy Hour 5:00 Dinner 6:30 Soothing Sensations	25 8:30 Breakfast 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee "Bringing Up Baby" 3:00 Express Yourself 5:00 Dinner
26 8:30 Breakfast 11:00 Vinyl Café 12:00 Lunch 2:30 Emma's Birthday Party 3:00 Chapel Service in the Chapel 5:00 Dinner	27 8:30 Breakfast 11:00 Brains and Banter 12:00 Lunch 3:00 DrumFit Exercise Group 5:00 Dinner 6:30 Musical Moments	28 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:00 Express Yourself 3:00 Circle of Friends 5:00 Dinner 6:30 Neighbourhood Time	29 8:30 Breakfast 10:15 You and Me 11:00 Soothing Sensations 12:00 Lunch 2:30 Tea and Travels 3:30 Stepping Out 5:00 Dinner	30 Happy Birthday Kay! 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 2:30 For the Soul 4:00 Brains and Banter 5:00 Dinner	31 8:30 Breakfast 11:00 Name that Sound 11:30 For the Fun of Fit 12:00 Lunch 3:00 Happy Hour 5:00 Dinner 6:30 Soothing Sensations	