



March 2023

Williamsburg / Becker / Ailsa Craig



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HS—Hobby Shop L—Library SC—Social Club TH—Town Hall C—Café MS—Main Street DR—Dining Room P—Patio RR—Resident Rooms CC—Council Chambers	<div>Recreation Phone: 519 -904 -0650 ex. 8206</div> <div>Recreation Email: ug.rhrecteam@schlegelvillages.com</div>		1. 9:45 Tai Chi with Emily—TH 10:00 Billiards—SC 11:00 What's in the Box?—TH 2:00 Charades—HS 2:30 Outing to COBS Bread (sign up) 2:30 Planning for My Future Session #3—TH 3:00 Men's Lounge Social—SC 3:00 Stitchers Corner—L 4:00 Active Game: Bowling—TH 7:30 DisneyNature: Polar Bear—TH	2. 9:45 Bus to Real Canadian Superstore (sign up) 9:45 Virtual Fit: Upper body—TH 10:30 UG Choir Rehearsal—TH 2:00 Bridge Club—TH 3:00 Let's Discuss it—L 3:30 Hand Therapy—HS 4:00 Pub Social—SC 7:15 Popcorn Pickup—TH 7:30 Movie Night: Hector & the Search for Happiness—TH	3. 9:45 Band Fit with Emily—TH 10:30 Art Exploration: Hand Printed T-Shirts—HS 11:00 Catholic Mass with Fr. Jamroz (confession before and after) - TH 2:30 Virtual Fit: Ultimate Full Body—TH 2:30 RH Waterloo Chamber Players—DR 2:30 Euchre—SC 6:30 Billiards—SC	4. 9:45 Virtual Fit: Leg Endurance—TH 10:30 Pictionary—HS 3:00 Saturday Tea Social—SC 4:00 Saturday Series: Somebody Feed Phil: Singapore—TH
5. 10:45 Catholic Communion and Prayers—TH 2:30 Village Bingo—TH 3:45 Virtual Fit: Balance—TH 4:00 Board Game Café—SC	6. 9:45 Aerobics with Emily—TH 11:00 Scattergories—TH 2:00 Euchre— SC 2:30 Virtual Fit: Seated Yoga—TH 3:00 Learn About: <i>Holi Festival</i> —L 4:15 Drum Fit—TH 6:30 Billiards—SC 7:15 Solo/Wizard Card Games—SC	7. 9:45 Virtual Fit: Fully Body Seated—TH 10:15 Kitchen Creations: Shamrock Spice Cookies—HS 1:45 Outing to Devitt House Gift Shop (sign up) 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering - TH 3:30-5:30 Drop-in Hobby Shop Nail Care 3:45 GATHER: Carepartners—TH 4:30-6:30 Tech Help with Josh (sign up) 7:30 Concert: Riverdance, <i>Lord of the Dance</i> —TH	8. Holi Festival and International Women's Day <i>Hearing clinic here</i> 9:45 Tai Chi with Emily—TH 10:00 Billiards—SC 11:00 Guess the Phrase—TH 2:00 Charades—HS 2:30 Balance with Emily—TH 2:30 Book Club—L 3:00 Holi Festival of Colour Celebrations on Main Street! 7:30 Documentary: Feminists, What Were They Thinking?—TH	9. 9:45 Bus to Laurelwood Plaza (sign up) 9:45 Virtual Fit: Upper body—TH 10:30 UG Choir Rehearsal—TH 2:00 Bridge Club—TH 3:00 Fireside Philosophy—L 3:30 Hand Therapy—HS 4:00 Pub Social—SC 7:30 Movie Night: Wild Mountain Thyme —TH	10. Celebrating Ron Schlegel's 80th Birthday! 9:45 Virtual Fit: Leg Endurance—TH 10:30 Art Exploration: Colour Drop Painting—HS 2:30 Virtual Fit: Ultimate Full Body—TH 2:30 Celebrating Ron Schlegel's Birthday on Main Street with Live Music from Robert MacKinnon—M 2:30 Euchre—SC 6:30 Billiards—SC	11. 9:45 Band Fit with Emily—TH 10:30 Pictionary—HS 3:00 Saturday Tea Social—SC 4:00 Saturday Series: Somebody Feed Phil: The Mississippi Delta—TH
12. <i>Daylight Savings Time Begins!</i> 10:00 Virtual Service: Presbyterian —TH 11:15 Hymns—TH 2:30 Village Bingo—TH 3:45 Virtual Fit: Balance—TH 4:00 Board Game Café—SC	13. <i>Week Long: Find the 4 Leaf Clover—MS</i> 9:45 Aerobics with Emily—TH 11:00 Scattergories—TH 2:00 Euchre— SC 2:30 Virtual Fit: Seated Yoga—TH 2:30 Group Aquafit Outing (signup) 3:00 This Week in History—L 4:15 Drum Fit—TH 6:30 Billiards—SC 7:15 Solo/Wizard Card Games—SC	14. 9:45 Virtual Fit: Fully Body Seated—TH 10:15 Kitchen Creations: St. Patrick's Rice Crispy Treats —HS 10:30 Food Committee—CC 2:00 Bus to Thrift on Kent (sign up) 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering - TH 3:30-5:30 Drop-in Hobby Shop Nail Care 3:45 Open Communion—TH 4:00 Chess with Graeme—SC 7:15 Live Music with Sheryl Walsh—TH	15. 9:45 Tai Chi with Emily—TH 10:00 Billiards—SC 11:00 What's in the Box?—TH 2:00 Charades—HS 2:30 Planning for My Future Session #4—TH 3:00 Men's Lounge Social—SC 3:00 Stitchers Corner—L 3:30 Council Rep Mtg—CC 4:00 Active Game: Balloon Badminton —TH 7:30 DisneyNature: Wings of Life—TH	16. 9:45 Bus to T&T Asian grocery (sign up) 9:45 Virtual Fit: Upper body—TH 10:30 UG Choir Rehearsal—TH 11:15 GATHER: Grief—L 1:30 Communion & Rosary (screen half of TH) 2:00 Bridge Club (other half of TH) 3:00 Let's Discuss it—L 3:30 Hand Therapy—HS 4:00 Pub Social—SC 7:15 Popcorn Pickup—TH 7:30 Movie Night: Once—TH	17. St. Patrick's Day <i>Wear Green!</i> 9:45 Virtual Fit: Cardio—TH 10:30 Art Exploration: Butterfly Button Frames—HS 2:30 Virtual Fit: Ultimate Full Body—TH 2:30 St. Patrick's Day Party with Live Music from Robbie Fredericks! 2:30 Euchre—SC 6:30 Billiards—SC	18. 9:45 Virtual Fit: Leg Endurance—TH 10:30 Pictionary—HS 3:00 Saturday Tea Social—SC 4:00 Saturday Series: Somebody Feed Phil: Hawaii—TH
19. 10:00 Virtual Service: Mennonite—(screen half of TH) 10:30 Catholic Communion & Prayers (other half of TH) 11:15 Hymns—TH 2:30 Village Bingo—TH 3:45 Virtual Fit: Balance—TH 4:00 Board Game Café—SC	20. First day of Spring and Persian New Year (Nowruz) 9:45 Virtual Fit: Upper Body—TH 11:00 Scattergories—TH 2:00 Euchre— SC 2:30 Virtual Fit: Seated Yoga—TH 3:00 Learn About: <i>Persian New Year</i> —L 4:15 Drum Fit—TH 6:30 Billiards—SC 7:15 Solo/Wizard Card Games—SC	21. World Down Syndrome Day <i>Rock Your Crazy Socks</i> 9:45 Virtual Fit: Fully Body Seated—TH 10:15 Kitchen Creations: Flaky Butter Horn Rolls—HS 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering - TH 3:30-5:30 Drop-in Hobby Shop Nail Care 3:45 GATHER: Carepartners—TH 4:30-6:30 Tech Help with Josh (sign up) 7:30 Concert: Classically Irish—TH	22. Ramadan Begins <i>Hearing clinic here</i> 9:45 Tai Chi with Emily—TH 10:00 Billiards—SC 11:00 Guess the Phrase—TH 2:00 Charades—HS 2:00 Bus to St. Jacob's Outlets & Walmart (sign up) 2:30 Virtual Fit: Ultimate Full Body—TH 3:00 Men's Lounge Social—SC 3:00 Stitchers Corner—L 4:00 Active Game: Bocce Ball —TH 7:30 Documentary: What the Health—TH	23. 9:45 Bus to Goodness Me! Natural Food Market (sign up) 9:45 Virtual Fit: Upper body—TH 10:30 UG Choir Rehearsal—TH 2:00 Bridge Club—TH 3:00 Fireside Philosophy—L 3:30 Hand Therapy—HS 4:00 Welcome Social with music by Brent Meidinger—SC 7:30 Movie Night: Maudie—TH	24. 9:45 Band Fit with Emily—TH 10:30 Art Exploration: Decorative Mirrors—HS 2:00 Neighbourhood Trivia—HS 2:30 Balance with Emily—TH 2:30 Euchre—SC 3:15 Travelogue: Ireland—TH 6:30 Billiards—SC	25. 9:45 Virtual Fit: Leg Endurance—TH 10:30 Pictionary—HS 3:00 Saturday Tea Social—SC 4:00 Saturday Series: Somebody Feed Phil: Oaxaca—TH
26. 10:00 Virtual Service: Anglican —TH 11:15 Hymns—TH 2:30 Village Bingo—TH 3:45 Virtual Fit: Balance—TH 4:00 Board Game Café—SC	27. 9:45 Aerobics with Emily—TH 11:00 Scattergories—TH 2:00 Euchre— SC 2:30 Virtual Fit: Seated Yoga—TH 2:45 Card-Making Classes (sign up)—HS 4:15 Drum Fit—TH 6:30 Billiards—SC 7:15 Solo/Wizard Card Games—SC	28. 9:45 Virtual Fit: Fully Body Seated—TH 10:15 Kitchen Creations: Honey Muffins—HS 1:30 Outing to Ken Seiling Waterloo Regional Museum (sign up) 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering—TH 3:30-5:30 Drop-in Hobby Shop Nail Care 4:00 Chess with Graeme—SC 7:30 Concert: Andre Rieu, <i>Live in Brazil</i> —TH	29. <i>Hearing clinic here</i> 9:45 Virtual Fit: Balance—TH 10:00 Billiards—SC 10:45 Day Trip to Paris: Shopping at Mary Maxim's , lunch at Scott's Family Restaurant 11:00 What's in the Box?—TH 2:30 Planning for My Future Session #5—TH 4:00 Active Game: Ladder Ball —TH 7:30 National Geographic: Missions to the Moon—TH	30. 9:45 Bus to St. Jacob's Market (sign up) 9:45 Virtual Fit: Upper body—TH 10:30 UG Choir Rehearsal—TH 2:00 Bridge Club—TH 2:30 Birthday Bash with A Record Day—DR/C 3:00 Let's Discuss it—L 3:30 Hand Therapy—HS 4:00 Pub Social—SC 7:15 Popcorn Pickup—TH 7:30 Movie Night: The Best Exotic Marigold Hotel—TH	31. 9:45 Band Fit with Emily—TH 10:30 Art Exploration: <i>Painting with Dolores</i> —HS 11:00 Catholic Mass with Father Jamroz (confessions available before/after) - TH 2:00 Neighbourhood Trivia—HS 2:30 Virtual Fit: Ultimate Full Body—TH 2:30 Euchre—SC 6:30 Billiards—SC	March is Nutrition Month