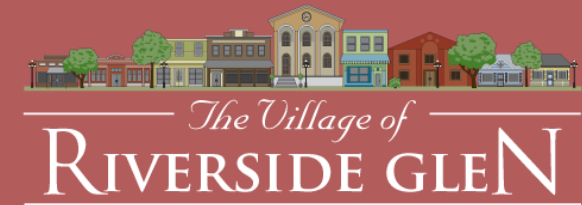




APRIL 2023

Mapleton Neighbourhood



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Recreation Coordinators:
Team Support

Neighbourhood Coordinator:
Brandon Wilton

1

10:00 Neighbourhood Time

2 Palm Sunday

11:00 Church Service on Erin
2:30 Neighbourhood Time

3

10:00 Colouring
10:30 Move N Groove
11:00 Decorating for Easter
2:00 Tea Party
3:00 Cooking

4

1:30 Painting
2:30 Seated Exercise
6:30 Relaxation & Meditation

5 Passover

9:30 News & Views
11:00 Songbirds Choir
2:00 Palm Schalm Live (café)
2:00 Balance Buddies (Gym)
3:00 Music on Weather

6

10:00 Bingo
10:30 Move N Groove
11:00 Friendly Visits
1:00 Hymn Sing
2:00 Word Games
3:00 Manicures

7 Good Friday

10:00 Hand Massage
2:15 Good Friday Church Service (Erin)

8

10:00 Easter Crafts
2:00 Balloon Volleyball

9 Easter Sunday

10:00 Easter Egg Hunt
11:00 Church Service on Erin
3:00 Short Stories

10 Easter Monday

10:00 Perk Visits
10:30 Move N Groove
2:30 Balloon Badminton

**11 National Pet Day
World Parkinson's Day**

11:00 Humour Hour
2:30 Residents' Council (library)
3:00 Pet Visits

12

10:00 News & Views
2:00 Balance Buddies (Gym)
3:00 Brains and Banter
6:00 Movie Night

13

10:00 Bingo
10:30 Move N Groove
1:00 Hymn Sing
2:00 Birthday Social with Woody Woodburn (café)

14

10:30 Roman Catholic Mass (library)
1:00 Chaplain's Chat (chapel)
2:00 Balance Buddies (Gym)
3:00 Board Games

15

2:00 Gentle Movements (gym)
2:30 Sundae Cart
6:00 Movie Night

16

11:00 Church Service on Erin
2:30 Bingo

17 Volunteer Appreciation Week

10:30 Move N Groove
2:30 Food Committee (library)

18 Holocaust Memorial Day

9:30 Perk Visits
2:30 Seated Exercise

19 Canadian Film Day

10:00 News & Views
10:30 Songbirds Choir
2:00 Balance Buddies (Gym)
3:00 Watching Canadian Film

20

10:00 Bingo
10:30 Move N Groove
1:00 Hymn Sing
2:30 Manicures

**21 Look-a-Like Day
Eid al-Fitr Begins**

10:00 Colour your World
1:00 Chaplain's Chat (chapel)
2:00 Balance Buddies (Gym)
3:00 Short Stories

22 Earth Day

10:00 Nature Trivia
2:00 Garden Walks

23

10:00 Morning Stretches
11:00 Church Service on Erin
3:00 Ladder Ball

24

10:00 Perk Visits
10:30 Move N Groove
2:30 Balloon Badminton

25

11:00 Word Games
2:30 Seated Exercise

26

2:00 Balance Buddies (Gym)
3:00 Watching "Singing In the Rain"

**27 Tell A Story
10:30 Manvir Rai Live (café)**

10:30 Move N Groove
1:00 Hymn Sing
2:00 Storytellers

28

1:00 Chaplain's Chat (chapel)
2:00 Balance Buddies (Gym)
3:00 Games Afternoon

29 International Dance Day

11:00 Spring Strolls
1:00 Gentle Movements (gym)
2:00 Dance Party in Café

30

10:00 Friendly Visits
11:00 Church Service on Erin
2:30 Armchair Travels

