



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|---|---|--|---|--|---|---|--|
| 30 8:00 Breakfast 10:00 Café 11:00 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner | | Happy Birthday Christine R 22 Melanie 23 Dela 25 Carol Ann C 26 Gail J 09 |  Emma's East Neighbourhood April 2023  | | | | 1 8:00 Breakfast 10:00 Café 11:00 Church service 12:00 Lunch 5:00 Dinner |
| 2 8:00 Breakfast 10:00 Café 11:00 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner | 3 8:00 Breakfast 10:30 Get Moving 11:15 Brains & Banter 12:00 Lunch 3:00 Exercise Class 3:30 Bingo 5:00 Dinner | 4 8:00 Breakfast 10:30 Get Moving 11:15 Brains and Banter 12:00 Lunch 2:15 Java Time 3:45 Crafts 5:00 Dinner | 5 8:00 Breakfast 10:30 Baking 12:00 Lunch 2:15 Active Games 3:00 Exercise Class 3:30 Armchair Travel 5:00 Dinner | 6 8:00 Breakfast 12:00 Lunch 2:00 Get Moving 3:30 Brains and Banter 4:00 Sing Along 5:00 Dinner 6:15 Nails | 7 Good Friday 8:00 Breakfast 12:00 Lunch 2:15 Friendly Visits 3:00 Good Friday Service 3:30 Bowling 5:00 Dinner 6:15 Active Games | 8 8:00 Breakfast 10:00 Church Service 11:00 Get Moving 12:00 Lunch 3:00 Arise and Shine (Café) 5:00 Dinner | |
| 9 Easter Sunday 8:00 Breakfast 10:00 Café 11:00 Hymn Sing & Devotion 12:00 Lunch 2:15 Easter Fun 5:00 Dinner | 10 8:00 Breakfast 10:30 Get Moving 11:15 Brains & Banter 12:00 Lunch 2:15 Friendly Visits 3:00 Exercise Class 3:30 Bingo 5:00 Dinner | 11 8:00 Breakfast 10:30 Get Moving 11:15 Brains and Banter 12:00 Lunch 2:15 Movie 3:45 Crafts 5:00 Dinner | 12 8:00 Breakfast 12:00 Lunch 2:15 Active Games 3:00 Exercise Class 3:30 Armchair Travel 5:00 Dinner | 13 8:00 Breakfast 10:30 Get Moving 11:15 Brains & Banter 12:00 Lunch 2:15 Active Games 3:30 Armchair Travel 5:00 Dinner 7:15 Brad Boland (Café) | 14 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Friendly Visits 3:30 Bowling | 15 8:00 Breakfast 10:00 Café 11:00 Church service 12:00 Lunch 5:00 Dinner | |
| 16 8:00 Breakfast 10:00 Café 11:00 Hymn Sing & Devotion 12:00 Lunch 5:00 Dinner | 17 8:00 Breakfast 10:30 Get Moving 11:15 Brains & Banter 12:00 Lunch 2:15 Friendly Visits 3:00 Exercise Class 3:30 Bingo 5:00 Dinner | 18 8:00 Breakfast 10:30 Baking 12:00 Lunch 2:15 Java Time 3:45 Crafts 5:00 Dinner | 19 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 National Canadian Film Festival 3:00 Exercise Class 3:30 Armchair Travel 5:00 Dinner | 20 8:00 Breakfast 12:00 Lunch 2:00 Get Moving 3:30 Brains and Banter 4:00 Sing Along 5:00 Dinner 6:15 Nails | 21 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Friendly Visits 3:30 Bowling 5:00 Dinner 6:15 Active Games | 22 Earth Day 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:15 Brent Meidinger Cafe 5:00 Dinner | |
| 23 8:00 Breakfast 10:00 Café 11:00 Hymn Sing & Devotion 12:00 Lunch 2:15 Active Games 5:00 Dinner | 24 8:00 Breakfast 10:30 Get Moving 11:15 Brains & Banter 12:00 Lunch 2:15 Friendly Visits 3:00 Exercise Class 3:30 Bingo 5:00 Dinner | 25 8:00 Breakfast 10:30 Get Moving 11:15 Brains and Banter 12:00 Lunch 2:15 Active Games 3:45 Crafts 5:00 Dinner | 26 8:00 Breakfast 12:00 Lunch 3:00 Susan Franklin (Chicks) 5:00 Dinner 6:15 Active Games | 27 8:00 Breakfast 10:30 Get Moving 11:15 Brains & Banter 12:00 Lunch 2:15 Active Games 3:30 Armchair Travel 5:00 Dinner | 28 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Friendly Visits 3:30 Bowling 5:00 Dinner 6:15 Active Games | 29 8:00 Breakfast 10:00 Café 11:00 Church service 12:00 Lunch 5:00 Dinner | |