



MARCH 2023

Emma's Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 World Music Therapy Day 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Reminiscing Music 03:30 Bingo 05:00 Dinner Time 06:00 Movie Wednesday 07:00 Evening Treats	2 09:30 Morning Greetings 10:30 Ball Pass 11:00 Morning Exercise 12:00 Lunch Time 02:00 Arts & Crafts 03:30 Oldies Sing a long 04:00 Afternoon Stroll 05:00 Dinner Time	3 10:00 Brain Teasers 11:00 Morning Exercise 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Active Games 03:30 Painting 05:00 Dinner Time	4 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner
5 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 11:00—Interfaith Church Service 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	6 09:30 Morning Greetings 10:00 Baking 11:00 Morning Exercise 12:00 Lunch Time 01:45 Lounge Bowling 03:30 Bingo 05:00 Dinner Time	7 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	8 International Women's Day 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Colouring 03:30 Bingo 05:00 Dinner Time 06:00 Movie Wednesday 07:00 Evening Treats	9 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	10 Ron Schlegel's Birthday 10:00 Brain Teasers 11:00 Morning Exercise 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Active Games 03:00 Ron Schlegel's B-Day Celebration 03:30 Afternoon Stroll 05:00 Dinner Time	11 09:30 Morning Greetings 10:00 Fitness Session 11:00 Brain Teaser 12:00 Lunch Time 02:00 Saturday Jeopardy 03:00 Ball Pass 04:00 Lounge Tunes 05:00 Dinner Time
12 09:30 Café Cart 10:30 Balloon Toss 11:00 Church Service 12:00 Dinner Time 01:30 Afternoon Stroll 03:30 Board Games 05:00 Dinner Time	13 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	14 09:30 Morning Greetings 10:00 Active Games 11:00 Morning Stroll 12:00 Lunch Time 02:30 Painting 03:30 Person Place or Thing 05:00 Dinner Time	15 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Colouring 03:30 Bingo 05:00 Dinner Time 06:00 Movie Wednesday 07:00 Evening Treats	16 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	17 St. Patrick's Day/ Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	18 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner
19 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 11:00 - Interfaith Church Service 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	20 First Day of Spring 09:30 Morning Greetings 10:00 Neighbourhood Stroll 11:00 Morning Exercise 12:00 Lunch Time 01:45 Lounge Bowling 03:30 Bingo 05:00 Dinner Time	21 09:30 Morning Greetings 10:00 Active Games 11:00 Morning Stroll 12:00 Lunch Time 02:30 Painting 03:30 Person Place or Thing 05:00 Dinner Time	22 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Colouring 03:30 Bingo 05:00 Dinner Time 06:00 Movie Wednesday 07:00 Evening Treats	23 Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	24 10:00 Brain Teasers 11:00 Morning Exercise 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Active Games 03:30 Painting 05:00 Dinner Time	25 09:30 Morning Greetings 10:00 Fitness Session 11:00 Brain Teaser 12:00 Lunch Time 02:00 Saturday Jeopardy 03:00 Ball Pass 04:00 Lounge Tunes
26 09:30 Café Cart 10:30 Balloon Toss 11:00 Church Service 12:00 Dinner Time 01:30 Afternoon Stroll 03:30 Board Games 05:00 Dinner Time	27 Birthday Celebration/ Neighbourhood Time 07:00 Breakfast 10:30 Morning Snacks 12:00 Lunch 02:30 Afternoon Snacks 05:00 Dinner	28 09:30 Morning Greetings 10:00 Active Games 11:00 Morning Stroll 12:00 Lunch Time 02:30 Painting 03:30 Person Place or Thing 05:00 Dinner Time	29 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Colouring 03:30 Bingo 05:00 Dinner Time 06:00 Movie Wednesday 07:00 Evening Treats	30 09:30 Morning Greetings 10:30 Ball Pass 11:00 Morning Exercise 12:00 Lunch Time 02:00 Arts & Crafts 03:30 Oldies Sing a long 04:00 Afternoon Stroll 05:00 Dinner Time	31 10:00 Brain Teasers 11:00 Morning Exercise 12:00 Lunch Time 01:30 Afternoon Greetings 02:30 Active Games 03:30 Painting 05:00 Dinner Time	