




# MARCH 2023

## Williamsburg and Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LOCATION ABBREVIATIONS</b> CC - Community Centre CH - Chapel MST- Main Street FC - Fitness Centre FR - Family Room CK - Country Kitchen HS - Hobby Shop (Main floor) CY - Courtyard	<b>LOCATION ABBREVIATIONS</b> FL - Fireside Lounge P - Patio IP - Individual Program LO - Lounge PR - Parlor Room GH- Green House RT - Retirement TS - Town Square TH -Town Hall LIB -Library - RH		<b>1</b> 10:00 Group Discussion w/ Kirk - CH 10:30 Becker Fitness - 4th Floor Hallway 10:30 Becker Fitness - 5th Floor Hallway 02:00 Water Color Art - HS 02:00 Chess Club - LIB 03:00 Afternoon Bingo - TH 03:00 Book Club - LIB 07:00 Documentary Wednesday - TH	<b>2</b> 09:30 Morning Greeting - IP 10:30 Fitness w/ Music -TH 11:15 Morning Trivia - TH 12:30 One on Ones - IP 02:00 Brain Booster Fitness - TH 02:15 Bridge Card Game - CH 03:00 Afternoon Treats - MST 03:30 Seated Bocce Ball - TH	<b>3</b> 10:00 Bible Study - CH 10:30 Becker Fitness 3/4/5 - TH 11:15 Word Games - TH 12:30 Wellness Walk - IP 02:00 Catholic Church Service - TH 02:00 Trivia - HS 03:00 Ice Cream Social - HS 06:30 Evening News and Views - IP 07:00 Friday Night Movie - TH 07:00 Evening Tech Help -IP	<b>4</b> 10:30 Fitness w/ Susan - TH 11:15 Word Games - TH 12:30 Classic T.V - TH 02:15 Bingo - TH 03:45 Lawrence Welk Show - TH 03:45 Seated Bocce Ball - CH
<b>5</b> 09:30 Interfaith Service - TH 10:30 Coffee & Cookies - MST 11:15 Mind Joggers - TH 02:00 Movie Matinee - TH 02:30 Friendly Visits - TH 03:30 Seated Bocce Ball - CH	<b>6</b> 10:30 Morning Fitness - TH 11:15 Word Games - TH 12:30 The Carol Burnette Show – TH 01:30 One on Ones - IP 03:00 Afternoon Treats - MST 07:00 Monday Night Movie - TH	<b>7</b> 10:30 Becker Fitness - 3rd Floor Hallway 02:15 Euchre card Game - CH 02:30 Billy Graham Crusades - TH 03:00 Taco Tuesday - MST 05:00 Nails by Kiesha - HS 07:00 Evening Bingo - TH	<b>8 International Women's Day</b> 10:00 Group Discussion w/ Kirk - CH 10:30 Becker Fitness - 4th Floor Hallway 10:30 Becker Fitness - 5th Floor Hallway 02:00 Water Color Art - HS 02:00 Chess Club - LIB 03:00 Afternoon Bingo - TH 03:00 Book Club - LIB 03:40 Live Entertainment w/ Rebecca Perry - TS 07:00 Documentary Wednesday - TH	<b>9</b> 09:30 Morning Greetings - IP 10:30 Drum Fit -TH 11:15 Word Games - TH 01:00 Friendly Visits - IP 02:00 The History of Irish Dancing - TH 02:15 Bridge Card Game - CH 03:30 Seated Bocce Ball - TH	<b>10 Ron Schlegel Birthday</b> 10:00 Bible Study - CH 10:30 Becker Fitness 3/4/5 - TH 11:15 Morning Trivia - TH 12:30 Friendly Visits-IP 02:00 Catholic Church Service - TH 03:00 Table Topics - HS 03:00 Ron Schlegel Birthday Celebration w/ Kelly Davies - TS 04:00 Canadian Trivia - HS 06:30 Evening Strolls - IP 07:00 Friday Night Movie - TH	<b>11</b> 10:30 Fitness w/ Music - TH 10:30 Pet Therapy - HS 11:15 Morning Trivia - TH 12:30 Classic T.V - TH 12:30 One on Ones - IP 01:30 Afternoon Tech Help - IP 02:00 Ring Toss - TH 03:00 Afternoon Bingo - TH 04:15 Left Right and Centre -HS 06:30 Evening News and Views - IP
<b>12 Daylight Savings</b> 09:30 Interfaith Service - TH 10:30 Morning Treats - MST 12:30 Afternoon Stretches - TH 12:30 Friendly Visits - IP 01:00 Afternoon Trivia - HS 02:00 Rummy-O - HS 02:00 Movie Matinee - TH 02:30 Afternoon Treats - MST 04:00 Afternoon Chats - IP 06:30 Evening News and Views - IP 07:00 Evening Tech Help - IP	<b>13</b> 09:30 Morning Greetings - IP 10:30 Morning Fitness - TH 11:15 Word Games - TH 01:00 Friendly Visits - IP 02:15 Chair Belly Dance - TH 03:00 The Royal Conservatory of Music Virtual Concert - TH 07:00 Monday Night Movie - TH	<b>14</b> 10:30 Becker Fitness - 3rd Floor Hallway 02:15 Euchre card Game - CH 02:30 Billy Graham Crusades - TH 03:00 Afternoon Treats - MST 05:00 Nails by Kiesha - HS 07:00 Evening Bingo - TH	<b>15</b> 10:00 Group Discussion w/ Kirk - CH 10:30 Becker Fitness - 4th Floor Hallway 10:30 Becker Fitness - 5th Floor Hallway 02:00 Chess Club - LIB 02:00 Water Color Art - HS 03:00 Resident Forum - TH 07:00 Documentary Wednesday - TH	<b>16</b> 09:30 Morning Greetings - IP 10:30 Fitness w/ Music -TH 11:15 Word Games - TH 12:30 Wellness Walk - IP 02:00 Fiddling Around with the Fiddle - TH 02:15 Bridge Card Game - CH 03:30 Seated Bocce Ball - TH 03:00 Afternoon Treats - MST	<b>17 St. Patrick's Day</b> 10:00 Bible Study - CH 10:30 Becker Fitness 3/4/5 - TH 11:15 Fun Facts about St. Patrick's Day - TH 12:30 One on Ones - IP 12:30 St. Patrick's Day Trivia - TH 01:30 Left Right and Centre - HS 02:00 Catholic Church Service -TH 02:30 Mind Joggers - HS 03:00 Afternoon Board Games -HS 03:40 St. Patrick Day Celebration Live Music w/ Filipa Sousa - TS 06:30 Evening News and Views -IP 07:00 Friday Night Movie - TH	<b>18</b> 10:30 Fitness w/ Susan - TH 11:15 Word Games - TH 12:30 Classic T.V - TH 02:15 Bingo - TH 03:45 Lawrence Welk Show- TH 03:45 Seated Bocce Ball - CH
<b>19</b> 09:30 Interfaith Service - TH 10:30 Morning Treats - MST 11:15 Mind Joggers - TH 02:00 Movie Matinee - TH 02:30 Friendly Visits - TH 03:30 Seated Bocce Ball - CH	<b>20</b> 10:30 Morning Fitness - TH 11:15 Morning Trivia - TH 12:30 The Carol Burnette Show - TH 02:00 Music Therapy Virtual Sing-A-Long - TH 03:00 Afternoon Treat - MST 03:30 Seated Bocce Ball - CH 07:00 Monday Night Movie - TH	<b>21</b> 10:30 Becker Fitness - 3rd Floor Hallway 02:15 Euchre card Game - CH 02:30 Billy Graham Crusades - TH 03:00 Afternoon Treats - MST 05:00 Nails by Kiesha - HS 07:00 Evening Bingo - TH	<b>22 Music Therapy Awareness Month</b> 10:00 Group Discussion w/ Kirk - CH 10:00 Music Therapy - TH 10:30 Becker Fitness - 4th Floor Hallway 10:30 Becker Fitness - 5th Floor Hallway 02:00 Water Color Art - HS 02:00 Chess Club - LIB 03:00 Afternoon Bingo - TH 03:00 Book Club - LIB 07:00 Documentary Wednesday - TH	<b>23</b> 09:30 Morning Greetings - IP 10:30 Drum Fit -TH 11:15 Word Games - TH 02:00 Brain Booster Fitness - TH 02:15 Bridge Card Game - CH 02:45 Art Appreciation - TH 03:30 Seated Bocce Ball - TH	<b>24</b> 10:00 Bible Study - CH 10:30 Becker Fitness 3/4/5 - TH 11:15 Story Time w/ Kiesha - TH 12:30 Friendly Visits -IP 12:30 Afternoon Stroll - IP 02:00 Catholic Church Service - TH 03:00 Rummy-O - HS 04:00 Geography Trivia - HS 07:00 Friday Night Movie - TH	<b>25</b> 10:30 Fitness w/ Music - TH 10:30 Pet Therapy - HS 11:15 Morning Trivia - TH 12:30 Classic T.V - TH 12:30 One on Ones - IP 01:30 Afternoon Strolls - IP 02:00 Ring Toss - TH 03:00 Afternoon Bingo - TH 04:15 Afternoon Tech Help -I P 06:30 Evening Chats - IP 07:00 Evening Scrabble - HS
<b>26</b> 09:30 Interfaith Service - TH 10:30 Morning Treats - MST 12:30 Afternoon Stretches - TH 12:30 Friendly Visits -IP 02:00 Rummy-O - HS 02:00 Movie Matinee - TH 02:30 Afternoon Treats - MST 04:00 Table Topics - HS 06:30 Evening Strolls - IP 07:00 Evening Tech Help - IP	<b>27 Birthday Celebration</b> 10:30 Morning Fitness - TH 11:15 Word Games - TH 02:00 Colouring Famous Works of Art - HS 03:40 Birthday Celebration Virtual Music w/ David S. - TH 07:00 Monday Night Movie - TH	<b>28</b> 10:30 Becker Fitness - 3rd Floor Hallway 02:15 Euchre card Game - CH 02:30 Billy Graham Crusades - TH 03:00 Afternoon Treats - MST 05:00 Nails by Kiesha - HS 07:00 Evening Bingo - TH	<b>29</b> 10:00 Group Discussion w/ Kirk - CH 10:30 Becker Fitness - 4th Floor Hallway 10:30 Becker Fitness - 5th Floor Hallway 02:00 Water Color Art - HS 02:00 Chess Club - LIB 03:00 Afternoon Bingo - TH 03:00 Book Club - LIB 07:00 Documentary Wednesday - TH	<b>30</b> 09:30 Morning Greetings 10:30 Fitness w/ Music -TH 11:15 Morning Trivia - TH 12:30 One on One - IP 02:00 Brain Booster Fitness - TH 02:15 Bridge Card Game - CH 02:45 Armchair Travel - TH 03:30 Seated Bocce Ball - TH	<b>31</b> 10:00 Bible Study - CH 10:30 Becker Fitness 3/4/5 - TH 11:15 Mind Joggers - TH 12:15 Sing-A-Long - TH 01:30 Afternoon Board Games -HS 02:00 Catholic Church Service - TH 02:30 Mind Joggers - HS 03:30 Popcorn Social - HS 04:00 Afternoon Chats - IP 06:30 Evening News and Views - IP 07:00 Friday Night Movie - TH	