



MARCH 2023

Meadowvale



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p style="text-align: center;">Programs may be subject to change if required</p>			<p>1 1:00 - Balloon Badminton-OA 1:30 Green Thumb—CK 2:00 - Music and Manicures-OA 3:00 - Amazing Videos-OA 6:00 - Movie-OA</p>	<p>2 10:00-Exercise-OA 11:00-Trivia-OA 1:00 Catholic Private Communion - T 1:30 Green thumb—CK 2:00 Catholic Mass - CC 3:00-Friendly Visit-TO</p>	<p>3 10:00-Fun Fitness-OA 11:00-1:1 Programs-TO 2:00-Hot chocolate Social-CK 3:00-Board Games-OA</p>	<p>4 NEIGHBOURHOOD TIME 2:00 Bingo-MS</p>	
	<p>5 NEIGHBOURHOOD TIME 10:30 Church Service - Virtual</p>	<p>6 10:00-Fitness Club-OA 11:00-Walk and talk-TO 2:00-Word Games-OA 3:00-Music and memories-OA</p>	<p>7. 10:00-Exercise-OA 11:00-1:1 Programs-TO 2:00 Entertainment by Deidrey-MS 3:00-Dominos-OA 6:30 Bingo-MS</p>	<p>8 10:30 Craft—CK 1:00 - Balloon Badminton-OA 2:00 - Music and Manicures-OA 3:00 Pastoral Visit/Hymn Sing 6:00— Movie Night-OA</p>	<p>9 NEIGHBOURHOOD TIME 1:00 Catholic Private Communion - T 2:00 Catholic Communion - Virtual</p>	<p>10 10:00-Fun Fitness-OA 11:00-1:1 Programs-TO 2:00-Board Games-OA 3:00-You & Me-TO</p>	<p>11 10:00-Exercise-OA 11:00-Amazing Videos-OA 2:00-Bingo-OA 3:30-Friendly Visit-TO</p>
	<p>12 9:45-Fitness Club-OA 10:30 Church Service - Virtual 11:30-Walk and talk-TO 2:00-Picture Bingo-CK 3:00-Playing Cards -OA</p>	<p>13 10:00-Fitness Club-OA 11:00-Walk and talk-TO 2:00-Word Games-OA 3:00-Music and memories-OA</p>	<p>14 NEIGHBOURHOOD TIME 2:00 Matt and Heather's Duet - MS 6:30 Bingo-MS</p>	<p>15 1:00-Balloon Badminton-OA 1:30 Green thumb—CK 2:00 Anglican Communion - Virtual 2:30 Residents Council Meeting-CC 3:00 Music With David - OA 6:00-Movie Night-OA</p>	<p>16 10:00-Exercise-OA 11:00-Trivia-OA 1:00 Catholic Private Communion - T 1:30 Green thumb—CK 2:00 Catholic Mass - Virtual 3:00-Friendly Visits-TO</p>	<p>17 St. Patrick's Day 10:00-Fun Fitness-OA 11:00-1:1 Programs-TO 2:00 Irish Songs, Sing Along-CC 3:00-Puzzles-OA</p>	<p>18 NEIGHBOURHOOD TIME 2:00 Bingo-MS</p>
	<p>19 NEIGHBOURHOOD TIME 10:30 Church Service - Virtual</p>	<p>20 10:00-Fitness Club-OA 11:00-Walk and talk-TO 2:00-Word Games-OA 3:00-Music and memories-OA</p>	<p>21 10:00-Exercise-OA 11:00-1:1 Programs-TO 2:00 Welcome Spring by Emilio-MS 3:00-Dominos-OA 6:30 Bingo-MS</p>	<p>22 10:30 Craft—CK 1:00-Balloon Badminton-OA 2:00-Music and Manicures-OA 3:00 Pastoral Visit/Hymn Sing 6:00-Movie Night-OA</p>	<p>23 NEIGHBOURHOOD TIME 1:00 Catholic Private Communion - T 2:00 Catholic Communion - Virtual</p>	<p>24 10:00-Exercise-OA 11:00-1:1 Programs 2:00-Sit & Chat-OA 3:00-Puzzles-OA</p>	<p>25 10:00-Exercise-OA 11:00-Amazing Videos-OA 2:00-Bingo-OA 3:30-Friendly Visit-TO</p>
	<p>26 9:45-Fitness Club-OA 10:30 Church Service - Virtual 11:30-Walk and talk-TO 2:00-Picture Bingo-CK 3:00-Playing Cards -OA</p>	<p>27 10:00-Fitness Club-OA 11:00-Walk and talk-TO 2:00-Word Games-OA 1-4:30 Dream of Spring(Trip to Centennial Greenhouse) you must sign up</p>	<p>28 NEIGHBOURHOOD TIME 2:00 Entertainment by James Regan -MS 6:30 Bingo-MS</p>	<p>29 1:00-Balloon Badminton-OA 1:30 Green thumb—CK 2:00-Music and Manicures-OA 3:00 Pastoral Visit/Hymn Sing 6:00-Movie Night-OA</p>	<p>30 10:00-Exercise-OA 11:00-Trivia-OA 1:30 Green Thumb—CK 3:00-Friendly Visit-TO</p>	<p>31 10:00-Exercise-OA 11:00-1:1 Programs-TO 2:00 Musical Hour by Steven Miller-MS 3:00-Board Games-OA</p>	<p>Main Street—MS Activity Room—AR Country Kitchen—CK Community Centre—CC Open Area—OA Touring—TO</p>