



# MARCH 2023

## Sheridan



### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

**Programs may be subject to change if required**

			<p><b>1</b> 10:00 Manicure — AR 10:30 Craft—CK 11:15 Comfy Place — AR 2:00 Bingo — OA 3:00 Music With David 4:00 You &amp; Me</p>	<p><b>2</b> 1:00 Catholic Private Communion - TO 1:30 Relaxing Music — OA 2:00 Catholic Mass - C 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Movie Night— OA</p>	<p><b>3</b> Neighbourhood Time</p>	<p><b>4</b> 10:30 Exercise — OA 11:15 Walk &amp; Talk— TO 2:00 Bingo-MS 3:30 I Hear Music — OA 4:00 Travelogue — OA</p>
<p><b>5</b> 10:30 Church Service - Virtual 11:15 Walk &amp; Talk — TO 2:00 I Hear Singing — OA 3:00 Board Game — OA 4:00 Biography — OA</p>	<p><b>6</b> 10:30 Music Therapy— OA 11:15 You &amp; Me — TO 2:00 Sing a Long— OA 3:00 Sensory Stimulation — AR 4:00 Neighbourhood Time — TO</p>	<p><b>7</b> 10:00 Balloon Tennis — OA 11:15 Music &amp; Memory— TO 2:00 Entertainment by Deidrey-MS 4:00 All About You — TO 6:30 Bingo-MS</p>	<p><b>8</b> 1:30 Green Thumb—CK Neighbourhood Time</p>	<p><b>9</b> 10:30 Craft—CK 1:00 Catholic Private Communion - TO 1:30 Relaxing Music — OA 2:00 Catholic Communion - Virtual 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Movie Night — OA</p>	<p><b>10</b> 10:30 Exercise — OA 11:15 Scenes of Serenity — AR 2:00 Melody Lane — OA 3:00 Mind Jogger— OA 4:00 Friendly Visits— To</p>	<p><b>11</b> Neighbourhood Time 2:00 Bingo-MS</p>
<p><b>12</b> Neighbourhood Time 10:30 Church Service - Virtual</p>	<p><b>13</b> 10:30 Music Therapy— OA 11:15 You &amp; Me — TO 2:00 Sing a Long — OA 3:00 Sensory Stimulation — AR 4:00 Neighbourhood Time — TO</p>	<p><b>14</b> 10:00 Noodle Ball — OA 11:15 Music &amp; Memory— TO 2:00 Matt and Heather's Duet -MS 4:00 All About You— TO 6:30 Bingo-MS</p>	<p><b>15</b> 10:00 Manicure — AR 10:30 Craft—CK 11:15 Comfy Place — AR 2:00 Musical Memories — OA 2:00 Anglican Communion - Virtual 2:30 Residents Council Meeting-CC 3:00 Bingo — OA 4:00 You &amp; Me — TO</p>	<p><b>16</b> 1:00 Catholic Private Communion - TO 1:30 Relaxing Music — OA 2:00 Catholic Mass - Virtual 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Movie Night — OA</p>	<p><b>17 St. Patrick's Day</b> Neighbourhood Time 2:00 Irish Songs, Sing Along-CC</p>	<p><b>18</b> 10:30 Exercise — OA 11:15 Walk &amp; Talk— TO 2:00 Bingo-MS 3:30 I Hear Music— OA 4:00 Travelogue — OA</p>
<p><b>19</b> 10:30 Church Service - Virtual 11:15 Walk &amp; Talk 2:00 Welcome Spring —MS 3:30 I Hear Singing — OA 4:00 Biography — OA</p>	<p><b>20</b> 10:30 Music Therapy— OA 11:15 You &amp; Me — TO 2:00 Sing a Long — OA 3:00 Sensory Stimulation— AR 4:00 Neighbourhood Time — TO</p>	<p><b>21</b> 10:00 Balloon Tennis — OA 11:15 Music &amp; Memory — TO 2:00 Welcome Spring by Emilio-MS 4:00 All About You — TO 6:30 Bingo-MS</p>	<p><b>22</b> 1:30 Green Thumb—CK Neighbourhood Time</p>	<p><b>23</b> 10:30 Craft—CK 1:00 Catholic Private Communion - TO 1:30 Relaxing Music — OA 2:00 Catholic Communion - Virtual 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Movie Night — OA</p>	<p><b>24</b> 10:30 Exercise— OA 11:15 Scenes of Serenity— AR 2:00 Melody Lane — OA 3:00 Mind Jogger— OA 4:00 Friendly Visits— TO</p>	<p><b>25</b> Neighbourhood Time 2:00 Bingo-MS</p>
<p><b>26</b> Neighbourhood Time</p>	<p><b>27</b> 10:30 Music Therapy — OA 11:15 you &amp; Me — TO 2:00 Sing a Long — OA 1-4:30 Dream of Spring( Trip to Centennial Greenhouse) you must sign up</p>	<p><b>28</b> 10:00 Noodle Ball — OA 11:15 Music &amp; Memory— TO 2:00 Entertainment by James Regan —MS 4:00 All About You— TO 6:30 Bingo-MS</p>	<p><b>29</b> 10:00 Manicure — AR 10:30 Craft—CK 11:15 Comfy Place — AR 2:00 Musical Memories — OA 3:00 Bingo — OA 4:00 You &amp; Me — TO</p>	<p><b>30</b> 1:00 Catholic Private Communion - TO 1:30 Relaxing Music— OA 2:00 Catholic Communion - Virtual 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Movie Night — OA</p>	<p><b>31</b> Neighbourhood Time 2:00 Musical Hour by Steven Miller—MS</p>	<p>Main Street—MS Activity Room—AR Country Kitchen— CK Community Centre—CC Open Area— OA Touring— TO</p>