


Rymal Neighbourhood March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION Carrington Lounge (CL) Chapel (CH) Community Centre (C) Community Centre (CC) Dining Room (DR) Fitness Center (FC) Lounge (P) Main Street (MS)	LOCATION Stonechurch Lounge (SL) Town Hall (TH) Town Square (TS)	8:15am Breakfast (DR) 1 9:30am Greeting the Day 12:00pm Lunch (DR) 1:30pm Music and Memories 2:00pm Tai Chi with Dan (FC) 2:00pm In the Kitchen (P) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 2 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:30pm Resident's Council (C) 2:00pm Knit & Chat 5:00pm Dinner (DR)	8:15am Breakfast (DR) 3 8:30am Men's Breakfast (CC) 9:30am Greeting the Day 12:00pm Lunch (DR) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 4 9:00am Greeting the Day 12:00pm Lunch (DR) 2:00pm Pub with Paula French (MS) 5:00pm Dinner (DR)	
	8:15am Breakfast (DR) 5 12:00pm Lunch (DR) 2:35pm Church Service with Janet 3:30pm Express Yourself 5:00pm Dinner (DR)	8:15am Breakfast (DR) 6 9:30am Greeting the Day 10:00am Musical Moments 12:00pm Lunch (DR) 1:00pm For the Soul 2:00pm Bingo (CC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 7 9:30am Greeting the Day 10:00am Roman Catholic Communion (CH) 10:30am Life Long Learning- All about Cereal (CC) 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 3:00pm Chaplet of Divine Mercy & Rosary (CH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 8 9:30am Greeting the Day 12:00pm Ladies Lunch (CC) 12:00pm Lunch (DR) 1:30pm Music and Memories 2:00pm Tai Chi with Dan (FC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9 9:30am Greeting the Day 9:45am Java Music Club 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:00pm Lens Mills Outing 5:00pm Dinner (DR)	8:15am Breakfast (DR) 10 9:30am Greeting the Day 10:30am Rymal Gets Musical 12:00pm Lunch (DR) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 11 9:00am Greeting the Day 12:00pm Lunch (DR) 2:00pm Entertainment with Leslie Taylor (CL) 5:00pm Dinner (DR)
	8:15am Breakfast (DR) 12 12:00pm Lunch (DR) 2:35pm Church Service with Janet 3:30pm Express Yourself 5:00pm Dinner (DR)	8:15am Breakfast (DR) 13 9:30am Greeting the Day 10:00am Musical Moments 12:00pm Lunch (DR) 1:00pm For the Soul 2:00pm Bingo (CC) 5:00pm Dinner (DR)	Nelly Comfort Shoes Vendor 10-3pm (TS) 14 8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am Roman Catholic Communion (CH) 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 3:00pm Chaplet of Divine Mercy & Rosary (CH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 15 9:30am Greeting the Day 12:00pm Lunch (DR) 1:30pm Music and Memories 2:00pm Tai Chi with Dan (FC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 16 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 2:00pm Movie Matinee "Amazing Panda Adventure" (TH) 2:00pm Knit & Chat 5:00pm Dinner (DR)	8:15am Breakfast (DR) 17 9:30am Greeting the Day 12:00pm Lunch (DR) 2:30pm St. Patrick's Day Celebration (TS) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 18 9:00am Greeting the Day 12:00pm Lunch (DR) 2:00pm Bowling on Main Street 5:00pm Dinner (DR)
	8:15am Breakfast (DR) 19 12:00pm Lunch (DR) 2:35pm Church Service with Janet 3:30pm Express Yourself 5:00pm Dinner (DR)	8:15am Breakfast (DR) 20 9:30am Greeting the Day 10:00am Musical Moments 12:00pm Lunch (DR) 1:00pm For the Soul 2:00pm Bingo (CC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 21 9:30am Greeting the Day 10:00am Roman Catholic Communion (CH) 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 2:30pm Travelling Tim Horton's Cart 3:00pm Chaplet of Divine Mercy & Rosary (CH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 22 9:30am Greeting the Day 12:00pm Lunch (DR) 2:00pm Country Drive 2:00pm Tai Chi with Dan (FC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 23 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:30pm Music & Memories 2:00pm Knit & Chat 5:00pm Dinner (DR)	8:15am Breakfast (DR) 24 9:30am Greeting the Day 10:30am Rymal Gets Musical 12:00pm Lunch (DR) 2:30pm Travelling General Store Cart 5:00pm Dinner (DR)	8:15am Breakfast (DR) 25 9:00am Greeting the Day 12:00pm Lunch (DR) 2:00pm Entertainment with Cam Woolvett (SL) 5:00pm Dinner (DR)
	8:15am Breakfast (DR) 26 12:00pm Lunch (DR) 2:35pm Church Service with Janet 3:30pm Express Yourself 5:00pm Dinner (DR)	8:15am Breakfast (DR) 27 9:30am Greeting the Day 10:00am Musical Moments 12:00pm Lunch (DR) 1:00pm For the Soul 2:00pm Bingo (CC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 28 9:30am Greeting the Day 10:00am Roman Catholic Communion (CH) 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 3:00pm Chaplet of Divine Mercy & Rosary (CH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 29 9:30am Greeting the Day 12:00pm Lunch (DR) 1:30pm Music and Memories 2:00pm Tai Chi with Dan (FC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 30 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 2:00pm Knit & Chat 5:00pm Dinner (DR)	8:15am Breakfast (DR) 31 9:30am Greeting the Day 12:00pm Lunch (DR) 5:00pm Dinner (DR)	