



May 2023

Haysville Neighbourhood



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

8:30 Breakfast
10:00 Stretches
11:00 Nail Care
12:00 Lunch
3:00 Fun and Fitness
5:00 Dinner

2 Timbit Day

8:30 Breakfast
10:00 Daily Affirmation
11:00 Wheel of Fortune
12:00 Lunch
1:45 Music Therapist
3:00 Tea time
5:00 Dinner

3

8:30 Breakfast
10:00 Friendly Visit
10:45 Lunch Club Preparation
12:00 Lunch & Lunch Club
1:30 For the Spirit
3:00 Card Game: Rack-O
5:00 Dinner

4 Wear Blue—Dress Down

8:30 Breakfast
11:0 Fun and Fitness
12:00 Lunch
2:30 Fun with Music
3:00 Friendly Visits
5:00 Dinner
6:15 Relax and Colour

5 Cinco De Mayo

8:30 Breakfast
10:00 Craft: Floral Head Band
11:00 Church
12:00 Lunch
1:45 Horticulture
3:00 Learn to Salsa
5:00 Dinner

6 King's Coronation

8:30 Breakfast
10:00 Baking: Mini Egg Cookies
11:00 Nail Care
12:00 Lunch
2:00 Name that Tune
3:00 Walk and Talks
5:00 Dinner

7

8:30 Breakfast
10:00 Spiritual Trivia
11:00 Short Stories
12:00 Lunch
2:00 Prize Toss
3:00 Card Games
5:00 Dinner

8

8:30 Breakfast
10:00 Stretches
11:00 Friendly Visits
12:00 Lunch
3:00 Fun and Fitness
5:00 Dinner

9

8:30 Breakfast
10:00 Daily Affirmation
11:00 Crossword
12:00 Lunch
1:45 Music Therapist
3:00 Anniversary Social
5:00 Dinner

10

8:30 Breakfast
10:00 Wheel Of Fortune
11:00 Bean Bag Shuffle Board
12:00 Lunch
1:30 For the Spirit
3:00 Yahtzee
5:00 Dinner

11 Wear Blue—Dress Down

8:30 Breakfast
11:0 Fun and Fitness
12:00 Lunch
2:00 Walk and Talks
3:00 Friendly Visits
5:00 Dinner
6:15 Finish the Phrase

12

8:30 Breakfast
10:00 Short Stories
11:00 Church
12:00 Lunch
1:45 Horticulture
3:00 Bowling
5:00 Dinner

13

8:30 Breakfast
10:00 News and Views
11:00 Relax and Colour
12:00 Derek Byrne Preforms
2:00 Movie Matinee: 9:5
5:00 Dinner

14 Mothers Day

8:30 Breakfast
10:00 Daily Gratitude
11:00 Short Stories
12:00 Lunch
2:00 Yoga
3:00 Mother's Day Tea Social
5:00 Dinner

15

8:30 Breakfast
10:00 Stretches
11:00 Nail Care
12:00 Lunch
1:30 Colours Paradise Nursery
3:00 Fun and Fitness
5:00 Dinner

16

8:30 Breakfast
10:00 Daily Affirmation
11:00 Lawn Dart Toss
12:00 Lunch
1:45 Music Therapist
3:00 Family Feud
5:00 Dinner

17

8:30 Breakfast
9:45 Zumba
11:00 Relax and Colour
12:00 Lunch
1:30 For the Spirit
3:00 Tenzi
5:00 Dinner

18 Wear Blue—Dress Down

8:30 Breakfast
11:0 Fun and Fitness
12:00 Lunch
2:00 Fun with Music
3:00 Friendly Visits
5:00 Dinner
6:00 Movie Night: Miracles from Heaven

19

8:30 Breakfast
10:00 Spring Craft
11:00 Church
12:00 Lunch
1:45 Horticulture
3:00 Around the World
5:00 Dinner

20

8:30 Breakfast
10:00 Baking: Lemon Loaf
11:00 Nail Care
12:00 Lunch
2:00 Birthday Social
5:00 Dinner

21

8:30 Breakfast
10:00 Spiritual Trivia
11:00 Short Stories
12:00 Lunch
2:00 Axe Throwing
3:00 Crokinole
5:00 Dinner

22 Victoria Day

8:30 Breakfast
10:00 Stretches
11:00 Friendly Visits
12:00 Lunch
2:00 Activities Meet and Chat
3:00 Queen Victoria Trivia
5:00 Dinner

23

8:30 Breakfast
10:00 Daily Affirmation
11:00 Finish the Phrase
12:00 Lunch
1:30 Butterfly Conservatory
1:45 Music Therapist
5:00 Dinner

24

8:30 Breakfast
10:00 Theme Relating Words
11:00 Ball toss
12:00 Lunch
1:30 For the Spirit
3:00 Crokinole
5:00 Dinner

25 Wear Blue—Dress Down

8:30 Breakfast
11:0 Fun and Fitness
10:15 Residents Council
12:00 Lunch
2:00 Walk and Talks
3:00 Friendly Visits
5:00 Dinner

26

8:30 Breakfast
10:00 Short Stories
11:00 Church
12:00 Lunch
1:45 Horticulture
3:00 Fun with Music
5:00 Dinner

27

8:30 Breakfast
10:00 News and Views
11:00 Relax and Colour
12:00 Lunch
1:45 Crossword
2:30 Alzheimer's Walk
5:00 Dinner

28

8:30 Breakfast
10:00 Daily Gratitude
11:00 Short Stories
12:00 Lunch
2:00 Yoga
3:00 Scrabble
5:00 Dinner

29

8:30 Breakfast
10:00 Stretches
11:00 Nail Care
12:00 Lunch
1:30 Paul Hortons Preforms
3:00 Fun and Fitness
5:00 Dinner

30

8:30 Breakfast
10:00 Daily Affirmation
11:00 Trivia
12:00 Lunch
1:45 Music Therapist
3:00 IN2L: Game
5:00 Dinner

31

8:30 Breakfast
10:30 Zumba
11:00 Bouncing Balloons
12:00 Lunch
1:30 For the Spirit
3:00 Card Game: Cribbage
5:00 Dinner

Pay \$2 or Wear Blue/Dress down day every Thursday. All money collected will be donated to the Waterloo Wellington Alzheimer's Society— Walk For Memories