



July 2023

Emma's Neighbourhood



The Village at

UNIVERSITY GATES

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|---|---|
| | | | | | | 1. Canada Day 8:00 Breakfast 10:00 Nail Care 2:30 Party with Lynne and Rick 5:00 Dinner |
| 2. 8:00 Breakfast 10:30 For the Soul 11:00 In the Kitchen Baking 3:00 Stepping out 5:00 Dinner | 3. 8:00 Breakfast 12:00 Lunch 2:00 Musical Moments 3:00 Ballon Badminton 5:00 Dinner 6:00 Neighbourhood Time | 4. 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 1:30 Chaplin Visit 2:45 For the fun of fit with Emily 3:00 You and Me | 5. 8:00 Breakfast 10:00 Circle of friends 12:00 Lunch 2:00 Outing: Country Drive and Ice Cream. Sign up with Rec 5:00 Dinner | 6. 8:00 Breakfast 10:00 Stepping Out 12:00 Lunch 1:30 Brains and Banter 2:45 Fun and Fitness with Emily 5:00 Dinner | 7. 8:00 Breakfast 10:00 Express Yourself 12:00 Lunch 2:00 Soothing Sensations 3:00 Brains & Banter 5:00 Dinner 6:00 Movie Night | 8. 8:00 Breakfast 10:00 Nail Care 12:00 Lunch 2:00 Popsicles and Music 3:00 Gardening 5:00 Dinner |
| 9. 8:00 Breakfast 10:30 For the Soul 11:00 In the Kitchen Baking 3:00 Stepping out 5:00 Dinner | 10. 8:00 Breakfast 12:00 Lunch 2:00 Musical Moments 3:00 Ballon Badminton 5:00 Dinner 6:00 Neighbourhood Time | 11. 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 1:30 Chaplin Visit 2:45 For the fun of fit with Emily 3:00 You and Me | 12. 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Express Yourself 12:00 Lunch 2:00 Live music with Manvir 5:00 Dinner | 13. 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 3:00 Stepping Out 5:00 Dinner | 14. 8:00 Breakfast 12:00 Lunch 2:00 Soothing Sensations 3:30 Brains and Banter 5:00 Dinner 6:00 Movie Night | 15. 8:00 Breakfast 10:00 Nail Care 12:00 Lunch 1:30 Painting on Rocks 3:00 Gardening 5:00 Dinner |
| 16. National Ice cream Day 8:00 Breakfast 10:30 For the Soul 12:00 Lunch 2:30- Ice cream Treat 5:00 Dinner | 17. Water Week 8:00 Breakfast 12:00 Lunch 1-4 Slip and Slide (Back Patio) 5:00 Dinner 6:00 Neighbourhood Time | 18. Islamic New Year 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 2:00 Outing: The Donkey Sanctuary of Canada (Sign up with Shelly). | 19. 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1-4pm Water Fun: Deer Hunt (Back Patio) 5:00 Dinner | 20. 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 2:00 Neighbourhood Time 2-4 Walker and Wheel Chair Wash | 21. 8:00 Breakfast 10:00 Express Yourself 12:00 Lunch 3:00 "Bathing Suits Through The Eras" 5:00 Dinner | 22. 8:00 Breakfast 10:00 Nail Care 12:00 Lunch 2:00 Popsicles and Music 3:00 Gardening 5:00 Dinner |
| 23. 8:00 Breakfast 10:30 For the Soul 11:00 In the Kitchen Baking 3:00 Stepping out 5:00 Dinner | 24. 8:00 Breakfast 12:00 Lunch 2:00 Musical Moments 3:00 Ballon Badminton 5:00 Dinner 6:00 Neighbourhood Time | 25. 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 2:00 Birthday Bash with Kevin Coates 5:00 Dinner | 26. 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Express Yourself 12:00 Lunch 3:30 Musical Moments 5:00 Dinner | 27. 8:00 Breakfast 10:00 Circle of Friends 12:00 Lunch 1:30 Brains and Banter 2:45 For the fun of fit with Emily 5:00 Dinner | 28. 8:00 Breakfast 12:00 Lunch 2:00 Soothing Sensations 3:30 Brains and Banter 5:00 Dinner 6:00 Movie Night | 29. 8:00 Breakfast 10:00 Nail Care 12:00 Lunch 2:00 Paintings on Rocks 3:00 Gardening 5:00 Dinner |
| 30. 8:00 Breakfast 10:30 For the Soul 11:00 In the Kitchen Baking 3:00 Stepping out 5:00 Dinner | 31. 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:00 Musical Moments 3:00 Ballon Badminton 5:00 Dinner 6:00 Neighbourhood Time | | | | | |