



JULY 2023

Williamsburg Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>Café (C) Patio (P) Library (L) Town Hall (TH) Main Street (MS) Fitness Centre (FC)</p>	<p>Hobby Room (HR) Plant Room (PR) Fireside Lounge (FL)</p>					<p>1 Happy Canada Day 10:00 West Balance Class (FC) 10:45 East Balance Class (FC) 11:30 Hand Therapy (FC) 2:30 Canada Day Celebration (C)</p>
<p>2 10:30 Church Service (TH) 2:00 Movie Afternoon (TH) <i>The Hundred Foot Journey (2hrs 2 mins)</i> 4:00 Independent Colouring (C)</p>	<p>3 11:45 Seated Tai-Chi (FC) 2:00 100 Little Words (TH) 3:00 Curling (FC) 4:00 Music with Katelyn (C) 6:30 Quarter Bingo with Jim (HR)</p>	<p>4 Sew on the Go Pick Up 11am 10:00 Women's Fitness (FC) 10:45 Book Club (L) 10:45 Men's Fitness (FC) 11:00 Chaplain's Chats (CH) 2:00 Entertainment with Paul Schalm (C) 3:30 Wine Club (C) 6:30 Euchre (C)</p>	<p>5 9:30 Watering the Garden 10:00 Drum Fit (FC) 10:45 Songbird Choir (C) 1:45 Quarter Bingo (HR) 3:00 Church Service (TH)</p>	<p>6 8:30 Breakfast Club (HR) (sign up only) 10:30 Garden Club (PR) 11:30 Words Games (TH) 2:15 West Balance Class (FC) 3:00 East Balance Class (FC) 3:30 Let's Play Pool (FL) 6:30 Quarter Bingo with Jim (HR)</p>	<p>7 10:00 Women's Fitness (FC) 10:00 Watering the Garden 10:45 Men's Fitness (FC) 11:30 Calendar Meeting (L) 1:45 Walking Club 2:00 1:1 Duet Bike 3:00 Happy Hour DJ Paul (C)</p>	<p>8 10:00 Seated Yoga (FC) 11:00 Watermelon on the Patio 2:00 You Be The Judge (TH) 3:00 Creative Corner: Card Making (HR)</p>
<p>9 10:00 Church Service (TH) 11:30 Sunday Stretches (FC) 2:00 Scattogories Game(TH) 3:30 King of Clones Documentary (TH) 7:00 Hymn Sing (TH)</p>	<p>10 National Pina Colada Day 10:00 Watering the Garden 10:15 Walks To The Park (meet in café) 11:00 Prep for Spa Party 2:00 Spa Party (FC) 3:00 Pina Colada Social (C) 4:00 Music with Katelyn (C) 6:30 Quarter Bingo with Jim (HR)</p>	<p>11 10:00 Women's Fitness (FC) 10:45 Book Club (L) 10:45 Men's Fitness (FC) 11:00 Chaplain's Chats (CH) 2:00 Name That Song (C) 3:30 Wine Club (C) 6:30 Euchre (C)</p>	<p>12 9:30 Watering the Garden 10:00 Tai Chi (FC) 10:30 RC Mass (TH) 10:45 Songbird Choir (LTC) 1:45 Quarter Bingo (HR) 2:30 Food Committee (TH) 3:00 Church Service with Communion (TH)</p>	<p>13 Cameron Cards @ 10:30 National French Fry Day 10:30 Garden Club (PR) 11:45 Gentle Seated Exercise (FC) 2:30 McDonald's Fry Social (C) 3:30 Walk and Talk 3:30 Praying the Rosary (CH) 6:30 Quarter Bingo with Jim (HR)</p>	<p>14 10:00 Women's Fitness (FC) 10:00 Plant Care (PR) 10:45 Men's Fitness (FC) 11:00 Words Games (TH) 1:45 Walking Club 3:00 Happy Hour (C) Watermelon Mint Mojitos</p>	<p>15 10:00 West Balance Class (FC) 10:00 Watering the Garden 10:45 East Balance Class (FC) 11:30 Hand Massages (FC) 2:00 Movie and Popcorn (TH) <i>Ford vs Ferrari (2 hrs 32 min)</i> 3:30 Colour Me Calm (C)</p>
<p>16 Ice Cream Day 10:00 Church Service (TH) 11:30 Sunday Stretches (FC) 2:00 Ice Cream on the Patio 3:30 Andre Rieu Concert (CH) 3:30 Manicures (HR)</p>	<p>17 11:45 Seated Tai-Chi (FC) 2:00 100 Little Words (TH) 3:00 Bowling (FC) 4:00 Music with Katelyn (C) 6:30 Quarter Bingo with Jim (HR)</p>	<p>18 Exquisite Boutique 10am 10:00 Women's Fitness (FC) 10:45 Book Club (L) 10:45 Men's Fitness (FC) 11:00 Chaplain's Chats (CH) 2:00 Birthday Social with Aiden Purnell (C) 3:30 Wine Club (C) 6:30 Euchre (C)</p>	<p>19 9:30 Watering the Garden 10:00 Tai Chi (FC) 10:45 Songbird Choir (C) 2:00 25th Anniversary Party (Erin Backyard)</p>	<p>20 10:00 Plant Sale (MS) 11:00 Friendly Visits 2:00 Men's Club (HR) 2:15 West Balance Class (FC) 3:00 East Balance Class (FC) 3:30 Exploring : Canada (HR) 6:30 Quarter Bingo with Jim (HR)</p>	<p>21 10:00 Women's Fitness (FC) 10:00 Watering the Garden 10:45 Men's Fitness (FC) 12:30 Order in Lunch: Subway (Sign Up Only) 1:45 Walking Club 3:00 Happy Hour: (C)</p>	<p>22 10:00 Seated Yoga (FC) 11:00 Coffee & Chats (C) 2:00 Words Games (TH) 3:00 Sing Along (TH)</p>
<p>23 10:00 Church Service (TH) 11:30 Sunday Stretches (FC) 2:00 Popsicles on the Patio 3:00 Friendly Visits 4:00 Cat People: Catwabunga Documentary (TH) 7:00 Hymn Sing (TH)</p>	<p>24 International Self Care Day 10:00 West Balance Class (FC) 10:00 Painting with Bridget (HR) 10:45 East Balance Class (FC) 2:00 Painting with Bridget (FC) 4:00 Music with Katelyn (C) 6:30 Quarter Bingo with Jim (HR)</p>	<p>25 National Wine & Cheese Day 10:00 Women's Fitness (FC) 10:45 Book Club (L) 10:45 Men's Fitness (FC) 11:00 Chaplain's Chats (CH) 2:00 Java Music (L) 3:30 Wine Club (C) 6:30 Euchre (C)</p>	<p>26 9:30 Watering the Garden 10:00 Tai Chi (FC) 10:45 Songbird Choir (LTC) 11:00 Bun Masters Bakery Order (Signup Only) 1:45 Quarter Bingo (HR) 3:00 Church Service (TH)</p>	<p>27 Traditions Alive @12-3 10:30 Garden Club (PR) 11:45 Gentle Seated Exercise (FC) 2:15 West Balance Class (FC) 2:30 Resident's Council (TH) 3:00 East Balance Class (FC) 3:30 Tea Party (C) 6:30 Quarter Bingo with Jim (HR)</p>	<p>28 10:00 Women's Fitness (FC) 10:00 Plant Care (HR) 10:30 Friendly Visits 10:45 Men's Fitness (FC) 11:00 Memory Game (TH) 1:45 Walking Club 2:00 1:1 Duet Bike 3:00 Happy Hour (C)</p>	<p>29 10:00 West Balance Class (FC) 10:00 Watering the Garden 10:45 East Balance Class (FC) 11:30 Manicures (HR) 2:00 Movie and Popcorn (TH) <i>Sound of Music (2hr 54 min)</i> 3:30 Colour Me Calm (C)</p>
<p>30 10:00 Church Service (TH) 11:30 Sunday Stretches (FC) 2:00 Let's Make... Salsa (HR) 3:30 Walk and Talk</p>	<p>31 Nelly's Comfort Shoes MS 11-4pm 11:45 Seated Tai-Chi (FC) 2:00 Milkshake Stand (C) 3:00 Friendly Visits 4:00 Music with Katelyn (C) 6:30 Quarter Bingo with Jim (HR)</p>					