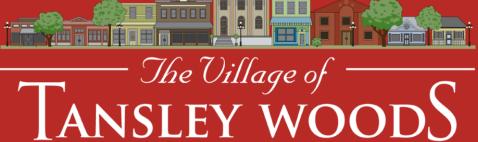


SEPTEMBER 2023 BRANT NEIGHBOURHOOD



					LAINOLLI	WOODS
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Residents Bill Of Rights 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.	1. 8:00 Breakfast 9:30 Calendar Drop-off 11:15 For the Fun of Fit 12:00 Lunch 2:00 Musical Moments 3:30 Brains and Banter 5:00 Dinner 6:30 Pub Night—SC	2. 8:00 Breakfast 9:45 Daily Perk 10:30 Circle of Friends 11:00 For the Fun of Fit 12:00 Lunch 2:00 Soothing Sensations 3:00 Gerry Larkin Performs —TH 5:00 Dinner
10:00 Bookmark Craft—CC 12:00 Lunch 2:00 Church Service—TH 3:30 Stepping Out 5:00 Dinner	4. 8:00 Breakfast 10:15 Musical Moments with Celine 12:00 Lunch 1:15 For the Fun of Fit 2:30 Java Time 3:45 Soothing Sensations 5:00 Dinner 6:30 Documentary - Appleby	5. 8:00 Breakfast 10:00 Devotions 10:15 In the Kitchen: Pizza 10:30 Standing Balance—FC 12:00 Lunch 2:00 Group Fitness—FC 2:00 Circle of Friends 2:30 Bible Study—L 3:15 Express Yourself 5:00 Dinner	6. 8:00 Breakfast 9:45 Brains and Banter 11:00 Music Therapy 12:00 Lunch 2:00 Laughter Yoga—TH 2:30 Ice cream Sundae social—TH 4:00 Circle of Friends 5:00 Dinner	7. 8:00 Breakfast 10:00 Brains and Banter 10:15 Basketball and Ball Toss 10:30 Express Yourself 12:00 Lunch 1:30 Horticulture Therapy 2:15 Drum Fit—FC 3:00 Yoga Class—FC 4:00 Soothing Sensations 5:00 Dinner	8. 8:00 Breakfast 9:15 Fun and Fit 11:00 Line Dancing 11:15 Stepping Out 12:00 Lunch 1:15 Art Therapy 2:15 Musical Moments 3:30 Brains and Banter 5:00 Dinner	9. 8:00 Breakfast 10:00 Brains and Banter 10:30 Tai Chi—FC 11:15 Stepping Out 12:00 Lunch 2:00 Soothing Sensations 3:30 Brent Meidinger Performs—TH 5:00 Dinner
10:00 Grandparent Day Movie Matinee-TH 12:00 Lunch 2:00 Church Service—TH	11. 8:00 Breakfast 12:00 Lunch 1:15 Express Yourself 2:30 Java Time 3:45 Soothing Sensations 5:00 Dinner 6:30 Table Games - CC	12. 8:00 Breakfast 9:00 Neighbourhood Time 10:00 Devotions 10:30 Standing Balance—FC 10:30 Circle of Friends 12:00 Lunch 2:00 Group Fitness—FC 2:30 Bible Study—L 5:00 Dinner	13. 8:00 Breakfast 10:00 Tim Horton's Social—CC 11:00 Music Therapy 12:00 Lunch 2:30 Drum Fit—FC 3:30 Soothing Sensations 5:00 Dinner	14. 8:00 Breakfast 9:45 Circle of Friends 10:15 Basketball and Ball Toss 10:30 Express Yourself 12:00 Lunch 1:15 Horticulture Therapy 2:00 Drum Fit—FC 3:00 Yoga—FC 3:15 Soothing Sensations 5:00 Dinner	15. 8:00 Men's Breakfast - CC 9:15 Fun and Fit 11:00 Line Dancing 11:15 Brains and Banter 12:00 Lunch 1:15 Art Therapy 2:15 Musical Moments 3:30 Brains and Banter 5:00 Dinner	16. Oktoberfest Begins 8:00 Breakfast 10:00 Circle of Friends 11:00 Soothing Sensations 12:00 Lunch 1:00 Car Show and Leslie Taylor - Parking Lot 5:00 Dinner
10:00 Terry Fox Walk - Café 12:00 Lunch 2:00 Church service—TH 3:00 Craft Social - CC 5:00 Dinner	18. National Cheese Burger Day 8:00 Breakfast 10:15 Musical Moments with Celine - L 12:00 McDonald's Diner's Club—MS 1:15 For the Fun of Fit 2:30 Java Time 3:45 Soothing Sensations 5:00 Dinner 6:30 Trivia - C	19. 8:00 Breakfast 10:00 Hummingbird Draw Along—TH 10:00 Devotions 12:00 Lunch 2:00 Group Fitness—FC 2:00 Stepping Out 2:30 Bible Study—L 3:15 Circle of Friends 5:00 Dinner	20. 8:00 Breakfast 10:00 Circle of Friends 11:00 Music Therapy 12:00 Lunch 2:30 Laughter Yoga—FC 3:30 Soothing Sensations 5:00 Dinner	21. 8:00 Breakfast 10:00 In the Kitchen 12:00 Lunch 2:00 Paint Along—TH 3:30 For the Fun of Fit 5:00 Dinner	22. 8:00 Breakfast 9:15 Fun and Fit 11:00 Line Dancing 11:15 Brains and Banter 12:00 Lunch 1:15 Art Therapy 2:15 Musical Moments 3:30 Brains and Banter 5:00 Dinner 6:00 Pub Night—SC	23. First Day of Autumn 8:00 Breakfast 10:00 Fall Decorating 11:00 Circle of Friends 12:00 Lunch 2:00 Soothing Sensations 3:00 Paula French—TH 4:00 Neighbourhood Time 5:00 Dinner
10:00 In the KitchenCC 12:00 Lunch 2:00 Church Service—TH 3:00 Stepping Out 4:00 Neighbourhood Time	25. 8:00 Breakfast 12:00 Lunch 1:15 For the Fun of Fit 2:30 Java Time 3:45 Soothing Sensations 5:00 Dinner 6:30 Cards - CC	26. 8:00 Breakfast 10:00 Devotions 12:00 Lunch 2:00 Group Fitness—FC 2:00 Stepping Out 2:30 Bible Study—L 3:15 Circle of Friends 5:00 Dinner 6:00 Soap Making With Lindsay—CC	27. 8:00 Breakfast 10:00 Circle of Friends 11:00 Music Therapy 12:00 Lunch 2:30 Drum Fit—FC 3:30 Soothing Sensations 5:00 Dinner	28. 8:00 Breakfast 9:45 Circle of Friends 10:15 Basketball and Ball Toss 10:30 Express Yourself 12:00 BBQ lunch—MS 1:15 Horticulture Therapy 2:00 Drum Fit—FC 3:00 Yoga—FC 3:15 Soothing Sensations 5:00 Dinner	29. Oktoberfest Celebration 8:00 Breakfast 9:15 Fun and Fit 11:00 Line Dancing 11:15 Brains and Banter 12:00 Lunch 1:15 Art Therapy 2:30 Oktoberfest & David Skolnik - TH 5:00 Dinner	30.National Truth and Reconciliation Day 8:00 Breakfast 10:00 For the Soul 11:00 Musical Moments 12:00 Lunch 2:00 Arm Chair Travel 3:30 For the Fun of Fit 5:00 Dinner