




Emma's Neighbourhood September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September 2023</p>	<p>Emma's Neighbourhood</p>			<p>1 8:00 Breakfast 10:15 You & Me 11:00 BINGO! 12:00 Lunch 2:00 In the Kitchen 3:30 Hymn Sing 5:00 Dinner</p>	<p>2 8:00 Breakfast 10:00 Reading Together 11:00 In the Kitchen 12:00 Lunch 2:30 September Birthday Celebration with Entertainment- First Floor Town Hall 3:30 You & Me 5:00 Dinner</p>	
<p>3 Happy Birthday Kathy McCartan! 8:00 Breakfast 12:00 Lunch 2:30 For the Soul 3:30 You & Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time</p>	<p>4 Labour Day 8:00 Breakfast 11:00 Cleaning Out the Craft Cupboard! 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner</p>	<p>5 8:00 Breakfast 10:15 You & Me 11:00 For the Fun of Fit 12:00 Lunch 2:00 Java Music 3:30 Stepping Out 5:00 Dinner</p>	<p>6 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:30 Musical Moments 2:30 Neighbourhood Social 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time</p>	<p>7 Happy Birthday Pat Murphy! 8:00 Breakfast 10:00 Colouring to Music 11:00 Circle of Friends 12:00 Lunch 1:00 Movie Matinee 5:00 Dinner</p>	<p>8 8:00 Breakfast 9:15 Balloon Volleyball 8:00 Emma's Breakfast Club (Sign-Up) 11:00 BINGO! 12:00 Lunch 2:00 Circle of Friends 3:00 Hymn Sing 5:00 Dinner</p>	<p>9 8:00 Breakfast 10:15 Reading Together 11:00 Stepping Out 12:00 Lunch 2:00 Horse Racing 3:30 You & Me 5:00 Dinner</p>



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10 Happy Birthday Emma Colbourne! Grandparents Day 8:00 Breakfast 12:00 Lunch 2:30 Express Yourself 3:30 You and Me 5:00 Dinner 6:00 Documentary Night 6:15 Soothing Sensations 6:45 Neighbourhood Time	11 Resident Council Week 8:00 Breakfast 11:00 Decorating for Autumn! 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner	12 8:00 Breakfast 10:00 You & Me 11:00 For the Fun of Fit 12:00 Lunch 2:30 Java Music 3:30 Stepping Out 5:00 Dinner	13 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 2:30 Emma's Autumn Festival! 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time	14 8:00 Breakfast 10:00 Colouring to Music 11:00 Brains & Banter 12:00 Lunch 1:30 Songs for Strength 5:00 Dinner	15 Shana Tova! Rosh Hashanah Begins 8:00 Breakfast 9:15 Balloon Volleyball 10:15 You and Me 11:00 BINGO! 12:00 Lunch 2:00 Bean Bag Toss 3:30 Hymn Sing 5:00 Dinner	16 Oktoberfest Begins 8:00 Breakfast 10:00 Reading Together 11:00 Stepping Out 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner
17 8:00 Breakfast 12:00 Lunch 2:30 For the Soul 3:30 You & Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time	18 Happy Birthday Joyce Irons! 8:00 Breakfast 9:15 Emma's Walking Club 11:00 In the Garden 12:00 Lunch 2:00 Dementia 101 for Care Partners- First Floor School House 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner	19 8:00 Breakfast 10:15 You & Me 11:00 For the Fun of Fit 12:00 Lunch 2:00 Java Music 3:30 Stepping Out 5:00 Dinner	20 8:00 Breakfast 12:00 Lunch 2:30 Apple Pie Social with Entertainment by Art Lajambe 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time 7:00 Alzheimer's Presentation- First Floor Town Hall	21 World Alzheimer's Awareness Day Wear Purple 8:00 Breakfast 10:00 Colouring to Music 10:30 Alzheimer's Coffee Break (\$) - First Floor Café 11:00 Circle of Friends 12:00 Lunch 2:30 Express Yourself 5:00 Dinner	22 8:00 Breakfast 10:00 Morning Movie 12:00 Lunch 2:00 Circle of Friends 3:00 Hymn Sing 5:00 Dinner	23 First Day of Autumn 8:00 Breakfast 10:15 Reading Together 11:00 Stepping Out 12:00 Lunch 2:00 Horse Racing 3:30 You & Me 5:00 Dinner



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Arts & Aging Week 8:00 Breakfast 12:00 Lunch 2:30 Express Yourself 3:30 You and Me 5:00 Dinner 6:00 Documentary Night 6:15 Soothing Sensations 6:45 Neighbourhood Time	25 Yom Kippur 8:00 Breakfast 9:15 Emma's Walking Challenge for Terry Fox 11:00 In the Garden 12:00 Lunch 1:45 Manicures 2:00 – 4:00 Dementia 101- First Floor School House 3:00 Emma's & Egerton Walk to Tim Hortons (Sign-Up) 5:00 Dinner	26 8:00 Breakfast 10:00 You & Me 11:00 For the Fun of Fit 12:00 Lunch 2:30 Entertainment with Noteworthy Trio- First Floor Town Hall 5:00 Dinner	27 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 2:00 – 3:00 Country Drive Outing (Sign-Up) 2:00-4:00 Taunton's Got Talent- First Floor Main Street 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time 7:00 Elvis Entertainment with Jay- First Floor; Town Hall	28 Wear your Autumn Colours! 8:00 Breakfast 9:15 Balloon Volleyball 10:00 Colouring to Music 11:00 Brains & Banter 12:00 Lunch 12:00-4:00 Fall Festival- Outside by the Pond 2:30 Express Yourself 5:00 Dinner	29 8:00 Breakfast 10:15 You and Me 11:00 BINGO! 12:00 Lunch 2:00 Bean Bag Toss 3:30 Hymn Sing 5:00 Dinner	30 Orange Shirt Day National Day for Truth & Reconciliation 8:00 Breakfast 10:00 – 2:00 Garage Sale- First Floor; Town Hall 12:00 Lunch 2:30 October Calendar Delivery 5:00 Dinner