



SEPTEMBER 2023

NELSON NEIGHBOURHOOD



The Village of TANSLEY WOODS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>Residents Bill Of Rights</p> <p>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.</p>	<p>1. Pub Night</p> <p>8:00 Breakfast 12:00 Lunch 2:00 Express Yourself 3:30 For the Fun of Fit 5:00 Dinner 6:30 Pub Night Karaoke- TH</p>	<p>2.</p> <p>8:00 Breakfast 10:00 Soothing Sensations 11:00 For the Fun of Fit 12:00 Lunch 3:00 Gerry Larkin Performs – TH 5:00 Dinner</p>
				<p>3.</p> <p>8:00 Breakfast 10:00 Bookmark Social– CC 12:00 Lunch 2:00 Church– TH 3:30 You and Me 5:00 Dinner</p>	<p>4. Labour Day</p> <p>8:00 Breakfast 10:15 Musical Moments with Celine - L 11:00 For The Fun of Fit 12:00 Lunch 2:00 Soothing Sensations 3:30 Express Yourself 5:00 Dinner 6:30 Documentary– Appleby</p>	<p>5.</p> <p>8:00 Breakfast 10:30 Standing Balance– FC 11:00 Devotions 12:00 Lunch 2:00 Group Fitness– FC 2:30 Bible Study-L 3:00 In the Kitchen Pizza Making 4:00 Circle of Friends 5:00 Dinner 6:30 Neighbourhood time</p>
<p>10. Grandparents Day</p> <p>8:00 Breakfast 10:00 Movie Matinee– TH 12:00 Lunch 2:00 Church– TH 3:00 Traveling Photo Booth 5:00 Dinner</p>	<p>11.</p> <p>8:00 Breakfast 10:00 Musical Moments 11:00 For The Fun of Fit 12:00 Lunch 2:00 Soothing Sensations 3:30 Express Yourself 5:00 Dinner 6:30 Table Games– CC</p>	<p>12.</p> <p>8:00 Breakfast 10:00 Circle of Friends 10:30 Standing Balance– FC 11:00 Devotions 11:00 Stepping Out 12:00 Lunch 2:00 Group Fitness– FC 2:30 Bible Study– L 5:00 Dinner</p>	<p>13.</p> <p>8:00 Breakfast 10:00 Tim Hortons Social– CC 11:15 Fun & Fit 12:00 Lunch 1:30 Music Therapy 2:30 Drum Fit– FC 3:30 Stepping Out 5:00 Dinner</p>	<p>14.</p> <p>8:00 Breakfast 10:00 Soothing Sensations 10:15 Basketball & Ball Toss– FC 11:00 Musical Moments 11:00 Horticulture Therapy 12:00 Lunch 2:00 In the Kitchen 3:00 Yoga Class 3:30 Stepping Out 5:00 Dinner</p>	<p>15. Men's Breakfast</p> <p>8:00 Breakfast 10:00 Brains and Banter 11:00 Musical Moments 11:00 Line Dancing– FC 12:00 Lunch 2:00 Stepping Out 5:00 Dinner</p>	<p>16.</p> <p>8:00 Breakfast 10:00 Soothing Sensations 11:00 For the Fun of Fit 12:00 Lunch 1:00 Car Show and Leslie Taylor – Outside 5:00 Dinner</p>
<p>17. Terry Fox Run</p> <p>8:00 Breakfast 10:00 Terry Fox Walk - Cafe 12:00 Lunch 2:00 Church 3:30 Craft Social– CC 5:00 Dinner</p>	<p>18. Diner's Club</p> <p>8:00 Breakfast 10:15 Musical Moments with Celine - L 11:00 For The Fun of Fit 12:00 Lunch 2:00 Soothing Sensations 3:30 Express Yourself 5:00 Dinner 6:30 Trivia– CC</p>	<p>19.</p> <p>8:00 Breakfast 10:00 Hummingbird Draw A Long– TH 10:30 Standing Balance– FC 12:00 Lunch 1:15 Art Therapy 2:00 Group Fitness– FC 2:30 Bible Study– L 3:00 In the Kitchen 4:00 Circle of Friends 5:00 Dinner 6:30 Neighbourhood time</p>	<p>20.</p> <p>8:00 Breakfast 10:00 For the Soul 11:00 Brains and Banter 11:15 Fun & Fit 12:00 Lunch 2:30 Laughter Yoga– FC 3:30 Stepping Out 5:00 Dinner</p>	<p>21.</p> <p>8:00 Breakfast 10:00 Soothing Sensations 10:15 Basketball & Ball Toss– FC 11:00 Musical Moments 11:00 Horticulture Therapy 12:00 Lunch 2:00 Paint A Long– TH 3:00 Yoga Class– FC 3:30 Stepping Out 5:00 Dinner</p>	<p>22. Pub Night / Breakfast Club</p> <p>8:00 Breakfast 10:00 Circle of Friends 11:00 Musical Moments 11:00 Line Dancing 12:00 Lunch 2:00 Stepping Out 5:00 Dinner 6:00 Pub Night</p>	<p>23. First Day of Autumn</p> <p>8:00 Breakfast 10:00 Fall Decorating 10:30 Tai Chi– FC 11:00 You and Me 12:00 Lunch 3:00 Paula French– TH 5:00 Dinner</p>
<p>24.</p> <p>8:00 Breakfast 10:00 In The Kitchen– CC 12:00 Lunch 2:00 Church Service– TH 3:30 For the Fun of Fit 5:00 Dinner</p>	<p>25.</p> <p>8:00 Breakfast 10:00 Musical Moments (Piano Player– L) 11:00 For The Fun of Fit 12:00 Lunch 2:00 Soothing Sensations 3:30 Express Yourself 5:00 Dinner 6:30 Cards– CC</p>	<p>26.</p> <p>8:00 Breakfast 10:30 Standing Balance– FC 11:00 Devotions 12:00 Lunch 1:15 Art Therapy 2:00 Group Fitness– FC 2:30 Bible Study– L 3:00 In the Kitchen 4:00 Circle of Friends 5:00 Dinner 6:00 Soap Making– CC</p>	<p>27.</p> <p>8:00 Breakfast 10:00 For the Soul 11:00 Brains and Banter 11:15 Fun & Fit 12:00 Lunch 2:30 Drum Fit– FC 3:30 Stepping Out 5:00 Dinner</p>	<p>28.</p> <p>8:00 Breakfast 10:00 Soothing Sensations 10:15 Basketball & Ball Toss– FC 11:00 Musical Moments 11:00 Horticulture Therapy 12:00 Lunch 2:00 In the Kitchen 3:00 Yoga Class– FC 3:30 Stepping Out 5:00 Dinner</p>	<p>29. Oktoberfest</p> <p>8:00 Breakfast 10:00 Circle of Friends 11:00 Musical Moments 11:00 Line Dancing 12:00 Lunch 2:30 Oktoberfest Social– TH 3:00 David Skolnik– TH 5:00 Dinner</p>	<p>30. National Day of Truth & Reconciliation/ Orange Shirt Day</p> <p>8:00 Breakfast 10:00 Circle of Friends 11:00 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 Sing along– TH 5:00 Dinner</p>