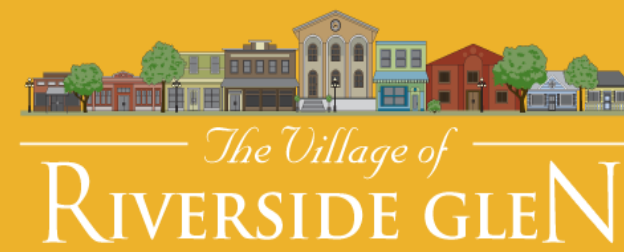




SEPTEMBER 2023

Puslinch Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Recreation: Dawn and Sabrina Neighbourhood Coordinator: Angela Gualtero				1 10:30 Get Fit 11:15 Hymn Sing 1:30 News & Views 2:30 Rosary Prayer (chapel) 3:00 Colouring 6:15 Bingo in the Cafe	2 1:00 Hand Massages & Manicures 2:30 Outdoor Walks 6:30 Classic Movie (library)
3 11:00 Church Service (Erin) 1:00 Brain Games 2:00 Active Games 3:15 Patio Gardening 6:30 Creative Corner	4 Labour Day 9:30 Morning Greetings 10:30 Hand Therapy 1:30 Perks Visits 2:15 Happy Hour	5 9:00 Tunes Tuesday 10:00 Back to School Baking 1:30 Walk & Talk 2:45 Back to School Trivia	6 9:30 Café Chats 10:45 Songbird Choir (RH) 2:30 Bingo 3:00 Get Fit 3:00 Pond Visits	7 9:30 Mindfulness 10:30 Get Fit 1:30 Axe Throwing 3:00 Just for Laughs	8 9:30 Self-Care 1:1 10:30 Roman Catholic Mass (Library) 2:00 Paul Schalm Live (café) 3:30 Outdoor Walks 6:15 Bingo in the Café	9 9:30 Friendly Visits 10:30 Outdoor Walks 1:30 Fruit Smoothies 3:00 Kitchen Cleaning
10 Grandparent's Day 9:30 National Geographic Documentary 11:00 Church Service (Erin) 2:00 Grandparent's Day Event (Pond)	11 Residents' Council Week Begins Traditions Alive 11-2 (RH) 10:00 Membership Monday (library) 10:30 Get Fit 2:30 Calendar Planning 4:00 Short Stories 6:15 Campfire Smores	12 Bookmobile 3-4 9:30 Morning Greetings 10:30 Hand Therapy 2:30 Residents' Council (Library)	13 Multicultural Festival 1:30-3:30 (RH) 9:30 Crafty Corner 10:45 Songbird Choir (LTC) 1:30 Multicultural Event (Main Street & Café) 3:00 Get Fit	14 Cameron Cards 10-2 (RH) 9:30 Pond Visits 10:00 Council Webinar (library) 10:30 Manicures 10:30 Get Fit 2:00 Birthday Social with Woody Woodburn (Café)	15 Polka Dot Day Wear Polka Dots! 11:15 Hymn Sing 1:00 Tech Coach (library) 1:30 Feeling Crafty 3:00 Gardening 6:15 Bingo in the Café	16 9:30 Grateful Circle 10:30 Ball Rope Toss 2:00 Disco Dance Party (Café)
17 9:30 Morning Hello 11:00 Church Service (Erin) 1:30 Bowling 2:45 Music Smiles 1:1	18 Terry Fox Day 10:30 Get Fit 10:30 Terry Fox Walk 2:30 Food Committee (library) 3:00 Hand Therapy	19 9:30 Good Morning Puslinch 10:30 Aidan Purnell (café) 1:30 Feeling Crafty 3:00 Friendly Visits	20 10:45 Songbird Choir (RH) 2:30 Neighbourhood Time	21 World Alzheimer's Day Wear Purple! Silvia's Jewelry 10-2 (café) 9:30 Morning Greetings 10:30 Crosswords 10:30 Get Fit 1:30 Meditation 2:15 Creative Corner	22 First Day of Fall 10:30 Get Fit 11:15 Hymn Sing 1:15 Decorate Puslinch 5:00 Fall Formal Dinner	23 International Day of Sign Languages 2:00 Sign Language Presentation (RH) 3:30 Friendly Visits 6:30 Yahtzee
24 Arts & Aging Day 11:00 Church Service (Erin) 2:00 Art Creation 3:00 National Geographic Documentary	25 10:30 Get Fit 1:30 Fall Creations 3:30 Friendly Visits 6:00 Wine & Cheese (PUS)	26 Bookmobile 3-4 9:30 Morning Greetings 10:30 Hand Therapy 1:30 Outdoor Leisure	27 9:30 Budgie Visits 10:45 Songbird Choir (LTC) 2:00 Walkers & Rollers (Gym) 2:30 Ladder Ball 3:00 Get Fit	28 9:30 Morning Greetings 10:30 Pond Visits 10:30 Get Fit 1:30 Creative Corner	29 10:30 Get Fit 11:15 Hymn Sing 1:30 Feeling Crafty 3:00 Gardening 6:15 Bingo in the Café	30 Day for Truth & Reconciliation Wear Orange! 1:00 Walkers & Rollers (cafe) 1:30 Afternoon Chats 2:45 Mindfulness 6:00 Hand Therapy