


September 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|--|
| <p style="text-align: center;">Legend</p> <p>LIB - Library TH - Town Hall CA - Cafe MHR - Main Hobby Room CH - Chapel T - Travelling B - Bistro 2NBal – 2nd Floor North Balcony</p> | <p>SC - Senior Centre FSL - Fireside Lounge MS - Main Street PS - Pet Shoppe SH - School House DR - Dining Room OS – Outside 3SCA – 3RD Floor South Common Area</p> |  | | | <p>1 10:00 – 11:30 Sign Up for September Activities – MHR 10:00 Gentle Fitness – SH 10:30 Colouring – MHR 11:00 Fun with Words – FSL 11:00 Tech Help with Noreen – SH 1:30 Mini-Putt - TH 2:00 Drum fit - SC 2:30 – 4:00 Happy Hour \$ – FSL 6:45 Wii Bowling – TH</p> | <p>2 9:30 Coffee Catch-up - CA 10:00 Colouring – MHR 10:00 Outdoor Walk – LIB 2:30 - 3:30 September Birthday Celebration with Entertainment – TH 7:00 Documentary – TH “Unknown: Cosmic Time Machine” 7:00 Poker - SC</p> |
| <p>3 10:30 Worship Service – TH 11:00 One to One Visits – T 11:30 Catholic Communion – TH 1:45 Carpet Bowling – TH 2:00 Fireside Reading with Pauline – FSL 3:30 Wet your Whistle by the Pond – OS</p> | <p>4 Labour Day 9:30 Mini-Manicures - MHR 10:00 Labour Day Occupational Trivia – FSL 11:00 One to One Visits/Walks – T 10:30 Northern School Knitting Club – MHR 11:00 Poetry Appreciation with Patricia – LIB 2:00 Cards – MHR 2:00 Canasta – MHR 2:00 Bingo – TH 4:00 Let's Play Yahtzee - MHR *No Bingo tonight*</p> | <p>5 10:00 Washer Toss-TH 10:30 Book Club - LIB 10:30 General Discussion – CH 1:00 Baking with Peggy and Lamanda - MHR 2:00 Cribbage - MHR 2:00 Shuttle Bus to Superstore 2:30 Gospel Sing with Beez Band – TH 7:00 Musical Bingo - SH 7:00 Tech Help with Noreen - T 7:00 Bridge – MHR</p> | <p>6 Northern School Bake Sale & Lunch 10:00 Fun for Health Weigh-in & Discussion – FSL 10:00 – 2:00 Northern School Bake Sale – MS 12:00 Northern School Lunch Fundraiser Grilled Cheese and Tomato Soup – MS 10:30 Knitting Club – MHR 11:00 Axe Throwing – TH 2:00 Wheel of Fortune - FSL 2:00 Bible Study – CH 2:00 Shuttle Bus to Whitby Library 3:00 Scrabble - MHR 4:45 Dinner Outing to Jack Astor's - T 7:00 Bid Euchre - MHR</p> | <p>7 9:30 Walk @ Cullen Gardens - SC 10:00 TV Series – TH “The Crown” 10:00 Wordle - SH 10:30 Knitting Club – PS 10:30 Pool Practice - FSL 11:00 Java Social – SH 11:00 Executive Meeting – BR 2:00 Victor Borge DVD - TH 4:45 Dinner Outing to Jack Astor's - T 7:00 Movie – TH “Phantom of the Opera”</p> | <p>8 9:30 Bocce Ball - SH 10:00 Gentle Fitness – SH 10:30 Memory Game – MHR 10:30 Colouring – MHR 11:00 Fun with Words – FSL 11:00 Tech Help with Noreen - SH 1:30 Cranium Crunches - FSL 2:00 Drum fit - SC 2:30 – 4:00 Happy Hour \$ – FSL 6:45 Wii Bowling – TH</p> | <p>9 9:15 Morning Manicures- MHR 9:30 Coffee Catch-up - CA 10:00 Colouring – MHR 11:00 Wheel of Fortune – FSL 1:30 Pick Up Colouring Contest Sheets - MHR 2:00 Bingo – TH 4:00 Mini-Manicures - MHR 7:00 Documentary – TH “Arnold – Part 1” 7:00 Poker - SC</p> |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|---|
| <p>10</p> <p>Grandparents' Day Watch for postcard deliveries!</p> <p>10:30 Worship Service – TH</p> <p>11:00 One to One Visits – T</p> <p>11:30 Catholic Communion – TH</p> <p>2:30 - 3:30 Entertainment with Rebecca Perry - TH</p> <p>3:45 Ice-cream Floats - CA</p> | <p>11</p> <p>Resident Council Week "Membership Monday" See display outside MHR</p> <p>10:00 Mexican Train Dominoes - MHR</p> <p>10:30 Northern School Knitting Club – MHR</p> <p>11:00 MaxStax Game – MHR</p> <p>1:00 One to One Visits - T</p> <p>2:00 Cards – MHR</p> <p>2:00 Canasta – MHR</p> <p>2:00 Have you Ever - FSL</p> <p>2:00 – 4:00 Dementia 101 for care partners – SH</p> <p>3:00 King's Corners - MHR</p> <p>7:00 Bingo \$ – TH</p> | <p>12</p> <p>10:00 Mini-Manicures - MHR</p> <p>10:00 Craft for November Bazaar - MHR</p> <p>10:30 General Discussion – CH</p> <p>11:00 Eyeglass Cleaning - MHR</p> <p>2:00 Shuttle Bus to Metro</p> <p>2:00 Music Appreciation with Ron & Tony – TH</p> <p>2:00 Cribbage - MHR</p> <p>2:00 Giant Crossword – FSL</p> <p>3:00 Woman's Pool – FSL</p> <p>3:00 One to One Visits - T</p> <p>7:00 Tech Help with Noreen - T</p> <p>7:00 Bridge – MHR</p> <p>7:00 Musical Bingo - SH</p> | <p>13</p> <p>Resident Council Week "Who is your Executive?" See display outside MHR</p> <p>Wear Red Today!</p> <p>10:00 Farmers Market Shuttle</p> <p>10:00 Tea, Trivia & Fun Facts – MHR</p> <p>10:30 Knitting Club – MHR</p> <p>11:00 – 2:00 Bling It on Vendor</p> <p>11:00 Bean Bag Toss - TH</p> <p>2:00 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>2:30 Apple Pie Social – TH</p> <p>7:00 Painting Class with Allison - MHR</p> <p>7:00 Horse Racing \$ - SH</p> <p>7:00 Bid Euchre - MHR</p> | <p>14</p> <p>10:00 One to One Visits - T</p> <p>10:30 Pool Practice - FSL</p> <p>10:30 Knitting Club – PS</p> <p>2:00 Java Social – SH</p> <p>2:30 Horse Racing with Nicole & Steph – SH</p> <p>7:15 Curling – SC</p> <p>No Movie Tonight</p> | <p>15</p> <p>Resident Council Week Join your Council members for Happy Hour this Afternoon</p> <p>Shana Tova! Rosh Hashanah Begins</p> <p>9:30 Bocce Ball - SH</p> <p>10:00 Gentle Fitness – SH</p> <p>10:30 Memory Game – MHR</p> <p>10:30 Colouring – MHR</p> <p>11:00 Fun with Words – FSL</p> <p>11:00 Tech Help with Noreen - SH</p> <p>1:30 Mini-Putt - TH</p> <p>2:00 Drum fit - SC</p> <p>2:30 – 4:00 Happy Hour with your Council Executive \$ – FSL</p> <p>6:45 Wii Bowling – TH</p> | <p>16</p> <p>Oktoberfest Begins</p> <p>9:30 Coffee Catch-up - CA</p> <p>10:00 Colouring – MHR</p> <p>10:00 Oktoberfest Scavenger Hunt - LIB</p> <p>2:00 Oktoberfest Fun Facts and Beer Tasting - FSL</p> <p>6:15 Tea & Chat – 2NBal</p> <p>7:00 Documentary – TH "Arnold – Part 2"</p> <p>7:00 Poker - SC</p> |
| <p>17</p> <p>10:30 Worship Service – TH</p> <p>11:00 One to One Visits – T</p> <p>11:30 Catholic Communion – TH</p> <p>1:30 Visit with Beau the Golden Retriever – PS</p> <p>3:30 Wet your Whistle by the Po</p> | <p>18</p> <p>10-12 Flower Bouquet Fundraiser for Terry Fox – MS</p> <p>10:30 Northern School Knitting Club –MHR</p> <p>1:00 One to One Visits - T</p> <p>2:00 Cards – MHR</p> <p>2:00 Canasta – MHR</p> <p>2:00 – 4:00 Terry Fox Walk – MS Fundraiser – MS</p> <p>2:00 – 4:00 Dementia 101 for Care Partners - SH</p> <p>2:30 Armchair Travel to Alaska with Bob Robert - TH</p> <p>7:00 Bingo \$ – TH</p> | <p>19</p> <p>8:30 Breakfast Club –Pick up outside Café</p> <p>10:00 Craft for Bazaar - MHR</p> <p>10:30 General Discussion – CH</p> <p>2:00 Retirement Party for Tony – TH (All Welcome)</p> <p>2:00 Shuttle Bus to Oshawa Centre</p> <p>2:00 Cribbage - MHR</p> <p>3:00 Woman's Pool -FSL</p> <p>7:00 Tech Help with Noreen - T</p> <p>7:00 Bridge – MHR</p> <p>7:00 Musical Bingo – SH</p> | <p>20</p> <p>10:00 Fun for Health Weigh-in & Discussion – FSL</p> <p>10:00 Hymn Sing – CH</p> <p>10:30 Knitting Club – MHR</p> <p>11:00 Axe Throwing – TH</p> <p>2:00 Bible Study – CH</p> <p>2:00 Mini-Manicures - MHR</p> <p>2:00 Wheel of Fortune - FSL</p> <p>3:00 One to One Visits – T</p> <p>3:00 Max Stax Game - SH</p> <p>7:00 Alzheimer's Presentation – Learning about Demntia/ Alzheimer's - TH</p> <p>7:00 Bid Euchre – MHR</p> | <p>21</p> <p>World Alzheimer's Day Wear Your Purple Today!</p> <p>10:00 TV Series – TH "The English Game"</p> <p>10:30 Alzheimer's Coffee Break (Tim Hortons and Cinnamon Buns) – CA \$</p> <p>10:30 Anglican Service – CH</p> <p>10:30 Pool Practice - FSL</p> <p>10:30 Knitting Club – PS</p> <p>11:00 Java Social – SH</p> <p>1:00 One to One Visits - T</p> <p>1:45 Food Committee - TH</p> <p>2:30 Resident Council - TH (followed by Wine and cheese in the café)</p> <p>7:00 Movie – TH "King Richard"</p> <p>7:15 Curling – SC</p> | <p>22</p> <p>9:30 Bocce Ball - SH</p> <p>10:00 Gentle Fitness – SH</p> <p>10:00 Canning with Peggy and Nicole -MHR</p> <p>10:00 Catholic Mass – TH</p> <p>10:30 Memory Game – MHR</p> <p>10:30 Colouring – MHR</p> <p>11:00 Fun with Words – FSL</p> <p>11:00 Tech Help with Noreen - SH</p> <p>1:30 Cranium Crunches - FSL</p> <p>2:30 – 4:00 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p> | <p>23</p> <p>First Day of Autumn</p> <p>9:30 Coffee Catch-up - CA</p> <p>10:00 Colouring – MHR</p> <p>10:30 Bingo - TH</p> <p>1:30 "You be the Judge" Colouring Contest Display</p> <p>1:45 Andre Rieu DVD -TH</p> <p>2:00 Pool Tournament -FSL</p> <p>6:15 Tea & Chat – 2NBal</p> <p>7:00 Documentary – TH "Arnold – Part 3"</p> <p>7:00 Poker – SC</p> |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|---|
| <p>24 Arts & Aging Week 10:30 Worship Service – TH 11:00 One to One Visits – T 1:30 “Autumn Days” with Bob Ross Episode - TH 1:45 Art Trivia - MHR 3:30 Wet your Whistle by the Pond – OS</p> | <p>25 Yom Kippur 9:30 Walk @ Thickson Point - SC 10:00 BBC Art Documentary “Vincent: The Full Story”- TH 10:00 Craft for November Bazaar - MHR 10:30 Northern School Knitting Club – MHR 2:00 Cards – MHR 2:00 Canasta – MHR 2:00 What Do you Meme? Game - MHR 2:00 – 4:00 Dementia 101 - SH 3:00 One to One Visits - T 7:00 Bingo \$ – TH</p> | <p>26 10:00 – 12:00 Art Walkabout – MS 10:30 General Discussion – CH 10:30 Book Club – LIB 1:30 Would You Rather? -FSL 2:00 Shuttle Bus to Walmart 2:00 Cribbage - MHR 2:30 Entertainment with the Noteworthy Trio – TH 3:00 Woman’s Pool - FSL 7:00 Tech Help with Noreen - T 7:00 Bridge – MHR 7:00 Musical Bingo - SH</p> | <p>27 10:30 Celebration of Life – TH 10:30 Knitting Club – MHR 2:00 Bible Study – CH 2:00 - 4:00 Taunton’s Got Talent - TH & MS 7:00 Painting Class with Allison - MHR 7:00 Elvis Entertainment with Jay – TH 7:00 Bid Euchre - MHR</p> | <p>28 10:00 TV Series – TH “The English Game” 10:30 Pool Practice - FSL 10:30 Knitting Club – PS 12:00 – 4:00 Fall Festival Wear Autumn Colours! and so much more! 7:00 Whitby Library Event “How to Self-Publish” Speaker Dennis & Patricia Bayley</p> | <p>29 10:00 Docuseries – TH Abstract: The Art of Design” 10:30 Colouring – MHR 11:00 Tech Help with Noreen – SH 2:30 – 4:00 Happy Hour Van Gough – Starry Night Cocktail \$ – FSL 6:45 Wii Bowling – SH *Note New Location</p> | <p>30 National Day for Truth & Reconciliation Wear Orange Today</p>  <p>9:30 Coffee Catch-up - CA 10:00 Colouring – MHR 10:00 - 2:00 Garage Sale - TH 6:15 Tea & Chat – 2NBal 7:00 Documentary “The Lost Hokusai Documentary” – TH 7:00 Poker - SC</p> <p>October Calendar Delivery</p> |

September 2023

CALENDAR LEGEND

Recreation/Main Hobby Room – ext. 8013

Calendars are delivered the last day of each month outlining activities for the following month.

Recreation programs mainly run as “First Come, First Enjoy”; however, some will require “Sign-up” due to space restrictions.

Programs are subject to change without notice.

Sign-ups will only be required for those activities in **red** print on the calendar. **Sign-ups will usually take place on the first of each month, however, there may be times that this date is not possible. Please check your calendar monthly for the date, time and location. Sign-ups are done IN PERSON. Please sign up for yourself and one other person only to allow equal opportunity for all residents. Completed sign-up lists will be available in the Sign-Up Binder located in MHR on the day following sign-up each month for review.**

| SYMBOL | MEANING |
|-----------------------------|---|
| \$ | Bingo: \$1.00 per card Outings: price communicated ahead of time |
| T | Travelling – Recreation Team members or volunteers will visit resident suites |
| Highlighted in Yellow | Activity Ambassador led activities (see below) |
| Outside Activity | Weather Permitting; meet in MHR if outdoor conditions are not favourable for alternate plans |
| Pick up/Take Outs | While quantities last |
| Red print activities | Sign-up in person at the time and location indicated on that month’s calendar Examples: <ul style="list-style-type: none"> - Breakfast Club/Night of Elegance - Neighbourhood outings/walks - Painting and Craft Classes - Tech Support - Any Bus Outings - Swimming - Kinesiology programs |

ACTIVITY AMBASSADORS

| | | | |
|-------------------|--|--------------------------------------|--|
| Bid Euchre | Lou Watson - 2700 and Lou Marzola - 3413 | General Discussion | Ken Helson – 905-576-5673 |
| Billiards | Lou Marzola - 3413 | Knitting Club | Betty Plaskitt - 3305 |
| Book Club | Pauline Reed - 2704 | Music Appreciation | Ron Kellington – 3623 and Tony Sibley - 2708 |
| Bridge | Jane Saunders and Joan Biergard - 3622 | Northern School Knitting Club | Irene Cherrett - 2321 |
| Cards | Lorraine Ward – 416-741-0860 | Poetry Appreciation | Patricia Bayley – 2710 |
| Colouring | Betty Plaskitt - 3305 | Poker | Lou Marzola - 3413 |
| Cribbage | Roy Carlson – 3319 | | |