

September 2023

Johnston Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY				1. 9:00 Baking in the Kitchen 11:00 You and Me 2:00 BINGO 3:30 Active Games (FC) 6:30 Knitting Club (L)	2. 9:30 Stepping Out 10:30 Manicures 1:30 Word Games 3:00 Let's Play Yahtzee
3. 10:00 The Daily Perk 11:00 Neighbourhood time 2:00 Ice Cream Sundaes 3:30 Music on Demand	4. Labour Day 9:30 Stepping Out 11:00 Colouring in the kitchen 2:00 Active Games 6:30 Musical Moments (CC)	5. First Day of School 9-12 Outing: 9:30 Rosary (C) 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CY)	6. AM Johnston School Photos 2:00 Food Committee Meeting (C) 3:30 Balance Class (FC) 3:30 Green Thumbs 6:30 Movie Night (C)	7. 10:00 Celebration of Life 1:00 You and Me 2:30 Flute With Laura 3:30 Fitness class (FC) 6:30 Brains & Banter (CC)	8. 9:30 You and Me 10:30 Manicures 2:00 BINGO 3:30 Active Games (FC) 6:30 Knitting Club (L)	9. 9:30 Stepping Out 10:30 Painting in the Kitchen 1:30 Let's Play Yahtzee 3:00 You and Me
10. Grandparent's Day 9:30 The Daily Perk 10:30 Neighborhood Time 2:00 Entertainment with Kevin Coates (MS) 3:15 Stepping Out	11. 9:30 You and Me 10:30 Sit and Get fit with PAL 11:00 Music on Demand 1:30 Out for Walks 3:30 Total Body Fitness 6:30 Jeopardy (CC)	12. 9-12 Outing: Shopping 9:30 Rosary (C) 11-4pm Nelly's Comfort Shoes 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CY)	13. 9:30 You and Me 10:30 Colouring in the Kitchen 1:30 Calendar Planning and Resident Bill of Rights 3:30 Balance Class (FC) 3:30 Green Thumbs 6:30 Board Games (C)	14. 9:30 Church Service (C) 2:00 Residents Council (C) 3:00 Pub Cart 4:00 Music on Demand 6:30 Brains & Banter (CC)	15. Terry Fox Day 11-4pm KmW Clothing 9:00 Baking in the Kitchen 11:00 You and Me 2:00 Terry Fox Walk 6:30 Knitting Club (L)	16. 9:30 Stepping Out 10:30 Manicures 2:00 The Piano Tuners (Wr)
17. 10:00 The Daily Perk 11:00 Neighbourhood time 2:00 Ice Cream Sundaes	18. 9:00 Conversation Cafe 9:30 Out for Walks 10:30 Sit and Get fit with PAL 11:00 Music on demand 1:30 Family Board Games 6:30 Musical Moments (CC)	19. 9:30 Rosary (C) 11:00 Out for Walks 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CY)	20 Carnival Day 10-3 Carnival 3:30 Balance Class (FC) 3:30 Green Thumbs	21. 9:30 Church Service (C) 1:30 You and Me 3:00 Music on Demand 4:00 Colouring in the Kitchen 6:30 Brains & Banter (CC)	22. 10:00 Manicures 2:00 BINGO 3:30 Active Games (FC) 6:30 Knitting Club (L)	23. 9:30 Stepping Out 10:30 Manicures 2:00 Dynamic Duo (Jo)
24. 9:30 The Daily Perk 10:30 Neighborhood Time 1:00 Stepping Out 2:00 Pub Cart	25. 9:30 You and Me 10:30 Sit and Get fit with PAL 11:00 Music on Demand 1:30 Out for Walks 3:30 Total Body Fitness 6:30 Jeopardy (CC)	26. 9:30 Rosary (C) 11:00 Coffee Time (Tim Horton's) 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CY)	27. 9:30 You and Me 10:30 Colouring in the Kitchen 1:30 Active Games 3:30 Balance Class (FC) 3:30 Green Thumbs 6:30 Board Games (C)	28. 9:30 Church Service (C) 1:30 You and Me 3:00 Music on Demand 4:00 Colouring in the Kitchen 6:30 Brains & Banter (CC)	29. 9:00 Baking in the Kitchen 11:00 You and Me 2:00 Birthday Party 3:30 Active Games (FC) 6:30 Knitting Club (L)	30. Orange Shirt Day for Truth and Reconciliation 10:00 Stepping Out 11:00 Manicures 2:00 Twas Now (Do)