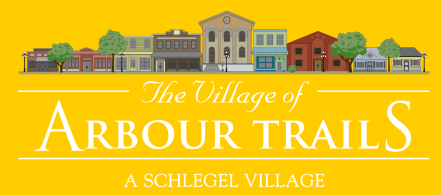





September 2023

Neighbourhoods of Williamsburg & Becker

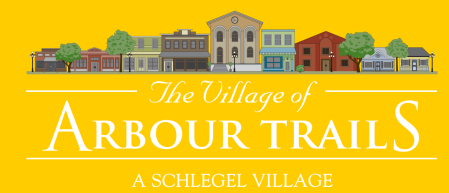


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div style="border: 1px solid black; padding: 5px;"> <p>Where Is The Program?</p> <p>C—Chapel HS—Hobby Shop L—Library SC—Social Club TS—Town Square FE—Front Entrance</p> <p>MF—Main Floor TH—Town Hall PC—Patio Courtyard BP—Back Pond FC—Fitness Centre</p> <p>NOTE: Programs, their times, and locations are</p> </div>		<div style="border: 1px solid black; padding: 5px;"> <p>Barb's Produce</p> <p>Every Thursday, get your fresh produce at the Arbour Trails Front Entrance from 9:00-1:00!</p>  </div>		<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Recreation Contact Information:</p> <p>arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 811</p> </div>		<p>1</p> <p>9:30 VON Exercise Class FC</p> <p>2:30 Entertainment: "Martin Wall" TH</p> <p>7:15 Popcorn Pickup TH</p> <p>7:30 Movie: "An Affair to Remember" TH</p>	<p>2</p> <p>10:15 Morning Smoothies MF Café</p> <p>11:15 Balloon Volleyball FC</p> <p>1:30 Word Games L</p> <p>2:30 Saturday Series: "Downton Abbey" TH</p> <p>3:30 Happy Hour MF Café</p> <p>7:30 Comedy Hour TH</p>
<p>3</p> <p>10:15 Specialty Coffee Café MF Café</p> <p>11:15 DrumFIT FC</p> <p>1:30 Afternoon Sports SC</p> <p>2:15 Brain Game</p> <p>Package Pick-up HS</p> <p>3:00 Chapel Service C</p> <p>3:45 Fellowship Social MF Café</p> <p>4:00 Sunday Series: "Keeping up Appearances" TH</p>	<p>4</p> <p>10:00 Better Balance FC</p> <p>10:15 Vinyl Café: Stories by Stuart McLean L</p> <p>10:30 Catholic Communion C</p> <p>11:00 Current Events HS</p> <p>2:00 Get Active (Seated) FC</p> <p>3:00 Musical Bingo HS</p> <p>2:30 & 7:30 Movie: "Out of Africa" TH</p>	<p>5 Cameron Cards 10:30-2 TS</p> <p>10:30 Meeting of Minds Discussion Group TH</p> <p>1:30 Afternoon Music TH</p> <p>2:15 Art Hour: Collage Making with Anita HS</p> <p>2:30 Knitting Group L</p> <p>3:30-4:30 Tech Help HS</p> <p>*Call 811</p> <p>7:30 Hand Therapy HS</p>	<p>6</p> <p>9:30 VON Exercise Class FE</p> <p>10:00 Get Active (Standing) FC</p> <p>10:15 Documentary: "Our Planet: One Planet" TH</p> <p>11:15 Lunch Outing: Montana's BBQ & Grill</p> <p>*Sign-up Only</p> <p>2:00 Get Active (Seated) FC</p> <p>2:30 Giant Crossword L</p> <p>3:00 Bookmobile FE</p> <p>3:30 Happy Hour MF Café</p> <p>7:30 Music on Wednesday TH</p>	<p>7 Mobile Senior Shop 10-2 HS</p> <p>10:30 Garden Club HS</p> <p>1:30 Afternoon Walks FE</p> <p>2:30 Entertainment: "Paul Schalm" TS</p> <p>3:30 Outings Committee Meeting HS</p> <p>3:45 The Price is Right! TH</p> <p>7:30 Bingo! HS</p>	<p>8</p> <p>9:30 VON Exercise Class FC</p> <p>10:30 Flower Arranging for the 10th Anniversary Event HS</p> <p>2-3 Team Member Service Awards TS</p> <p>3:30 Hand Therapy HS</p> <p>*Note Time Change</p> <p>7:15 Popcorn Pickup TH</p> <p>7:30 Movie: "The Dam Busters" TH</p>	<p>9</p> <p>10:15 Morning Smoothies MF Café</p> <p>11:15 Balloon Volleyball FC</p> <p>1-3 Arbour Trails 10th Anniversary Event TS</p> <p>7:30 Comedy Hour TH</p>	
<p>10 Grandparents Day</p> <p>10:15 Specialty Coffee Café MF Café</p> <p>11:15 DrumFIT FC</p> <p>1:30 Afternoon Sports SC</p> <p>2:15 Brain Game</p> <p>Package Pick-up HS</p> <p>3:00 Chapel Service C</p> <p>3:30 Ice Cream Social MF Café</p> <p>4:00 Sunday Series: "Keeping up Appearances" TH</p>	<p>11 Residents' Council Week</p> <p>10:00 Better Balance FC</p> <p>10:15 Vinyl Café: Stories by Stuart McLean L</p> <p>10:30 Catholic Communion C</p> <p>11:00 Current Events HS</p> <p>2:00 Get Active (Seated) FC</p> <p>3:00 Musical Bingo HS</p> <p>2:30 & 7:30 Movie: Mamma Mia, Here we go Again" TH</p> <p style="text-align: center;">Visit the Executive Residents' Council display in Town Square</p>	<p>12</p> <p>10:30 Meeting of Minds Discussion Group TH</p> <p>1:30 Afternoon Music TH</p> <p>2:15 Art Hour: Tie Dye Creations HS</p> <p>2:30 Film of Faith: "Indescribable" TH</p> <p>2:30 Knitting Group L</p> <p>3:30 Stretch Class FC</p> <p>3:30-4:30 Tech Help HS</p> <p>*Call 811</p> <p>7:30 Hand Therapy HS</p> <p style="text-align: center;">10-4 Residents' Council Scavenger Hunt—info in the Hobby Shop</p>	<p>13</p> <p>9:30 VON Exercise Class FE</p> <p>10:00 Get Active (Standing) FC</p> <p>10:15 Documentary: "Our Planet: Frozen Worlds" TH</p> <p>1:30 Get Active (Seated) FC</p> <p>*Note Time Change</p> <p>2:30 Giant Crossword L</p> <p>3:30 Executive Residents' Council Meet & Greet MF Café</p> <p>6:00 Bookmobile Pre-orders HS</p> <p>7:30 Classical Music on Wednesday: "Schubert, Franz Video – Vienna Phil" TH</p>	<p>14</p> <p>10:30 Garden Club HS</p> <p>10:45 Chair Yoga FC</p> <p>1:30 Classic TV Show "The Beverly Hillbillies" TH</p> <p>2:15 Sing-Along Series TH</p> <p>3:30 Mini Golf FC</p> <p>7:30 Bingo! HS</p> <p style="text-align: center;">Pick up a Residents' Council info booklet in Town Square!</p>	<p>15</p> <p>9:30 VON Exercise Class FC</p> <p>2:30 Entertainment: "Grace Cowley" TH</p> <p>2:30 Hand Therapy HS</p> <p>3:30 Wine and Cheese Social MF Café</p> <p>7:15 Popcorn Pickup TH</p> <p>7:30 Movie: "Julie & Julia" TH</p>	<p>16 Rosh Hashanah</p> <p>10:30 Outing: Peggy's Ladies Apparel & Lunch at Casa Americo</p> <p>*Sign-up Only</p> <p>2:30 Saturday Series: "Downton Abbey" TH</p> <p>3:30 Happy Birthday Hour MF Café</p> <p>7:30 Comedy Hour TH</p>	



September 2023

Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>10:15 Specialty Coffee Café MF Café</p> <p>11:15 DrumFIT FC</p> <p>1:30 Afternoon Sports SC</p> <p>2:15 Terry Fox Walk FE</p> <p>3:00 Chapel Service C</p> <p>3:45 Fellowship Social MF Café</p> <p>4:00 Sunday Series: "Keeping up Appearances" TH</p>	<p>18</p> <p>10:00 Better Balance FC</p> <p>10:15 Vinyl Café: Stories by Stuart McLean L</p> <p>10:30 Catholic Communion C</p> <p>11:00 Current Events HS</p> <p>2:00 Get Active (Seated) FC</p> <p>2:30 Entertainment: "Robert McKinnon" TH</p> <p>3:45 Musical Bingo HS</p> <p>2:30 & 7:30 Movie: "The Graduate" TH</p>	<p>19 Suzanne M Jewelry 10:30-2 TS</p> <p>10:30 Meeting of Minds Discussion Group TH</p> <p>1:30 Afternoon Music TH</p> <p>2:15 Art Hour: Collage Making with Anita HS</p> <p>2:30 Knitting Group L</p> <p>3:30 Stretch Class FC</p> <p>3:30-4:30 Tech Help HS</p> <p>*Call 811</p> <p>7:30 Hand Therapy HS</p>	<p>20</p> <p>9:30 VON Exercise Class FE</p> <p>10:00 Get Active (Standing) FC</p> <p>10:15 Documentary: "For Love" TH</p> <p>2:00 Get Active (Seated) FC</p> <p>2:15-3:00 Therapeutic Paws HS</p> <p>2:30 Food Committee Meeting L</p> <p>2:30 Giant Crossword SC</p> <p>3:00 Bookmobile FE</p> <p>3:30 Happy Hour MF Café</p> <p>7:30 Music on Wednesday TH</p>	<p>21 KMW Clothing 10-3 HS</p> <p>10:15 Documentary: "Alive Inside" TH</p> <p>10:30 Reminiscing Game L</p> <p>10:30 Bible Study C</p> <p>10:45 Chair Yoga FC</p> <p>1:30 Classic TV Show "The Beverly Hillbillies" TH</p> <p>2:15 Sing-Along Series TH</p> <p>3:00 Movie Crew Meeting HS</p> <p>3:30 Price Is Right TH</p> <p>5:00 Dinner Outing: Cherry Blossom Sushi</p> <p>*Sign-up Only</p> <p>7:30 Bingo! HS</p> <p>World Alzheimer's Day</p>	<p>22</p> <p>9:30 VON Exercise Class FC</p> <p>10:30 Morning Meditation TH</p> <p>2:30 Hand Therapy HS</p> <p>3:30 High Tea MF Café</p> <p>7:15 Popcorn Pickup TH</p> <p>2:30 & 7:30 Movie: "The Pirates of Penzance" TH</p>	<p>23 First Day of Fall</p> <p>10:15 Morning Smoothies MF Café</p> <p>11:15 Balloon Volleyball FC</p> <p>1:30 Word Games L</p> <p>2:30 Saturday Series: "Downton Abbey" TH</p> <p>3:30 'Welcoming Autumn' Social MF Café</p> <p>7:30 Comedy Hour TH</p>
<p>24 Arts and Aging Day</p> <p>10:15 Specialty Coffee Café MF Café</p> <p>11:15 DrumFIT FC</p> <p>1:30 Afternoon Sports SC</p> <p>2:15 Brain Game Package Pick-up HS</p> <p>2-4 Resident Art Show HS</p> <p>3:00 Chapel Service C</p> <p>3:45 Fellowship Social MF Café</p> <p>4:00 Sunday Series: Keeping up Appearances" TH</p>	<p>25 Yom Kippur</p> <p>10:00 Better Balance FC</p> <p>10:15 Vinyl Café: Stories by Stuart McLean L</p> <p>10:30 Catholic Communion C</p> <p>11:00 Current Events HS</p> <p>2:00 Get Active (Seated) FC</p> <p>3:00 Musical Bingo HS</p> <p>2:30 & 7:30 Movie: "On Golden Pond" TH</p>	<p>26</p> <p>10:30 Meeting of Minds Discussion Group TH</p> <p>1:30 Afternoon Music TH</p> <p>2:15 Art Hour: Painting on Silks with Kathy HS</p> <p>2:30 Knitting Group L</p> <p>3:30 Stretch Class FC</p> <p>3:30-4:30 Tech Help HS</p> <p>*Call 811</p> <p>7:30 Hand Therapy HS</p>	<p>27 World Tourism Day</p> <p>9:30 VON Exercise Class FE</p> <p>10:00 Get Active (Standing) FC</p> <p>10:15 Documentary: "Expedition Amelia" TH</p> <p>2:00 Get Active (Seated) FC</p> <p>2:30 Residents' Council Meeting TH</p> <p>3:30 Happy Hour MF Café</p> <p>6:00 Bookmobile Pre-orders HS</p> <p>7:30 Classical Music on Wednesday: "Handel Concertos" TH</p>	<p>28</p> <p>10:30 Bible Study C</p> <p>10:30 Reminiscing Game L</p> <p>10:45 Chair Yoga FC</p> <p>1:30 Classic TV Show "The Beverly Hillbillies" TH</p> <p>2:15 Sing-Along Series TH</p> <p>3:30 Mini Golf FC</p> <p>7:30 Bingo! HS</p>	<p>29</p> <p>9:30 VON Exercise Class FC</p> <p>2:30 Hand Therapy HS</p> <p>3:30 Destination Social: Tuscany, Italy MF Café</p> <p>7:15 Popcorn Pickup TH</p> <p>2:30 & 7:30 Movie: "On The Waterfront" TH</p>	<p>30 National Day for Truth and Reconciliation Day—Wear Orange</p> <p>9:30 Outing: Conestoga Mall *Sign-up Only</p> <p>10:15 Documentary: "We Were Children" TH</p> <p>2:30 Saturday Series: "Downton Abbey" TH</p> <p>3:30 Happy Hour MF Café</p> <p>4:15 Virtual Concert: Celebrating Canadian Indigenous Music TH</p> <p>7:30 Comedy Hour TH</p>

Where Is The Program?

C—Chapel
HS—Hobby Shop
L—Library
SC—Social Club
TS—Town Square
FE—Front Entrance
MF—Main Floor
TH—Town Hall
PC—Patio Courtyard
BP—Back Pond
FC—Fitness Centre

NOTE: Programs, their times, and locations are subject to change

Barb's Produce

Every Thursday, get your fresh produce at the Arbour Trails Front Entrance from 9:00-1:00!



Recreation Contact Information:

Arbourtrails.recreation@schlegelvillages.com
 (226)-251- 3065 Extension 811