




# September 2023

## Egerton Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>LR- Living Room</b> <b>DR - Dining Room</b> <b>RR - Resident Room</b> <b>CK - Country Kitchen</b> <b>S - Solarium</b> <b>M - Mezzanine</b> <b>TH - Town Hall</b>			<b>Recreation Phone:</b> 519 -904 -0650 ex. 8206 <b>Recreation Email:</b> ug.rhrecteam@schlegelvillages.com			<b>1.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>1:30</b> Outdoor Walks (Weather Permitting) <b>3:00</b> Café Time—LR	<b>2.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Movie: Sully (starring Tom Hanks)—LR <b>3:15</b> Manicures/Nail Care-RR
<b>3.</b> <b>9:30</b> Morning Greetings <b>10:00</b> Virtual Church Service <b>11:00</b> 1:1 Communion—RR <b>11:30</b> Hymn Sing—LR <b>1:00</b> Hand Therapy—CK <b>3:00</b> Coffee & Conversation-S	<b>4. Labour Day</b> <b>2:00</b> BINGO!—LR <b>4:00</b> Active Hallway Game <b>6:30</b> Biography: Elvis Presley LR	<b>5. First Day of School</b> <b>9:30</b> Morning Greetings <b>10:30</b> Trivia - LR <b>11:00</b> Back to School Photo Booth—TH <b>11:15</b> Exercise with Emily <b>2:30</b> Back to School Social—LR	<b>6.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Kitchen Creations: Apple Bread—CK <b>1:30</b> Happy Hour—DR <b>3:00</b> Fun with Words—LR	<b>7.</b> <b>10:30</b> Spiritual Life Gathering <b>11:15</b> Exercise with Emily <b>2:00</b> Art Exploration: Leaf Art <b>3:45</b> Flute Performance—Back Patio	<b>8.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>1:30</b> Outdoor Walks (Weather Permitting) <b>3:00</b> Café Time—LR	<b>9.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Baking Cupcakes—CK <b>3:15</b> Manicures/Nail Care-RR	
<b>10. Grandparent's Day</b> <b>9:30</b> Morning Greetings <b>10:00</b> Virtual Church Service <b>11:30</b> Hymn Sing—LR <b>1:00</b> Hand Therapy—CK <b>3:00</b> Grandparents Day Social—LR	<b>11.</b> <b>2:00</b> BINGO!—LR <b>4:00</b> Active Hallway Game <b>6:30</b> Nature Documentary/Outdoor Walks	<b>12.</b> <b>9:30</b> Morning Greetings <b>10:30</b> Trivia- LR <b>11:15</b> Exercise with Emily <b>1:30</b> Outing: Walk in Waterloo Park (sign up with Recreation)	<b>13.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Kitchen Creations: Pineapple Upside-Down Cake CK <b>1:30</b> Happy Hour—DR <b>3:00</b> Fun with Words—LR	<b>14.</b> <b>10:30</b> Spiritual Life Gathering <b>11:15</b> Exercise with Emily <b>2:45</b> Live Entertainment with Bob MacLean—LR <b>6:30</b> Concert: Louis Armstrong—LR	<b>15.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>2:00-3:30</b> Terry Fox Walk	<b>16.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Movie: Mamma Mia!-LR <b>3:15</b> Manicures/Nail Care-RR	
<b>17.</b> <b>9:30</b> Morning Greetings <b>10:00</b> Virtual Church Service <b>11:00</b> 1:1 Communion—RR <b>11:30</b> Hymn Sing—LR <b>1:00</b> Hand Therapy—CK <b>3:00</b> Coffee & Conversation - S	<b>18.</b> <b>2:00</b> BINGO!—LR <b>4:00</b> Active Hallway Game <b>6:15</b> An Evening with Leavin' Tracks—LR	<b>19.</b> <b>9:30</b> Morning Greetings <b>10:30</b> Trivia - LR <b>11:15</b> Exercise with Emily <b>1:30</b> Outdoor Walks (weather permitting) <b>3:00</b> Fun with Words—LR	<b>20. 10-3 UG FALL FAIR</b> 	<b>21. September Equinox</b> <b>10:30</b> Spiritual Life Gathering <b>11:15</b> Exercise with Emily <b>1:30</b> First Day of Fall Trivia-LR <b>3:00</b> Jeopardy—LR	<b>22.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>1:30</b> Outdoor Walks (Weather Permitting) <b>3:00</b> Café Time—LR	<b>23.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Art Exploration: Fall Craft—CK <b>3:15</b> Manicures/Nail Care-RR	
<b>24.</b> <b>9:30</b> Morning Greetings <b>10:00</b> Virtual Church Service <b>11:30</b> Hymn Sing—LR <b>1:00</b> Hand Therapy—CK <b>3:00</b> Ladies Social—S	<b>25.</b> <b>2:00</b> BINGO!—LR <b>4:00</b> Active Hallway Game <b>6:30</b> Nature Documentary/Outdoor Walk	<b>26.</b> <b>9:30</b> Morning Greetings <b>10:30</b> Trivia - LR <b>11:15</b> Exercise with Emily <b>1:30</b> Outing: Fall Drive to see the Colours (sign up with Recreation)	<b>27.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Kitchen Creations: Oatmeal Crispies—CK <b>2:30</b> BIG BAND Birthday Bash on the Back Patio!	<b>28.</b> <b>10:30</b> Spiritual Life Gathering <b>11:15</b> Exercise with Emily <b>2:00</b> Active Hallway Game <b>4:00</b> Jeopardy—LR <b>6:30</b> Concert: Chuck Berry-LR	<b>29.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>1:30</b> Outdoor Walks (weather permitting) <b>3:00</b> Fun with Words—LR	<b>30.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Baking: Mimosa Butter Cookies —CK <b>3:15</b> Manicures/Nail Care-RR	



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<b>3.</b> <b>9:30</b> Morning Greetings <b>10:00</b> Virtual Church Service <b>11:00</b> 1:1 Communion-RR <b>11:30</b> Hymn Sing—LR <b>1:00</b> Hand Therapy-CK <b>3:00</b> Coffee & Conversation-S	<b>4. Labour Day</b> <b>2:00</b> BINGO!—LR <b>4:00</b> Active Hallway Game <b>6:30</b> Biography: Elvis Presley--LR	<b>5. First Day of School</b> <b>9:30</b> Morning Greetings <b>10:30</b> Trivia - LR <b>11:00</b> Back to School Photo Booth—TH <b>11:15</b> Exercise with Emily <b>2:30</b> Back to School Social—LR	<b>6.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Kitchen Creations: Apple Bread—CK <b>1:30</b> Happy Hour—DR <b>3:00</b> Fun with Words—LR	<b>7.</b> <b>10:30</b> Spiritual Life Gathering <b>11:15</b> Exercise with Emily <b>2:00</b> Art Exploration: Leaf Art <b>3:45</b> Flute Performance—Back Patio	<b>8.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>1:30</b> Outdoor Walks (Weather Permitting) <b>3:00</b> Café Time—LR	<b>9.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Baking Cup-cakes—CK <b>3:15</b> Manicures/Nail Care-RR	
<b>10. Grandparent's Day</b> <b>9:30</b> Morning Greetings <b>10:00</b> Virtual Church Service <b>11:30</b> Hymn Sing—LR <b>1:00</b> Hand Therapy-CK <b>3:00</b> Grandparents Day Social—LR	<b>11.</b> <b>2:00</b> BINGO!—LR <b>4:00</b> Active Hallway Game <b>6:30</b> Nature Documentary/Outdoor Walks	<b>12.</b> <b>9:30</b> Morning Greetings <b>10:30</b> Trivia- LR <b>11:15</b> Exercise with Emily <b>1:30</b> Outing: Walk in Waterloo Park (sign up with Recreation)	<b>13.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Kitchen Creations: Pineapple Upside-Down Cake-- CK <b>1:30</b> Happy Hour—DR <b>3:00</b> Fun with Words—LR	<b>14.</b> <b>10:30</b> Spiritual Life Gathering <b>11:15</b> Exercise with Emily <b>2:45</b> Live Entertainment with Bob MacLean—LR <b>6:30</b> Concert: Louis Armstrong—LR	<b>15.</b> <b>9:30</b> Morning Greetings <b>11:15</b> Fun & Fitness—LR <b>2:00-3:30</b> Terry Fox Walk	<b>16.</b> <b>9:30</b> Morning Greetings <b>11:00</b> Saturday Stretches-LR <b>1:30</b> Movie: Mamma Mia!--LR <b>3:15</b> Manicures/Nail Care-RR	



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