


September 2023

Emma's Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Recreation Phone: 519 -904 -0650 ex. 8206 Recreation Email: ug.rhrecteam@schlegelvillages.com				1. 8:00 Breakfast 11:00 Neighborhood Time 12:00 Lunch 2:00 Stepping Out 4:00 Brains and Banter 5:00 Dinner 6:15 Movie Night And Popcorn	2. 8:00 Breakfast 9:30 Morning Greetings 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 3:00 Soothing Sensation 5:00 Dinner
3. 8:00 Breakfast 9:30 Morning Greetings 11:00 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail care 5:00 Dinner	4. Labour Day 8:00 Breakfast 9:30 Morning Greetings 10:30 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 You and Me 5:00 Dinner	5. First Day of School 8:00 Breakfast 11:00 School Dress Photo Booth-TH 12:00 Lunch 1:30 Chaplin Visit 2:45 For the Fun of fit with Emily 5:00 Dinner 6:15 Documentary	6. 8:00 Breakfast 9:30 Morning Greetings 11:00 Stepping out 12:00 Lunch 1:30 Circle of friends 5:00 Dinner	7. 8:00 Breakfast 9:30 Morning Greetings 10:30 In the kitchen 12:00 Lunch 1:30 Brain and Banter 2:45 For the Fun of Fit with Emily 3:45 Flute Performance—P 5:00 Dinner	8. 8:00 Breakfast 11:00 Neighborhood Time 12:00 Lunch 2:00 Stepping Out 4:00 Brains and Banter 5:00 Dinner 6:15 Movie Night and popcorn	9. 8:00 Breakfast 9:30 Morning Greetings 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 3:00 Soothing Sensation 5:00 Dinner	
10. Grandparent's Day 8:00 Breakfast 9:30 Morning Greetings 11:00 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail Care 5:00 Dinner	11. 8:00 Breakfast 9:30 Morning Greetings 10:30 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 You and Me 5:00 Dinner	12. 8:00 Breakfast 10:15 Kitchen Creations: Apple Muffins 12:00 Lunch 1:30 Outing: Walk in Waterloo Park (sign up with Recreation) 2:45 For the Fun of Fit with Emily 5:00 Dinner 6:15 Documentary	13. 8:00 Breakfast 9:30 Morning Greetings 11:00 Stepping out 12:00 Lunch 1:30 Circle of friends 2:00 Entertainment with Robbie Fredericks 5:00 Dinner	14. 8:00 Breakfast 9:30 Morning Greetings 10:30 In the kitchen 12:00 Lunch 2:00 Entertainment with Bob MacLean 5:00 Dinner	15. 8:00 Breakfast 11:00 Neighborhood Time 12:00 Lunch 2:00-3:30 Terry fox Walk 5:00 Dinner 6:15 Movie Night And Popcorn	16. 8:00 Breakfast 9:30 Morning Greetings 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 3:00 Soothing Sensation 5:00 Dinner	
17. 8:00 Breakfast 9:30 Morning Greetings 11:00 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail care 5:00 Dinner	18. 8:00 Breakfast 9:30 Morning Greetings 10:30 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 You and Me 5:00 Dinner 6:15 Evening with Leavin' Tracks (EG)	19. 8:00 Breakfast 10:15 Kitchen Creations: English Scones 12:00 Lunch 1:30 Chaplin Visit 2:45 For the Fun of fit with Emily 5:00 Dinner 6:15 Documentary	20. UG FALL FAIR 10:00-3:00PM 	21. 8:00 Breakfast 9:30 Morning Greetings 10:30 In the kitchen 12:00 Lunch 1:30 Brain and Banter 2:45 For the Fun of Fit with Emily 5:00 Dinner	22. 8:00 Breakfast 11:00 Neighborhood Time 12:00 Lunch 2:00 Stepping Out 4:00 Brains and Banter 5:00 Dinner 6:15 Movie Night and popcorn	23. 8:00 Breakfast 9:30 Morning Greetings 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 3:00 Soothing Sensation 5:00 Dinner	
24. 8:00 Breakfast 9:30 Morning Greetings 11:00 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail Care 5:00 Dinner	25. 8:00 Breakfast 9:30 Morning Greetings 10:30 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 You and Me 5:00 Dinner	26. 8:00 Breakfast 10:15 Kitchen Creations: Maple Carrot Cupcakes 12:00 Lunch 1:30 Outing: Fall Drive to see the colors (sign up with Rec) 2:45 For the Fun of Fit with Emily 5:00 Dinner 6:15 Documentary	27. 8:00 Breakfast 9:30 Morning Greetings 11:00 Stepping out 12:00 Lunch 1:30 Circle of friends 2:30 BIG BAND Birthday Bash on the Patio! 5:00 Dinner	28. 8:00 Breakfast 9:30 Morning Greetings 10:30 In the kitchen 12:00 Lunch 1:30 Brain and Banter 2:45 For the Fun of Fit Emily 5:00 Dinner	29. 8:00 Breakfast 11:00 Neighborhood Time 12:00 Lunch 2:00 Stepping Out 4:00 Brains and Banter 5:00 Dinner 6:15 Movie Night and Popcorn	30. 8:00 Breakfast 9:30 Morning Greetings 11:00 Express Yourself 12:00 Lunch 2:00 Musical Moments 3:00 Soothing Sensation 5:00 Dinner	



September 2023

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week-1	Terry Fox Walk Grandparents Day Carnival		Recreation Phone: 519 -904 -0650 ex. 8206 Recreation Email: ug.rhrecteam@schlegelvillages.com		1. 8:00 Breakfast 10 00 Morning greetings 11:15 Circle of Friends 12:00 Lunch 3:00 Brains and Banter 5:00 Dinner 6:15 Movie Night And Popcorn	2. 8:00 Breakfast 10 00 Morning greetings 11:00 Express Yourself 12:00 Lunch 1:45 5:00 Dinner
3. 8:00 Breakfast 10:00 Morning Greetings 10:30 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail care 5:00 Dinner	4. 8:00 Breakfast 10:00 Morning Greetings 10:30 Brains and Banter 12:00 Lunch 2:00 Stepping Out 3:00 You and Me	5. First Day of School 8:00 Breakfast 10 00 Morning greetings 10:30 express yourself 12:00 Lunch 2:00 Stepping out (Gardening) 5:00 Dinner	6. 8:00 Breakfast 10 00 Morning greetings 12:00 Lunch 1:30 For the Fun of Fit 5:00 Dinner	7. 8:00 Breakfast 10 00 Morning greetings 10:30 in the kitchen 12:00 Lunch 2:00 You and me 3:45 Flute Performance—P 5:00 Dinner	8. 8:00 Breakfast 10 00 Morning greetings 12:00 Lunch 2:00 Bingo 5:00 Dinner 6:15 Movie Night and popcorn	9. 8:00 Breakfast 10 00 Morning greetings 11:00 Express Yourself 12:00 Lunch 2:00 For the Fun of Fit 3:00 Musical Moments 5:00 Dinner
10. Grandparent's Day 8:00 Breakfast 10:00 Morning Greetings 10:30 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail Care	11. 8:00 Breakfast 10:00 Morning Greetings 10:30 Brains and Banter 12:00 Lunch 2:00 Stepping Out 3:00 You and Me 5:00 Dinner	12. 8:00 Breakfast 10 00 Morning greetings 10:30 express yourself 12:00 Lunch 2:00 Stepping out (Gardening) 5:00 Dinner	13. 8:00 Breakfast 10 00 Morning greetings 12:00 Lunch 1:30 For the Fun of Fit 2:00 Emma's Entertainment with Robbie Fredericks 5:00 Dinner	14. 8:00 Breakfast 10 00 Morning greetings 10:30 in the kitchen 12:00 Lunch 2:00 Emma's Entertainment with Bob MacLean 5:00 Dinner	15.(a) 8:00 Breakfast 10 00 Morning greetings 11:15 Circle of Friends 12:00 Lunch 2:00 You and me 3:00 Brains and Banter 5:00 Dinner	16. 8:00 Breakfast 10 00 Morning greetings 11:00 Express Yourself 12:00 Lunch 1:45 5:00 Dinner
17. 8:00 Breakfast 10:00 Morning Greetings 10:30 For the Soul 12:00 Lunch 1:30 You and Me 3:00 Nail care 5:00 Dinner	18. 8:00 Breakfast 10:00 Morning Greetings 10:30 Brains and Banter 12:00 Lunch 2:00 Stepping Out 2:30 "Plan for Peace of Mind" Presentation by Tri-City Cre- mation Services—TH 3:00 You and Me 5:00 Dinner 6:15 Evening with Leavin' Tracks (Em)	19. 8:00 Breakfast 10 00 Morning greetings 10:30 express yourself 12:00 Lunch 2:00 Stepping out (Gardening) 5:00 Dinner	20. UG FALL FAIR 8:00 Breakfast 10 00 Morning greetings 12:00 Lunch 5:00 Dinner	21. 8:00 Breakfast 10 00 Morning greetings 10:30 in the kitchen 12:00 Lunch 2:00 You and me 5:00 Dinner	22. 8:00 Breakfast 10 00 Morning greetings 12:00 Lunch 5:00 Dinner 6:15 Movie Night and popcorn	23. 8:00 Breakfast 10 00 Morning greetings 11:00 Express Yourself 12:00 Lunch 2:00 For the Fun of Fit 3:00 Musical Moments 5:00 Dinner
24. 8:00 Breakfast 10:00 Morning Greetings	25. OKTOBERFEST BEGINS 8:00 Breakfast 10:00 Morning Greetings	26. 8:00 Breakfast 10 00 Morning greetings	27. 8:00 Breakfast 10 00 Morning greetings	28. 8:00 Breakfast 10 00 Morning greetings	29. 8:00 Breakfast 10 00 Morning greetings	30. 8:00 Breakfast 12:00 Lunch