

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

First Floor Neighbourhood

<p>10:00 You & I 1:30 BINGO 2:30 Stepping Out</p>	<p>10:00 Circle of Friends 1:30 For the Fun of Fit 2:30 Brains & Banter</p> <p>Labor Day</p>	<p>National Cheese Pizza Day 9:30 In the Kitchen 1:00 Neighbourhood Time 1:30 Exercise with Jonathan 2:00 Legion of Mary Visits</p>	<p>Music with Jennifer 9:30 Greeting the Day 10:30 Duet Bike Rides 1:30 Ice Cream Truck!</p>	<p>9:30 Friendly Visits 10:30 Exercise with Jonathan 1:00 Stepping Out</p>	<p>9:30 BINGO 1:00 Stepping Out</p>	<p>International Bacon Day 10:00 Brains & Banter 1:30 Express Yourself 2:30 For the Soul</p>
<p>Happy Grandparents Day! 9:30 Greeting the Day 10:15 Triple C Farm Visits 2:00 Music with Paula French</p> <p>Grandparents Day</p>	<p>10:00 Tea and Chat 1:00 Stepping Out</p>	<p>10:00 You and I 10:30 Bible Study with Connie 1:30 Exercise with Jonathan 3:00 Resident Council</p>	<p>9:30 Brains & Banter 1:00 Friendly Visits 2:00 Music with Kim Atkins</p>	<p>National Kreme Filled Donut Day 9:30 Travelling Cart 10:30 Exercise with Jonathan 1:00 Circle of Friends</p>	<p>9:30 BINGO 1:00 Stepping Out</p> <p>Rosh Hashanah Begins</p>	<p>National Guacamole Day 10:00 Neighborhood Time 1:30 In the Kitchen 2:30 For the Fun of Fit</p> <p>Oktoberfest Begins</p>
<p>International Country Music Day 10:00 Greeting the Day 1:30 BINGO 2:30 Java Music Club</p>	<p>National Cheese Burger Day 10:00 You & I 12:00 McDonalds – Dine in 2:30 Brains & Banter</p>	<p>8:00 Birthday Breakfast 10:00 Brains and Banter 1:30 Exercise with Jonathan 2:00 Legion of Mary Visits</p>	<p>Music with Jennifer 9:30 Greeting the Day 10:30 Duet Bike Rides 1:00 Circle of Friends</p>	<p>National Pecan Cookie Day 10:30 Outing to African Lion Safari 10:30 Exercise with Jonathan 1:00 Friendly Visits</p>	<p>10:00 BINGO 1:30 In the Kitchen 2:30 For the Fun of Fit 5:00 Dine-In Domino's Pizza!</p>	<p>Fall Begins 9:30 Stepping Out 11:00 HCC Car Wash! 1:00 For the Soul</p> <p>Autumn Begins</p>
<p>9:30 Morning Movie 1:00 Soothing Sensations</p>	<p>10:00 Tea and Chat 1:00 Express Yourself</p>	<p>10:00 Friendly Visits 10:30 Bible Study with Connie 1:30 Exercise with Jonathan 2:00 Marion Shynal Performs</p>	<p>HCC's Festival of Flavours! 9:30 Greeting the Day 10:30 Brains & Banter 1:00 Express Yourself</p>	<p>9:30 Neighbourhood Time 10:30 Exercise with Jonathan 1:30 Outing to Jackson Square</p>	<p>9:30 BINGO 1:00 Friendly Visits</p> <p>Sukkot Begins</p>	<p>National Day for Truth and Reconciliation 10:00 Neighborhood Time 1:30 Express Yourself 2:30 You & I</p>