


# September 2023 Egerton Neighbourhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> Back patio (BP) Chapel (CH) Country Kitchen (CK) Dining Room (DR) Egerton (EG) Egerton (H) Hobby Shop (H) Hobby Shop (HS) Library (L) Main Street (MS) Neighbourhood (N) Outing (O)	<b>LOCATION</b> Ruby (R) School House (SH) Social Club (SC) Town Hall (TH) Town Square (TS) Waterfall Room (W)			Buy Progressive Bingo Card (HS) 1 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:00am Sign up Day (HS) 10:30am Java Music Club (CK) 10:30am Current Events & Human Interest (L) 12:00pm Lunch (DR) 1:30pm You and I Visits 2:30pm Hand Wax Therapy (HS) 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 7:15pm Movie Night: "Diana the Musical" (TH)	8:00am Breakfast (DR) 2 10:00am Progressive Bingo # Pulled (HS) 10:30am In The Kitchen 12:00pm Lunch (DR) 2:00pm Blue Eyed Bill Entertains (Everyone Welcome) (EG) 4:00pm Brains & Banter 5:00pm Dinner (DR)
8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 3 10:30am For The Soul with Rec 10:30am Specialty Tea & Coffee (HS) 12:00pm Lunch (DR) 2:30pm Church Service with Ankit (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	Labour Day 4 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:30am Friendly 1:1 Visits 12:00pm Lunch (DR) 1:30pm Nail Painting 3:00pm Hand Wax Therapy (HS) 3:15pm Lifemark General Exercise 3:30pm Express Yourself 5:00pm Dinner (DR)	8:00am Breakfast (DR) 5 10:00am Progressive Bingo # Pulled (HS) 10:00am Roman Catholic Communion (CH) 10:00am 10-3 The Boutique Vendor 11:00am For The Fun of Fit with Moses (EG) 12:00pm Lunch (DR) 1:30pm Circle of Friends 3:00pm Chaplet of Divine Mercy & Rosary (TH) 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 6:30pm You and I Visits	8:00am Breakfast (DR) 6 9:15am Breakfast Club: French Toast - Sign Up (H) 10:00am Progressive Bingo # Pulled (HS) 10:30am Group Crossword Puzzle (W) 11:00am DanceFIT (TH) 11:00am 11-2 Ruby on the Run (MS) 12:00pm Lunch (DR) 1:00pm LifeMark: General Exercise 5:00pm Dinner (DR)	8:00am Breakfast (DR) 7 10:00am Progressive Bingo # Pulled (HS) 10:30am Morning Movements 12:00pm Lunch (DR) 2:00pm In The Kitchen 3:45pm Musical Moments 5:00pm Dinner (DR)	8:00am Breakfast (DR) 8 10:00am Progressive Bingo # Pulled (HS) 10:30am Java Music Club (CK) 10:30am Current Events & Human Interest (L) 12:00pm Lunch (DR) 1:30pm You and I Visits 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 7:15pm Movie Night: "Dreamgirls" (TH)	8:00am Breakfast (DR) 9 10:00am Progressive Bingo # Pulled (HS) 10:30am Bowling (EG) 12:00pm Lunch (DR) 1:15pm Friendly 1:1 Visits 2:30pm Entertainment with Bruce Tournay (TH) 3:30pm Super Loonie Bingo (HS) 5:00pm Dinner (DR)
Happy Grandparents Day! 10 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:00am Church Service with Ankit (TH) 10:30am For The Soul with Rec 10:30am Specialty Tea & Coffee (HS) 12:00pm Lunch (DR) 1:30pm Grandparents' Day Card Delivery (N) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	8:00am Breakfast (DR) 11 10:00am Progressive Bingo # Pulled (HS) 10:30am For the Soul with Janet 10:30am Friendly 1:1 Visits 12:00pm Lunch (DR) 1:00pm Flamboro Downs Casino Outing - Sign Up 1:30pm Nail Painting 3:15pm Lifemark General Exercise 3:30pm Express Yourself 5:00pm Dinner (DR)	8:00am Breakfast (DR) 12 10:00am Progressive Bingo # Pulled (HS) 10:00am Roman Catholic Communion (CH) 10:30am Lettuce Talk Food (HS) 11:00am For The Fun of Fit with Moses (EG) 12:00pm Lunch (DR) 1:30pm Circle of Friends 3:00pm Chaplet of Divine Mercy & Rosary (TH) 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 6:30pm You and I Visits	8:00am Breakfast (DR) 13 10:00am Progressive Bingo # Pulled (HS) 10:00am You and I Visits (H) 10:30am Support Group with Janet: "Breathe" (L) 10:30am Music Therapy with Jen (EG) 11:00am DanceFIT (TH) 11:00am 11-2 Ruby on the Run (MS) 12:00pm Lunch (DR) 1:00pm LifeMark: General Exercise 1:30pm Bake Sale (TS) 1:30pm Stepping Out 3:00pm Bingo 3:00pm Loonie Bingo - \$ (HS) 5:00pm Dinner (DR)	8:00am Breakfast (DR) 14 10:00am Progressive Bingo # Pulled (HS) 10:30am Morning Movements 12:00pm Lunch (DR) 2:00pm Caregiver Support Group: "From Stress to Strength" (SH) 2:00pm In The Kitchen 3:45pm Musical Moments 5:00pm Dinner (DR)	Workout Gear Day 15 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:30am Java Music Club (CK) 10:30am Poetry Club (L) 12:00pm Lunch (DR) 1:00pm Country Drive - Sign Up with Recreation (O) 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 7:15pm Movie Night: "Maude" (TH)	8:00am Breakfast (DR) 16 10:00am Progressive Bingo # Pulled (HS) 10:00am 10-3 Anish - Traditions Alive Vendor 10:30am Terry Fox Walk (BP) 12:00pm Lunch (DR) 2:00pm Express Yourself 4:00pm Brains & Banter 5:00pm Dinner (DR)
8:00am Breakfast (DR) 17 10:00am Progressive Bingo # Pulled (HS) 10:00am Church Service with Ankit (TH) 10:00am Church Service with Ankit (TH) 10:30am For The Soul with Rec 10:30am Specialty Tea & Coffee (HS) 12:00pm Lunch (DR) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	8:00am Breakfast (DR) 18 10:00am Progressive Bingo # Pulled (HS) 10:30am For the Soul with Janet 10:30am Friendly 1:1 Visits 12:00pm Lunch (DR) 1:00pm Outing: Spencer Smith Park - Sign up with Recreation 1:30pm Nail Painting 3:15pm Lifemark General Exercise 3:30pm Express Yourself 5:00pm Dinner (DR)	8:00am Breakfast (DR) 19 10:00am 10-3 Nelly Comfort Shoe Vendor (MS) 10:00am Progressive Bingo # Pulled (HS) 10:00am Roman Catholic Communion (CH) 11:00am For The Fun of Fit with Moses (EG) 12:00pm Lunch (DR) 1:30pm Circle of Friends 3:00pm Chaplet of Divine Mercy & Rosary (TH) 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 6:30pm You and I Visits	8:00am Breakfast (DR) 20 10:00am Progressive Bingo # Pulled (HS) 10:30am Support Group with Janet: "Breathe" (L) 10:30am Roman Catholic Mass (TH) 10:30am Group Crossword Puzzle (W) 11:00am DanceFIT (TH) 11:00am 11-2 Ruby on the Run (MS) 12:00pm Lunch (DR) 1:00pm LifeMark: General Exercise 1:30pm Stepping Out 3:00pm Bingo 3:00pm Loonie Bingo - \$ (HS) 5:00pm Dinner (DR)	8:00am Breakfast (DR) 21 10:00am Progressive Bingo # Pulled (HS) 10:00am 10-2 Mobile Senior Shop (MS) 10:30am Morning Movements 12:00pm Lunch (DR) 2:00pm In The Kitchen 2:30pm Resident Council Meeting (TH) 3:45pm Musical Moments 5:00pm Dinner (DR)	8:00am Breakfast (DR) 22 10:00am Progressive Bingo # Pulled (HS) 10:30am Java Music Club (CK) 10:30am Current Events & Human Interest (L) 12:00pm Lunch (DR) 1:30pm You and I Visits 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 7:15pm Movie Night: "Indiana Jones and the Raiders of the Lost Ark" (TH)	First Day of Fall 23 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:30am Bowling (EG) 12:00pm Lunch (DR) 1:15pm Friendly 1:1 Visits 2:30pm Entertainment with Shannon Graham (TH) 5:00pm Dinner (DR)
Arts & Aging Day 24 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:00am Church Service with Ankit (TH) 10:00am Church Service with Ankit (TH) 10:30am For The Soul with Rec 10:30am Specialty Tea & Coffee (HS) 12:00pm Lunch (DR) 2:00pm Step-by-Step Painting Class \$25 - Sign Up (HS) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	8:00am Breakfast (DR) 25 10:00am Progressive Bingo # Pulled (HS) 10:30am For the Soul with Janet 10:30am Friendly 1:1 Visits 12:00pm Lunch (DR) 1:30pm Nail Painting 2:30pm Celebration of Life Service (TH) 3:15pm Lifemark General Exercise 3:30pm Express Yourself 5:00pm Dinner (DR) 5:30pm The Ruby Music of the Night (R)	8:00am Breakfast (DR) 26 10:00am Progressive Bingo # Pulled (HS) 10:00am Roman Catholic Communion (CH) 10:00am 10-3p Suzanne M. Jewelry Vendor - MS (MS) 11:00am For The Fun of Fit with Moses (EG) 12:00pm Lunch (DR) 1:30pm Circle of Friends 3:00pm Chaplet of Divine Mercy & Rosary (TH) 3:00pm Happy Hour (SC) 5:00pm Dinner (DR) 6:30pm You and I Visits	8:00am Breakfast (DR) 27 10:00am Progressive Bingo # Pulled (HS) 10:00am You and I Visits (H) 10:30am Support Group with Janet: "Breathe" (L) 10:30am Music Therapy with Jen (EG) 11:00am DanceFIT (TH) 11:00am 11-2 Ruby on the Run (MS) 12:00pm Lunch (DR) 1:00pm LifeMark: General Exercise 1:30pm Stepping Out 3:00pm Bingo 5:00pm Dinner (DR)	8:00am Breakfast (DR) 28 10:00am Progressive Bingo # Pulled (HS) 10:30am Morning Movements 12:00pm Lunch (DR) 1:00pm African Lion Safari Outing - Sign Up - \$ 2:00pm In The Kitchen 3:45pm Musical Moments 5:00pm Dinner (DR)	8:00am Breakfast (DR) 29 10:00am Progressive Bingo # Pulled (HS) 10:30am Java Music Club (CK) 10:30am Poetry Club (L) 12:00pm Lunch (DR) 1:30pm You and I Visits 2:30pm Hand Wax Therapy (HS) 3:00pm Birthday Happy Hour (SC) 5:00pm Dinner (DR) 7:15pm Movie Night: "My Best Friend Anne Frank" (TH)	National Day for Truth & Reconciliation (Orange Shirt Day) 30 8:00am Breakfast (DR) 10:00am Progressive Bingo # Pulled (HS) 10:30am In The Kitchen 12:00pm Lunch (DR) 2:00pm Express Yourself 4:00pm Brains & Banter 5:00pm Dinner (DR)