


September 2023 Emma's Neighbourhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Back patio (BP) Egerton (EG) Egerton (H) Emma's (EM) Hobby Shop (HS) Main Street (MS) Neighbourhood (N) Outing (O) Town Hall (TH)	LOCATION Town Square (TS)			8:00am Breakfast 10:00am Sign up Day (HS) 10:30am In The Kitchen 12:00pm Lunch 1:30pm Musical Moments 2:00pm LifeMark: General Exercise 3:15pm Stepping Out 5:00pm Dinner	8:00am Breakfast 10:30am For the Fun of Fit (EM) 12:00pm Lunch 2:00pm Blue Eyed Bill Entertains (Everyone Welcome) (EG) 3:30pm Brains & Banter 5:00pm Dinner
8:00am Breakfast 10:30am Circle of Friends (EM) 12:00pm Lunch 1:15pm You & I Visits (EM) 2:30pm Church Service with Ankit (TH) 3:15pm Fellowship (TH) 5:00pm Dinner	Labour Day 8:00am Breakfast 10:30am Fit for Life: Walking Group 12:00pm Lunch 5:00pm Dinner	8:00am Breakfast 10:00am 10-3 The Boutique Vendor 10:30am In The Kitchen (EM) 12:00pm Lunch 1:30pm Musical Moments 3:15pm LifeMark: General Exercise 3:15pm Stepping Out 5:00pm Dinner	8:00am Breakfast 12:00pm Lunch 1:30pm Circle of Friends 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time (EM)	8:00am Breakfast 12:00pm Lunch 1:30pm Soothing Sensations 3:30pm For The Fun of Fit 5:00pm Dinner	8:00am Breakfast 12:00pm Lunch 2:00pm LifeMark: General Exercise 5:00pm Dinner	8:00am Breakfast 10:30am For the Fun of Fit (EM) 12:00pm Lunch 2:30pm Entertainment with Bruce Tourney (TH) 4:15pm You & I Visits 5:00pm Dinner
Happy Grandparents Day! 8:00am Breakfast 10:00am Church Service with Ankit (TH) 10:30am Circle of Friends (EM) 12:00pm Lunch 1:15pm You & I Visits (EM) 1:30pm Grandparents' Day Card Delivery (N) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner	8:00am Breakfast 9:30am For the Soul with Janet 12:00pm Lunch 1:00pm Flamboro Downs Casino Outing - Sign Up 5:00pm Dinner	8:00am Breakfast 10:30am In The Kitchen (EM) 12:00pm Lunch 1:30pm Musical Moments 3:15pm LifeMark: General Exercise 3:15pm Stepping Out 5:00pm Dinner	8:00am Breakfast 12:00pm Lunch 1:15pm Music Therapy with Jen 1:30pm Bake Sale (TS) 1:30pm You & I Visits 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time (EM)	8:00am Breakfast 10:30am Brains & Banter (H) 12:00pm Lunch 1:00pm Country Drive - Sign Up with Recreation (O) 2:00pm LifeMark: General Exercise 5:00pm Dinner	Workout Gear Day 8:00am Breakfast 12:00pm Lunch 1:00pm Country Drive - Sign Up with Recreation (O) 2:00pm LifeMark: General Exercise 5:00pm Dinner	8:00am Breakfast 10:00am 10-3 Anish - Traditions Alive Vendor 10:30am Terry Fox Walk (BP) 12:00pm Lunch 1:30pm Java Time 3:30pm Brains & Banter 5:00pm Dinner
8:00am Breakfast 10:00am Church Service with Ankit (TH) 10:00am Church Service with Ankit (TH) 10:30am Circle of Friends (EM) 12:00pm Lunch 1:15pm You & I Visits (EM) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner	8:00am Breakfast 9:30am For the Soul with Janet 10:30am Fit for Life: Walking Group 12:00pm Lunch 1:00pm Outing: Spencer Smith Park - Sign up with Recreation 5:00pm Dinner	8:00am Breakfast 10:00am 10-3 Nelly Comfort Shoe Vendor (MS) 10:30am In The Kitchen (EM) 12:00pm Lunch 1:30pm Musical Moments 3:15pm LifeMark: General Exercise 3:15pm Stepping Out 5:00pm Dinner	8:00am Breakfast 10:30am Roman Catholic Mass (TH) 12:00pm Lunch 1:30pm Circle of Friends 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time (EM)	8:00am Breakfast 10:00am 10-2 Mobile Senior Shop (MS) 12:00pm Lunch 2:30pm Resident Council Meeting (TH) 5:00pm Dinner	8:00am Breakfast 12:00pm Lunch 2:00pm LifeMark: General Exercise 3:00pm Happy Hour with Live Entertainment from Zack Erikson 5:00pm Dinner	First Day of Fall 8:00am Breakfast 10:30am For the Fun of Fit (EM) 12:00pm Lunch 2:30pm Entertainment with Shannon Graham (TH) 4:00pm You & I Visits 5:00pm Dinner
Arts & Aging Day 8:00am Breakfast 10:00am Church Service with Ankit (TH) 10:00am Church Service with Ankit (TH) 10:30am Circle of Friends (EM) 12:00pm Lunch 1:15pm You & I Visits (EM) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner	8:00am Breakfast 9:30am For the Soul with Janet 12:00pm Lunch 2:30pm Celebration of Life Service (TH) 5:00pm Dinner	8:00am Breakfast 10:00am 10-3 Suzanne M. Jewelry Vendor - MS (MS) 10:30am In The Kitchen (EM) 12:00pm Lunch 1:30pm Musical Moments 3:15pm LifeMark: General Exercise 3:15pm Stepping Out 5:00pm Dinner	8:00am Breakfast 12:00pm Lunch 1:15pm Music Therapy with Jen 1:30pm You & I Visits 3:30pm Express Yourself 5:00pm Dinner 6:15pm Neighbourhood Time (EM)	8:00am Breakfast 10:30am Brains & Banter (H) 12:00pm Lunch 1:00pm African Lion Safari Outing - Sign Up - \$ 5:00pm Dinner	8:00am Breakfast 12:00pm Lunch 2:00pm LifeMark: General Exercise 5:00pm Dinner	National Day for Truth & Reconciliation (Orange Shirt Day) 8:00am Breakfast 10:30am For the Fun of Fit (EM) 12:00pm Lunch 1:30pm Java Time 3:30pm Brains & Banter 5:00pm Dinner