

# 2023



# Essex

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

\*\*\* Programs are subject to change. Outside activities are weather permitted\*\*\*

September Birthdays  
Robert Rankin Sept 13



1 Shelby off/Kristy In  
  
10:30 Choir  
Calendar Distribution  
Neighbourhood Time 1:1  
Friday Afternoon Sweep

2 Shelby is in  
  
Outdoor scavenger hunt  
1:1 Visits  
Colouring club  
Afternoon movie

3 Shelby is in  
  
Morning Check Ins  
In2l Bible trivia  
Manicure's  
Afternoon Surprise

4 Shelby late/Kristy is off  
Happy Labour Day  
  
9:30 Fitness by Pal  
1:1 Visit's  
Games & Fun  
Giant Crossword

5 Shelby and Kristy are off



6 Shelby is in/Kristy is off  
  
9:30 am Fitness by Pal  
10:00 Pancakes in CC  
11AM Church with Bishop on Essex  
2pm Harp with Mary  
Walk & Roll

7 Shelby is in/Kristy is off  
  
10am Bible Study in Chapel  
Morning Check Ins  
1:30 Crochet Club  
2:30 Entertainment on Essex

8 Shelby is in/Kristy is Late  
  
Roman Catholic Mass  
Neighbourhood 1:1  
Alphabet Soup  
Friday Afternoon Sweep  
  
Blank Slate Game

9 Kristy is in  
  
Neighbourhood Time 1:1  
Big Crossword  
Buckets  
Walks outside (weather permitted)

10 Kristy is in  
Happy Grandparents Day  
  
IN2L Church Service  
Holy Moments  
Nails and more  
Sunday Fun and Games

11 Shelby is late/Kristy off  
  
930 Fitness by Pal  
1:1 Visit's  
In2l travel  
60's music  
Walk & roll

12 Shelby in/ Kristy late  
  
10:30 am Seamus Gunn in Chapel  
The Gathering at 1:30pm  
Music With Joe  
End of Summer Luau 2-3  
The Garden Club

13 National Peanut Day  
  
930am Fitness by PAL  
11am Church with Bishop on Harrow  
Peanut Butter Cookies  
Fun Facts about Peanuts

14 National Crème Filled Donut Day!  
10am Bible Study in Chapel  
Neighbourhood Time 1:1  
1:30 Crochet club  
Donut Social  
Colouring Club  
Big Crossword

15 Shelby off/Kristy in  
  
10:30 Choir  
Walks outside (weather permitted)  
Neighbourhood 1:1  
Friday Afternoon Sweep

16 Shelby is In  
  
Word games  
Friendly Visit's  
Resident Choice

17 Shelby is in  
  
Morning Check Ins  
In2l Church service  
Manicure's  
Walk & Roll

18 Shelby late/Kristy in  
National Cheeseburger Day  
  
930 Fitness by PAL  
Cranium Crunches  
Cheeseburger Social  
Cheeseburger fun facts  
Family feud

19 Shelby Off/Kristy In  
  
Word games  
Neighbourhood 1:1's  
The Gathering  
Music with Joe  
Resident Choice  
The Garden Club

20  
  
930 Fitness by PAL  
11am Church with Bishop on Essex  
Book Club in Library 2 pm  
Zumba 2pm on Essex  
Making Chocolate chip

21 Shelby in/Kristy off  
  
10 am Bible Study  
1:30 Crochet Club  
130 Resident Council meeting on Kingsville  
2:30 Entertainment on Essex

22 Kristy is late/Shelby is In  
World Rhino Day  
  
Rhino Trivia and zoo cams  
Friendly Visit's  
Friday Afternoon Sweep  
Music & Memory  
Friday Night Funnies

23 Kristy is In  
  
Neighbourhood 1:1  
Trivial Pursuit  
Walks outside (weather permitted)  
Horse racing

24 Kristy is in  
  
Holy Moments  
Sunday Morning at the Spa  
Relaxation Music  
Spa Social  
Sunday Fun and Games

25 Shelby is late/Kristy off  
  
930 Fitness by PAL  
1:1 visit's  
Fun & Games  
Colouring Club  
Movie Night

26 Shelby in/Kristy Late  
Johnny Appleseed Day  
Apple trivia  
The Gathering  
Music with Joe  
Entertainment  
Making Baked Apples  
The Garden Club

27  
  
930 Fitness by PAL  
11am Church with Bishop on Harrow  
Zumba 2pm on Essex  
Fall Crafting

28 Shelby in/Kristy Late  
  
10 am Bible Study  
1:30 Crochet club  
Big Bowling  
70's Music  
Night School

29 Shelby off/Kristy is in  
**Wear Orange today**  
  
10am Drumfit  
Neighbourhood 1:1  
Walks outside (weather permitted)  
Friday afternoon sweep

30 Shelby is in  
**National Truth and Reconciliation day**  
**Wear Orange today**  
  
Giant crossword  
1:1 visit's  
Walk & Roll