

## OCTOBER 2023 Egerton Neighbourhood



	Egenton Neighboarhood				VVENTWORTH HEIGHTS	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Breakfast 10-3 Sign-up Day for outings & special events-H 10:30 Specialty Coffee & Current Events-Balcony 12:00 Lunch 1:30 Friendly Visits 2:30 Church Service with Ankit 3:15 Fellowship-CC 5:00 Dinner	8:00 Breakfast 10:30 Nail Painting with Maddy 10:30 For the Soul with Janet 12:00 Lunch 1:30 Family Feud Game 3:15 Lifemark: General Exercise 3:45 Sing-a-long 5:00 Dinner	8:00 Breakfast 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Circle of Friends 3:00 Happy Hour-SC 5:00 Dinner 6:30 Soothing Sensations	8:00 Breakfast 10:30 Musical Moments 12:00 Lunch 1:00 Lifemark: General Exercise 1:30 Craft for Christmas Bazaar 3:15 Stepping Out 5:00 Dinner 7:00 Men's Club-SC*	5 8:00 Breakfast 9:15 Pancakes Breakfast Club- Sign Up-H 11-2 Leather Bag Vendor-TS 12:00 Lunch 2:00 In the Kitchen 3:45 Bingo 5:00 Dinner	4 8:00 Breakfast 10:30 Java Music Club 12:00 Lunch 1:45Circle of Friends 3:00 Happy Hour-SC 5:00 Dinner 7:15 Movie: "50 to 1"-TH	7 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:00 Split Decision Music Duo Entertains –EG 5:00 Dinner
8:00 Breakfast 10:00 Church with Ankit-TH 10:30 Specialty Coffee & Current Events-Balcony 12:00 Lunch 1:30 Friendly Visits 2:30 Church Service with Janet 3:15 Fellowship-CC 5:00 Dinner	9 Thanksgiving 8:00 Breakfast 10:30 For The Soul with Rec 12:00 Lunch 1:30 Trivia 3:45 Sing-a-long 5:00 Dinner	8:00 Breakfast 8:30 Broadway Diner Breakfast Outing – Sign Up-\$ 10:30 Lettuce Talk Food Meeting –H 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Circle of Friends 3:00 Happy Hour-SC 5:00 Dinner 6:30 You and I Visits	8:00 Breakfast 10-3 Ruth's Fashin Boutique-TS 10:15 You and I Visits 10:30 Music Therapy with Jen 12:00 Lunch 1:00 Lifemark: General Exercise 5:00 Dinner 7:00 Men's Club-SC*	8:00 Breakfast 10:30 Morning Movements 12:00 Lunch 12-2:30 Soup Fest-TH 5:00 Dinner	8:00 Breakfast 10:30 Java Music Club 12:00 Lunch 1:45Circle of Friends 2:00 Movie Matinee: Hocus Pocus-TH 3:00 Happy Hour-SC 5:00 Dinner 7:15 Movie: "My Girl"-TH	14 8:00 Breakfast 10:30 Curling 12:00 Lunch 1:30 Friendly Visits 2:30 Kelly Davies Entertains-TH 5:00 Dinner
8:00 Breakfast 10:00 Church with Ankit-TH 10:30 Specialty Coffee & Current Events-Balcony 12:00 Lunch 1:30 Friendly Visits 2:30 Church Service with Janet-TH 3:15 Fellowship-CC 4:00 Veterans Meeting with Janet-CH 5:00 Dinner	16 8:00 Breakfast 10:30 Nail Painting with Maddy 10:30 For the Soul with Janet 12:00 Lunch 1:30 Whiteboard Word Game 3:15 Lifemark: General Exercise 3:45 Sing-a-long 5:00 Dinner	8:00 Breakfast 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Circle of Friends 3:00 Happy Hour-SC 5:00 Dinner 6:30 Soothing Sensations	18 Wear Plaid & Jeans 8:00 Breakfast 10:30 Musical Moments 12:00 Lunch 1:00 Lifemark: General Exercise 2-4 Harvest Happenings Petting Zoo-BP 5:00 Dinner 7:00 Men's Club-SC*	19 8:00 Breakfast 10-2:30 The Boutique Vendor-TS 10:30 Morning Movements 12:00 Lunch 1:30 Fall Leaf Tour-Sign Up 2:00 In the Kitchen 2:30 Resident Council Meeting-TH 3:45 Bingo 5:00 Dinner	20 8:00 Breakfast 10:30 Java Music Club 11:30 Men's Club Outing: Summit Station Dairy & Southcote 53-Sign Up-\$ 12:00 Lunch 1:45 Circle of Friends 3:00 Happy Hour-SC 5:00 Dinner 7:15 Movie: "Good Will Hunting"-TH	21 8:00 Breakfast 10:30 Bowling 10:30 Epicure Baking Demo-H 12:00 Lunch 1:30 Musical Moments 3:45 Bingo 5:00 Dinner
8:00 Breakfast 10:00 Church with Ankit-TH 10:30 Specialty Coffee & Current Events-Balcony 12:00 Lunch 1:30 Friendly Visits 2:30 Church Service with Janet-TH 3:15 Fellowship-CC 5:00 Dinner	8:00 Breakfast 10-3 Hardt Designs Ladies Fashion-TS 10:30 You & I Visits 10:30 For the Soul with Janet 12:00 Lunch 1:30 Hangman 3:15 Lifemark: General Exercise 3:45 Sing-a-long 5:00 Dinner	24 8:00 Breakfast I 1:00 For the Fun of Fit with Moses I 2:00 Lunch I:30 Circle of Friends 3:00 Happy Hour-SC 5:00 Dinner 6:30 You and I Visits	8:00 Breakfast 10:15 You and I Visits 10:30 Music Therapy with Jen 12:00 Lunch 1:00 Lifemark: General Exercise 1:30 Craft for Christmas Bazaar 3:00 Movie and Popcorn 3:15 Stepping Out 5:00 Dinner 5:00 Dinner's Club: Pasta Night-Sign Up \$15 7:00 Men's Club-SC*	26 8:00 Breakfast 10:30 Morning Movements 12:00 Lunch 2:00 Mum Show Outing-Sign Up-\$7 5:00 Dinner	8:00 Breakfast 10:30 Java Music Club 12:00 Lunch 1:45Circle of Friends 3:00 Birthday Happy Hour-SC 5:00 Dinner 7:15 Movie: "Two Weeks Notice"-TH	28 8:00 Breakfast 10:00 Halloween Howl: Trick- or-Treating 12:00 Lunch 1:30 Musical Moments 3:45 Bingo 5:00 Dinner
29 8:00 Breakfast 10:00 Church with Ankit-TH 10:30 Specialty Coffee & Current Events-Balcony 12:00 Lunch 1:30 Friendly Visits 2:30 Church Service with Janet-TH 3:15 Fellowship-CC 5:00 Dinner	30 8:00 Breakfast 10:30 Nail Painting with Maddy 10:30 For the Soul with Janet 10:30 Pharmacy Chat: Shingles-TH 12:00 Lunch 1:30 Group Crossword-W 3:15 Lifemark: General Exercise 3:45 Sing-a-long 5:00 Dinner	31 Halloween 8:00 Breakfast 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Circle of Friends 3:00 Halloween Happy Hour-SC 5:00 Dinner 6:30 Halloween Party		CH-Chapel FC- Fitness Centre LL- Basement A- Art Studio H— Hobby Shop C-Café TH-Town Hall CC-Community Center MS-Main Street EG-Egerton (2nd Floor) TS-Town Square EM-Emma's (2nd Floor) L-Library PS-Pet Shop SH-School House DK-Demo Kitchen SC-Social Club BP-Back Patio *-Independent Program \$- Money Required	For additional programming options, please check the Williamsburg, Becker & Ailsa Craig calendar	