OCTOBER 2023 Williamsburg, Becker & Ailsa Craig

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I 10:00 Progressive Bingo # Pulled-H 10-3 Sign Up Day-A 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Ankit–CH 3:15 Fellowship-CC	2 10:00 Progressive Bingo # Pulled-H 1:30 WB For the Soul with Janet 2:15 Knitting Club-L* 2:15 LifeMark: Falls Prevention-FC 3:00 Hand Wax Therapy-H 3:30 1:1 Visits with Janet 3:30 Horse Races-\$-H	3 10:00 Progressive Bingo # Pulled-H 10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L 1:30 WB Stepping Out 1:30 Fortino's Upper James-Sign Up 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:30 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm-TH	4 9:00 Lecture @ Westdale Theatre-Sign Up 9:30 1:1 Visits with Janet 10:00 Progressive Bingo # Pulled-H 10:15 Wheel of Fortune-SC 10:30 Spirituality Group-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:30 Bible Study with Ankit-L 2:30 Sweat Safely w/ Weights-TH 3:00 Loonie Bingo-H-\$ 3:00 Hymn Sing with Janet-CH 7:00 Men's Club-SC * 7:15 Ladies Night-H	5 9:15 Pancakes Breakfast Club - Sign Up 10:00 Progressive Bingo # Pulled-H 11-2 Leather Bag Vendor-MS 11:00 Sit & Be Fit-TH 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Word Maker-L 7:15 Thursday Night Trivia-SC	6 10:00 Progressive Bingo # Pulled-H 10:30 Active Game: Curling-H 10:30 Poetry Club-L* 1:00 LifeMark: Falls Prevention-FC 1:30 Friendly Visits 2:15 Life Group-Suite 2811* 3:00 Happy Hour-SC 7:15 Movie: 50 to 1-TH	7 10:00 Progressive Bingo # Pulled-H 10:30 Baking-H 1:30 WB Stepping Out 2:00 Split Decision Music Duo (All Residents Welcome)-EG 3:00 Sweat Safely w/ Resistance Bands-TH 3:30 Scattergories-H 7:15 Game Night-H*
8 10:00 Progressive Bingo # Pulled-H 10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:00 Sit & Be Fit-H 3:15 Fellowship-CC 3:30 Craft-A	 9 Thanksgiving Day 10:00 Progressive Bingo # Pulled-H 10:30 Scavenger Hunt-MS 1:30 Gratitude Tree-MS 2:15 Knitting Club*-L 3:30 Horse Races-\$-H 	IO 10:00 Progressive Bingo # Pulled-H 10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L 10:30 Lettuce Talk Food -H 1:30 WB Stepping Out 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:30 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm-TH	9:00Lecture @ Westdale Theatre-Sign Up9:301:1 Visits with Janet10:00Progressive Bingo # Pulled-H10:154 Pics I Word-SC10:30Spirituality Group-L11:00DancefIT-TH11:30Ruby on the Run-MS2:00Movie with Janet: "Finding You"-TH2:30Bible Study with Ankit-L7:00Men's Club-SC *7:15Loonie Bingo-\$-H	12 10:00 Progressive Bingo # Pulled-H 10:15 Circle of Friends-H 11:00 Sit & Be Fit-C 12-2:30 Soup Fest-TH- \$5 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Group Crossword-L 7:15 Geo Guessing-H	I 310:00Progressive Bingo # Pulled-H10:30Active Game: Bocce Ball-MS10:30Current Events & Human Interests-L*1:00LifeMark: Falls Prevention-FC1:30Friendly Visits2:00Matinee: Hocus Pocus-TH2:30Hand Wax Therapy-H2:15Life Group-Suite 2811*3:00Happy Hour-SC7:15Movie: My Girl-TH	 14 10:00 Progressive Bingo # Pulled-H 10:30 Baking-H 1:30 WB Stepping Out 2:30 Kelly Davies Entertains- TH 7:15 Game Night-H*
I 5 10:00 Progressive Bingo # Pulled-H 10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:15 Fellowship-CC 3:30 Christmas Bazaar Craft: Body Scrub-A 4:00 Veteran's Meeting w/ Janet-CH	 16 10:00 Progressive Bingo # Pulled-H 10:00 Springridge Farm & Market Outing-Sign Up 1:30 WB For the Soul with Janet 2:15 LifeMark: Falls Prevention-FC 2:15 Knitting Club-L* 3:00 Hand Wax Therapy-H 3:30 I:1 Visits with Janet 3:30 Grand Horse Races-\$-H 	 I7 10:00 Progressive Bingo # Pulled-H 10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L I:30 Giant Tiger Ancaster-Sign Up 1:30 WB Stepping Out 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:30 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 	18 Wear Plaid & Jeans 9:00 Lecture @ Westdale Theatre-Sign Up 9:30 1:1 Visits with Janet 10:00 Progressive Bingo # Pulled-H 10:15 Wordscapes-SC 10:30 Roman Catholic Mass -CH 10:30 Spirituality Group-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2-4 Harvest Happenings: Petting Zoo-BP 7:00 Men's Club-SC * 7:15 Loonie Bingo-\$-H	 10-3 The Boutique Vendor-MS 10:00 Progressive Bingo # Pulled-H 10:15 Circle of Friends-H 11:00 Sit & Be Fit-TH 1:30 WB Friendly Visits 2:15 Book Club - Suite 2811* 2:30 Resident Council Meeting (All Welcome)-TH 2:30 Back to Basics: Posture & Balance-H 3:30 Word Maker-L 7:15 Thursday Night Trivia-SC 	20 10:00 Progressive Bingo # Pulled-H 10:30 Active Game: Dance Charades-H 10:30 Poetry Club-L* 1:00 LifeMark: Falls Prevention-CC 1:30 Friendly Visits 11:00 Men's Club Outing: Summit Station Dairy-Sign Up (all men welcome!)-\$ 2:15 Life Group-Suite 2811* 3:00 Happy Hour-SC 7:15 Movie: Good Will Hunting-TH	21 10:00 Progressive Bingo # Pulled-H 10:30 Epicure Baking Demo-H 1:30 WB Stepping Out 3:00 Sweat Safely w/ Resistance Bands-TH 3:30 Super Loonie Bingo-\$-H 7:15 Game Night-H*
22 10:00 Progressive Bingo # Pulled-H 10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:00 Sit & Be Fit-H 3:15 Fellowship-CC 3:30 Christmas Craft: Christmas Tea Towels & Pot Holders-A	 23 10:00 Progressive Bingo # Pulled-H 10-3 Hardt Designs Ladies Fashion- MS 10:30 Name That Tune-H 1:30 WB For the Soul with Janet 2:00 Mum Show Outing-Sign Up-\$7 2:15 LifeMark: Falls Prevention-FC 2:15 Knitting Club-L* 3:30 1:1 Visits with Janet 	24 10:00 Progressive Bingo # Pulled-H 10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L 1:30 Walmart Ancaster-Sign Up 1:30 WB Stepping Out 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:30 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm- TH	25 9:30 1:1 Visits with Janet 10:00 Progressive Bingo # Pulled-H 10:30 Spirituality Group-L 10:15 Jeopardy-SC 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:30 Bible Study with Ankit-CH 3:00 Loonie Bingo-H-\$ 3:45 Group with Janet-L 5:00 Diner's Club: Italian-Sign-Up-\$-H 7:00 Men's Club-SC * 7:15 Ladies Night-H	26 10:00 Progressive Bingo # Pulled-H 10:15 Circle of Friends-H 11:00 Sit & Be Fit-C 1:30 WB Friendly Visits 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Group Crossword-L 7:15 Geo Guessing-H	27 10:00 Progressive Bingo # Pulled-H 10:30 Active Game: Balloon Badminton-MS 10:30 Current Events & Human Interests-L* 12:00 Canada's Got Talent Live-Sign Up 1:00 LifeMark: Falls Prevention-CC 1:30 Friendly Visits 2:15 Life Group-Suite 2811* 2:30 Hand Wax Therapy-H 3:00 Birthday Happy Hour-SC 7:15 Movie: Two Weeks Notice-TH	28 10:00 Progressive Bingo # Pulled-H 10:00 Halloween Howl Trick or Treating-MS 1:30 WB Stepping Out 3:30 Circle of Friends-H 7:15 Game Night-H*
29 10:00 Progressive Bingo # Pulled-H 10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:15 Fellowship-CC 3:30 Craft-A	30 10:00 Progressive Bingo # Pulled-H 10:30 Pharmacy Chat: Shingles-TH 1:30 WB For the Soul with Janet 1:30 Nail Painting w/ Holly-A 2:15 LifeMark: Falls Prevention-FC 2:15 Knitting Club-L* 3:00 Hand Wax Therapy-H 3:30 1:1 Visits with Janet			Please refer to "Today's Activity" board on Main Street for any program updates, changes or cancellations	CH-ChapelFC- Fitness CentreLL- BasementA- Art StudioH- Hobby ShopC-CaféTH-Town HallCC-Community CenterMS-Main StreetEG-Egerton (2nd Floor)TS-Town SquareEM-Emma's (2nd Floor)L-LibraryPS-Pet ShopSH-School HouseDK-Demo KitchenSC-Social ClubBP-Back Patio*-Independent Program\$- Money Required	

Wentworth HEIGHTS