


September 2023 Rymal Neighbourhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Back patio (BP) Carrington Lounge (DR) Community Centre (BP) Community Centre (C) Community Centre (CC) Dining Room (DR) Fitness Center (FC) Green House (EM) Library (L)	LOCATION Main Street (MS) Stonechurch Lounge (HS) Town Hall (TH)			1:1 Music Therapy 8:15am Breakfast (DR) 8:30am Men's Breakfast (CC) 9:30am Greeting the Day 11:00am You & I 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 12:00pm Lunch (DR) 2:00pm Pub with Kelly Davis (MS) 5:00pm Dinner (DR)
8:15am Breakfast (DR) 9:30am Greeting the Day 12:00pm Lunch (DR) 2:30pm Church Service with Ankit (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	Labour Day 8:15am Breakfast (DR) 9:30am Garden Club (EM) 9:30am Greeting the Day 12:00pm Lunch (DR) 2:00pm Bingo (BP) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am Circle of Friends 10:00am 10-3 The Boutique Vendor 11:00am Hutch's on the Beach Lunch Outing 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 2:30pm For the Soul with Janet 3:00pm In the Kitchen 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am Brains and Banter 12:00pm Lunch (DR) 2:00pm Tai Chi with Dan (FC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Java Music Club with Janet (L) 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:30pm For the Fun of Fit 2:00pm Knit & Chat 3:15pm Resident's Council (C) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am Rymal Gets Musical 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 1:30pm Movie & Popcorn 'Grease' (TH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am Baking with Joelle and Darlene - Apple Sauce (BP) 12:00pm Lunch (DR) 2:00pm Entertainment with Peter Harding on Stonechurch (HS) 3:30pm Stepping Out 5:00pm Dinner (DR)
Happy Grandparents Day! 8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am Church Service with Ankit (TH) 10:30am Grandparents' Day Card Delivery 12:00pm Lunch (DR) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Garden Club (EM) 9:30am Greeting the Day 12:00pm Lunch (DR) 2:00pm Bingo (BP) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 1:00pm 1:1 Visits with Janet 2:30pm For the Soul with Janet 4:00pm Stepping Out 5:00pm Dinner (DR)	National Peanut Day 8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am In the Kitchen 12:00pm Lunch (DR) 2:00pm Travelling Cart: Peanut Butter Cookies 2:00pm Tai Chi with Dan (FC) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Java Music Club with Janet (L) 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:30pm Musical Moments 2:00pm Knit & Chat 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 1:30pm Music and Memories 2:00pm Musical Moments 3:30pm Stepping Out 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am 10-3 Anish - Traditions Alive Vendor 10:30am Terry Fox Walk (BP) 12:00pm Lunch (DR) 1:30pm Country Drive 5:00pm Dinner (DR)
8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am Church Service with Ankit (TH) 12:00pm Lunch (DR) 2:00pm Church Service with Janet (TH) 3:15pm Fellowship (TH) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Garden Club (EM) 9:30am Greeting the Day 12:00pm Lunch (DR) 2:00pm Bingo (BP) 3:30pm Brains and Banter 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am 10-3 Nelly Comfort Shoe Vendor (MS) 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 1:00pm 1:1 Visits with Janet 1:30pm For the Fun of Fit 2:30pm For the Soul with Janet 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am Circle of Friends 10:30am Roman Catholic Mass (TH) 12:00pm Lunch (DR) 1:30pm Music and Memories 2:00pm Tai Chi with Dan (FC) 2:00pm Christmas Market: Crafts & Preserves (BP) 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Java Music Club with Janet (L) 9:30am Greeting the Day 10:00am 10-2 Mobile Senior Shop (MS) 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:30pm In the Kitchen 2:00pm Knit & Chat 3:00pm Soothing Sensations 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am Rymal Gets Musical 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 1:00pm Outing to the Ancaster Fair 3:00pm Music Moments 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 12:00pm Lunch (DR) 1:30pm Brains and Banter 2:00pm Bowling on Main Street (MS) 3:00pm You & I 5:00pm Dinner (DR)
Arts & Aging Day 8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am Church Service with Ankit (TH) 10:30am Arts & Crafts: Celebrating the Arts (BP) 12:00pm Lunch (DR) 2:00pm Stepping Out 2:00pm Church Service with Janet (TH) 2:00pm You & I 3:15pm Fellowship (TH) 3:30pm Express Yourself: Arts & Aging 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Garden Club (EM) 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy (FC) 12:00pm Lunch (DR) 2:30pm Celebration of Life Service (TH) 3:30pm You & I 5:00pm Dinner (DR)	Johnny Appleseed Day 8:15am Breakfast (DR) 9:30am Greeting the Day 10:00am 10-3pm Suzanne M. Jewelry Vendor - MS (MS) 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 1:00pm 1:1 Visits with Janet 2:00pm Travelling Cart: Apple Cider Donuts 2:30pm For the Soul with Janet 3:00pm Soothing Sensations 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 12:00pm Lunch (DR) 2:00pm Brains and Banter 2:00pm Tai Chi with Dan (FC) 3:30pm You & I 5:00pm Diner's Club: Pizza & Wings 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Java Music Club with Janet (L) 9:30am Greeting the Day 11:00am Fit to Function with Dan (FC) 12:00pm Lunch (DR) 1:30pm Circle of Friends 2:00pm Knit & Chat 3:00pm Soothing Sensations 5:00pm Dinner (DR)	8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am Circle of Friends 11:00am Stay Strong (FC) 12:00pm Lunch (DR) 2:00pm Soothing Sensations 3:30pm Brains and Banter 5:00pm Dinner (DR)	National Day for Truth & Reconciliation (Orange Shirt Day) 8:15am Breakfast (DR) 9:30am Greeting the Day 10:30am Music and Memories 12:00pm Lunch (DR) 2:00pm Entertainment with Sam & Robin on Carrington (DR) 3:30pm In the Kitchen 5:00pm Dinner (DR)