

Sunday

Monday

Tuesday

Wednesday

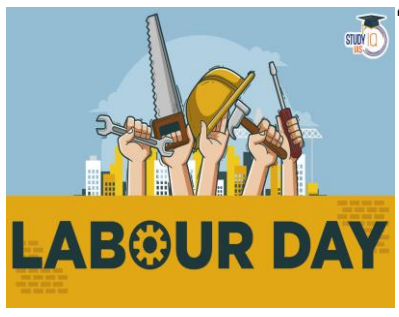

Thursday

Friday

Saturday

September 2023

Second Floor Neighbourhood

<p>11:00 Soothing Sensations 1:30 Express Yourself 4:00 Happy Hour</p>	 <p>LABOUR DAY Labor Day</p>	<p>11:00 Greeting the Day 1:30 Exercise with Jonathan 1:30 Duet Bike Rides! 2:00 Legion of Mary Visits 3:30 Brains and Banter</p>	<p>Music with Jennifer 11:00 For the Fun of Fit 1:30 Ice Cream Truck! 3:30 Circle of Friends</p>	<p>10:30 Exercise with Jonathan 11:00 For the Soul 1:30 In the Kitchen 3:30 You and I</p>	<p>11:00 Musical Moments 1:30 BINGO 3:30 Stepping Out</p>	<p>11:00 Coffee Club 1:30 BINGO 3:30 Tattoo Parlour</p>
<p>Happy Grandparents Day! 10:15 Triple C Farm Visits 2:00 Music with Paula French</p> <p>Grandparents Day</p>	<p>11:00 Greeting the Day 1:30 Neighbourhood Time 3:30 For the Soul</p>	<p>10:30 Bible Study with Connie 11:00 Brains and Banter 1:30 Exercise with Jonathan 3:00 Resident Council 4:00 You and I</p>	<p>11:30 Dine-In Swiss Chalet 2:00 Music with Kim Atkins 3:30 Express Yourself</p>	<p>National Kreme Filled Donut Day! 10:30 Exercise with Jonathan 11:00 Circle of Friends 3:30 Traveling Treat Cart</p> <p>Rosh Hashanah Begins</p>	<p>11:00 Stepping Out 1:30 BINGO 3:30 Movie Matinee</p> <p>Oktoberfest Begins</p>	<p>11:00 Stepping Out 1:30 BINGO 3:30 Movie Matinee</p>
<p>International Country Music Day! 11:00 Musical Moments 2:30 Java Music Club 4:00 Brains and Banter</p>	<p>11:00 Greeting the Day 1:30 In the Kitchen 3:30 Stepping Out</p>	<p>8:00 Birthday Breakfast 11:00 Stepping Out 1:30 Exercise with Jonathan 2:00 Legion of Mary Visits</p>	<p>Music with Jennifer 11:00 For the Fun of Fit 1:30 Duet Bike Rides! 3:30 Express Yourself</p>	<p>10:30 Outing to African Lion Safari 10:30 Exercise with Jonathan 3:30 You and I</p>	<p>11:00 Greeting the Day 1:30 BINGO 3:30 Jeopardy Trivia 5:00 Dine-In Domino's Pizza!</p> <p>Autumn Begins</p>	<p>HCC Car Wash! 11:00am – 2:00pm</p> 
<p>11:00 Greeting the Day 1:30 In the Kitchen 3:30 Stepping Out</p> <p>Yom Kippur Begins</p>	<p>11:00 Greeting the Day 1:30 In the Kitchen 3:30 Stepping Out</p>	<p>10:30 Bible Study with Connie 11:00 Soothing Sensations 1:30 Exercise with Jonathan 2:00 Marion Shynal Performs 3:30 You and I</p>	<p>HCC's Festival of Flavours! 11:00am – 2:00pm 2:00 Cornhole 3:30 Neighbourhood Time</p>	<p>10:30 Exercise with Jonathan 11:00 Brains and Banter 1:30 Outing to Jackson Square 3:30 Word Games</p>	<p>11:00 Express Yourself 1:30 BINGO 3:30 Circle of Friends</p> <p>Sukkot Begins</p>	<p>National Day for Truth and Reconciliation 11:00 Express Yourself 1:30 BINGO 3:30 Circle of Friends</p>