



# SEPTEMBER 2023

## Howland



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Activity Room—AR Country Kitchen— CK Community Centre—CC Fitness Centre— FC Open Area— OA Touring— TO Town Hall - TH Virtual - V Library - Lib	<b>Programs may be subject to change if required</b>				<b>1</b> <b>Neighborhood Time</b> <b>6:30 Movie Night-FC</b>	<b>2</b> <b>10:00 Fitness</b> <b>11:00 Travelogue—OA</b> <b>2:00 Bingo— MS</b> <b>4:00 Massage Moments—OA</b> <b>6:30 A Little Bit of This and That-FC</b>
<b>3</b> <b>10:00 Fitness</b> <b>11:00 Movies &amp; Stars—TO</b> <b>2:00 Back to School-FC</b> <b>4:00 Church Service - Lib</b> <b>4:00 Travelogue—OA</b> <b>6:30 School Days Reminiscing-FC</b>	<b>4 Labor Day</b> <b>Neighborhood Time</b> <b>2:00 Entertainment with Sparklettes-MS</b> <b>6:30 Brain Boosters-FC</b>	<b>5</b> <b>9:30 Music Therapy-OA</b> <b>10:30 Craft—CK</b> <b>1:30 Group Games—OA</b> <b>3:00 Java Music Club—OA</b> <b>4:00 Busy Hands—CK</b> <b>6:30 Bingo— MS</b>	<b>6</b> <b>10:00 Feel &amp; Fold— CK</b> <b>11:00 Sensational Stories—TO</b> <b>1:30 Baking Delights—OA</b> <b>3:00 Java Music Club-CC</b> <b>3:00 Circle of Friends — CK</b> <b>4:00 Sensational Stories—TO</b> <b>6:30 Travelogue-FC</b>	<b>7</b> <b>10:00 Pastoral Visit - TO</b> <b>10:30 Hymn Sing - OA</b> <b>10:30 1:1 Art—CK</b> <b>1:30 Drama Club—OA</b> <b>3:00 Arts &amp; Crafts—CK</b> <b>4:00 Walk &amp; Talk— TO</b> <b>6:30 Music on Demand— FC</b>	<b>8</b> <b>10:00</b> <b>11:00 Movies &amp; Stars—TO</b> <b>1:30 Travelogue—OA</b> <b>3:00 Men’s Club—OA</b> <b>4:00 Bingo—OA</b> <b>6:30 Active Games— FC</b>	<b>9</b> <b>9:30 Green thumb—CC</b> <b>Neighborhood Time</b> <b>2:00 Golden Oldies-MS</b> <b>6:30 Bingo— MS</b>
<b>10</b> <b>Neighborhood Time</b> <b>3:30 Church Service - Lib</b> <b>6:30 Brain Boosters— FC</b>	<b>11</b> <b>9:30 Music Therapy-OA</b> <b>10:00 Daily Chronicles—OA</b> <b>11:00 Cranium Crunches—OA</b> <b>1:30 Baking Delights—CK</b> <b>3:00 Java Music Club—OA</b> <b>4:00 Outdoor Walks—TO</b> <b>6:30 Trivia-FC</b>	<b>12</b> <b>1:30 Green thumb—CK</b> <b>2:00 Afternoon Social with Emilio-MS</b> <b>4:00 Massage Moments—OA 6:30 Bingo— MS</b>	<b>13</b> <b>10:00 Feel &amp; Fold— CK</b> <b>11:00 Guitar Greats—TO</b> <b>1:30 Baking Delights—OA</b> <b>3:00 Circle of Friends — CK</b> <b>4:00 Balloon Tennis—OA</b> <b>6:30 Java Music Club-CC</b>	<b>14</b> <b>10:00 Morning Devotion- OA</b> <b>1:00 R.C. Private Comm - TO</b> <b>1:30 Humor Club—OA</b> <b>2:00 R.C. Communion - TH</b> <b>3:00 Arts &amp; Crafts—CK</b> <b>4:00 Outdoor Walks—TO</b> <b>6:30 Musical Hour— FC</b>	<b>15</b> <b>Neighborhood Time</b> <b>6:30 Movie Night-FC</b>	<b>16</b> <b>10:00 Fitness</b> <b>11:00 Daily Chronicles—OA</b> <b>2:00 Bingo— MS</b> <b>4:00 Water Color Painting—OA</b> <b>6:30 A Little Bit of This and That-FC</b>
<b>17</b> <b>10:00 Fitness</b> <b>11:00 Group Games—OA</b> <b>1:30 Museum visits—OA</b> <b>3:00 Busy Hands—TO</b> <b>3:30 Church Service - Lib</b> <b>4:00 Green House Visits—OA</b> <b>6:30 Jeopardy-FC</b>	<b>18 1-4 Trip to Classic Bowl</b> <b>Sign up is required</b> <b>Neighborhood Time</b> <b>9:30 Music Therapy-OA</b> <b>6:30 Mental Aerobic-FC</b>	<b>19</b> <b>10:30 Craft—CK</b> <b>2:00 Smile Theatre-MS</b> <b>4:00 Jeopardy—OA</b> <b>6:30 Bingo— MS</b>	<b>20</b> <b>10:00 Feel &amp; Fold— CK</b> <b>11:00 Movies &amp; Stars—TO</b> <b>1:30 Baking Delights—OA</b> <b>2:00 Anglican Comm - TH</b> <b>3:00 Circle of Friends — CK</b> <b>4:00 Sensational Stories—TO</b> <b>6:30 Java Music Club-CC</b>	<b>21</b> <b>10:00 Pastoral Visit</b> <b>10:30 1:1 Art—CK</b> <b>10:30 Hymn Sing</b> <b>1:30 Drama Club—OA</b> <b>2:00 R.C. Communion - TH</b> <b>3:00 Arts &amp; Crafts—CK</b> <b>4:00 Bingo—OA</b> <b>6:30 Music and Memories— FC</b>	<b>22</b>  <b>1:30 Museum visits—OA</b> <b>3:00 Men’s Club—OA</b> <b>4:00 Greenhouse Visits—TO</b> <b>7:00 Pub Night-MS</b>	<b>23</b> <b>9:30 Green thumb—CC</b> <b>Neighborhood Time</b> <b>2:00 Bingo— MS</b> <b>6:30 A Little Bit of This and That-FC</b>
<b>24</b> <b>Neighborhood Time</b> <b>3:30 Church Service - Lib</b> <b>6:30 Famous Places-FC</b>	<b>25</b> <b>9:30 Music Therapy-OA</b> <b>10:00 Travelogue—TO</b> <b>11:00 Water Color Painting—OA</b> <b>1:30 Curling—OA</b> <b>3:00 Java Music Club—OA</b> <b>4:00 Bingo—OA</b> <b>6:30 Brain Games— FC</b>	<b>26</b> <b>1:30 Green thumb—CK</b> <b>2:00 Birthday Bash-MS</b> <b>4:00 in2L Games—TO</b> <b>6:30 Bingo— MS</b>	<b>27</b> <b>10:00 Feel &amp; Fold— CK</b> <b>11:00 Daily Chronicles—OA</b> <b>1:30 Baking Delights—OA</b> <b>3:00 Circle of Friends — CK</b> <b>4:00 Outdoor Walks—TO</b> <b>6:30 Java Music Club-CC</b>	<b>28</b> <b>10:00 Pastoral Visit - TO</b> <b>1:30 Humor Club—OA</b> <b>2:00 R.C. Communion - TH</b> <b>3:00 Arts &amp; Crafts—CK</b> <b>4:00 Group Games—TO</b> <b>6:30 Music from the Past-FC</b>	<b>29</b> <b>Neighborhood Time</b> <b>6:30 Old TV Shows-FC</b>	<b>30</b> <b>10:00 Fitness</b> <b>11:00 Cranium Crunches—OA</b> <b>2:00 Bingo— MS</b> <b>4:00 Sensational Stories—TO</b> <b>6:30 A Little Bit of This and That-FC</b>